

Activity: 1

Name of Activity: HTML Certification

Name of Organizer: AP Rakesh Joshi

Date of Activity: 20/09/2020



HTML Certification

Report:

This type of program allows students to obtain qualifications in a certain area without spending the amount of time required for a traditional degree. Certificates can often be completed in a few months and offer the chance to learn new skills or build understanding. SoloLearn Inc. is a company that provides online courses in different programming languages. 16 BCA semester -5 th students have completed their course and get certified from SoloLearn inc.

Activity: 2

Name of Activity: E-WORKSHOP ON RESEARCH METHODOLOGY

Name of Organizer: AP Rajesh Joshi

Date of Activity: 06/11/2020



E-WORKSHOP ON RESEARCH METHODOLOGY

Report:

Research methodology simply refers to the practical “how” of any given piece of research. More specifically, it’s about how a researcher systematically designs a study to ensure valid and reliable results that address the research aims and objectives.

Activity: 3

Name of Activity: Best Out of Waste

Name of Organizer: AP Neetu Sharma

Date of Activity: 26/11/2020



Best out of waste

Report:

In our surroundings lots of waste/unused material is present like plastic water bottles, bags, old newspapers and many more things. Some material may be bio-degradable or non-bio-degradable. Best out of waste activity gives creative ideas to students, for recycling this waste/unused material. Students create useful thing from waste material and also can save the environment.

Activity: 4

Name of Activity: Clean Surroundings

Name of Organizer: AP Taranjeet Kaur

Date of Activity: 02/10/2020



Clean Surroundings

Report:

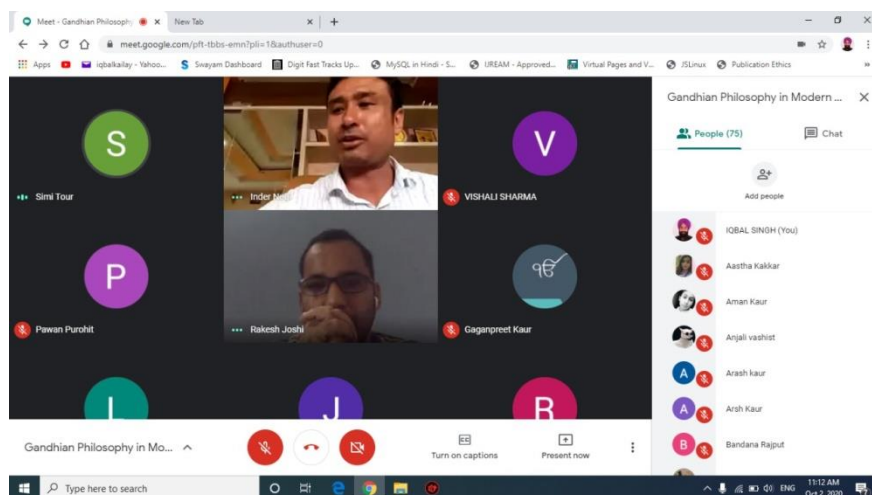
Cleaning of surrounding as an activity is organized by Department of Computer Science is organized among the students to clean their surroundings. The goals of cleanliness are health, beauty, absence of offensive odour and to avoid the spreading of dirt and contaminants to oneself and others. With the help of cleanliness, we can keep our physical and mental health clean, which will make us feel good.

Activity: 5

Name of Activity: Workshop on Creating E-mail Account

Name of Organizer: AP Taranjeet Kaur

Date of Activity: 02/10/2020



Guest lecture on GANDHIAN PHILOSOPHY IN MODERN CONTEXT”

Report:

Department of Computer Science & IT society, A.S.B.A.S.J.S. MEMORIAL COLLEGE, BELA, has organized guest lecture on GANDHIAN PHILOSOPHY IN MODERN CONTEXT” through Google meet. Resource Person: Prof. Inder Bhagat Negi, Guru Gobind Singh Govt. College, Ponta Sahib, H.P. Resource person, Prof. Negi has explained the life, practices and principles that Mahatma Gandhi had followed in his life, there impact in modern society. All the faculty members and around 80 students have participated in the lecture online through goggle meet.

Activity: 4

Name of activity: User Education

Name of the Organizer: Samriti Bhagat

Date of the activity: 26/11/2020



User Education

Report:

Department of Library & Inf. Sci. conduct User Education programme on 26.11.2020. All the Faculty members of different branches are being part of this activity. The main motive is to guide both students and faculties to become better-informed and more effective Library users, and thereby allowing them to make the best use of library resources available.

Activity: 5

Name of Activity: Preparation of Masks

Name of Organizer: AP Amninder Kaur

Date of Activity: 18/01/2020



Preparation of Masks

Report:

The corona virus Covid -19 pandemic has created a critical shortage of face masks across the world. It is also protective device to covering a part of face. It is available in the market at higher cost but we introduced the concept of making mask in the campus. Hence, activity was performed by A.P Amninder Kaur.

Activity: 6

Name of Activity: Lecture on Holistic development

Name of Organizer: AP Gagandeep Kaur

Date of Activity: 23/11/2020



Lecture on Holistic development

Report:

Lecture on (Holistic Development) was given by A.P. Gagandeep kaur (Department of Humanities) on 02/12/2020. In this lecture, i explained importance of holistic development. It refers to human development that is meant to involve all parts of a person. It is designed to accommodate physical, mental, emotional and social development. This lecture is attended by 22 students.

Activity: 7

Name of Activity: Grand Parents Care

Name of Organizer: AP Harpreet Singh

Date of Activity: 05/12/2020



Grandparents care

Report:

Through this activity students will understand the importance of caring for their grandparents, learn important lessons from their experiences which will help them in their future life and gain valuable information from them.

Activity: 8

Name of Activity: Violence against Women (Poster Making Competition)

Name of Organizer: AP Sunita Rani

Date of Activity: 26/11/2020



Violence against Women (Poster making Competition)

Report:

Violence against women and girls (VAWG) is one of the most oppressive forms of gender inequality and stands as a fundamental barrier to equal participation of women and men in social, economic, and political spheres. Such violence impedes gender equality and the achievement of a range of development outcomes. VAWG is a complex and multifaceted problem that cannot effectively be addressed from a single vantage point. The prevention of, and response to, such violence requires coordinated action across multiple sectors.

Activity: 9

Name of Activity: International day for Elimination of violence against women by showing documentary

Name of Organizer: Dr. Harpreet Kaur

Date of Activity: 25/11/2020



International day for Elimination of violence against women by showing documentary

Report:

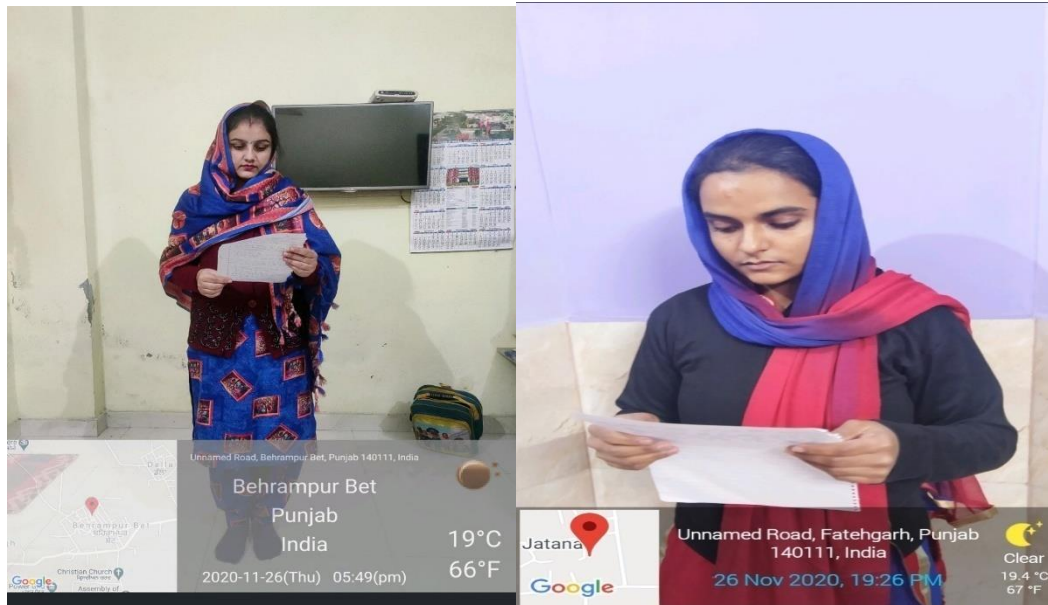
Seminar by showing documentary is organised in Department of punjabi on “STOP VIOLENCE AGAINST WOMEN” as violence against women is found everywhere whether it is rural or urban society. We find that the number of cases of violence against women is increasing day-by-day. Today, women feel insecure whether they are in home or anywhere.

Activity: 10

Name of Activity: Declamation competition

Name of Organizer: AP Rupinder Kaur

Date of Activity: 26/11/2020



Declamation competition

Report:

Guru Nanak Jyanti is one of the most auspicious festivals in India as well as all over the world. It is observed to memorize the teachings of Guru Nanak Dev. He was the first Guru and great spiritual teacher. He was born in the year 1469 in Pakistan. Guru Nanak jyanti is observed with great excitement by all religions because he truly believed the existence of God. His teaching depends upon one God and hoe God loves everyone with equality.

Activity: 11

Name of Activity: Tree plantation

Name of Organizer: AP Rajinder Kaur

Date of Activity: 02/10/2020



Tree plantation

Report:

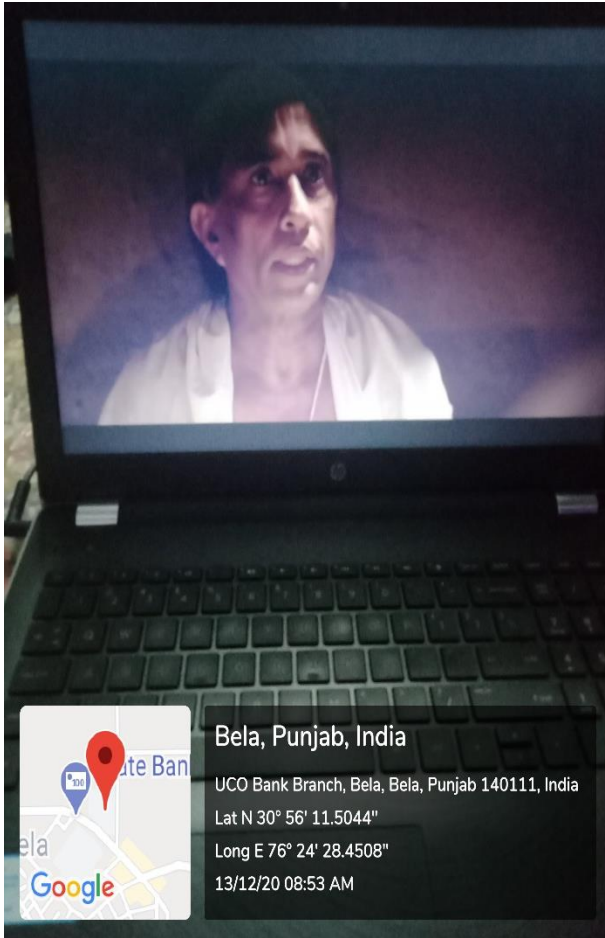
Mathematics Department organized activity at the occasion of 151th birth anniversary on Friday, 2nd October 2020, Tree Plantation. All the students actively participated and made the activity successful .This Activity was conducted in online mode due to COVID19.

Activity: 12

Name of Activity: Documentary Film- Ramanujan (The Man who reshaped 20th Centaury Mathematics

Name of Organizer: AP Rupinder Kaur

Date of Activity: 13/12/2020



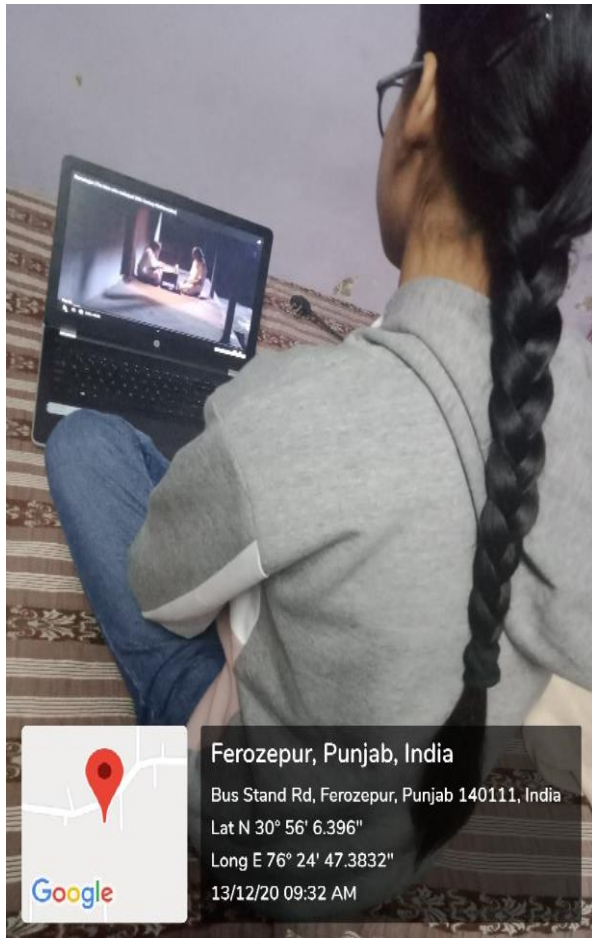
Bela, Punjab, India

UCO Bank Branch, Bela, Bela, Punjab 140111, India

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Documentary Film- Ramanujan (The Man who reshaped 20th Centaury Mathematics

Report:

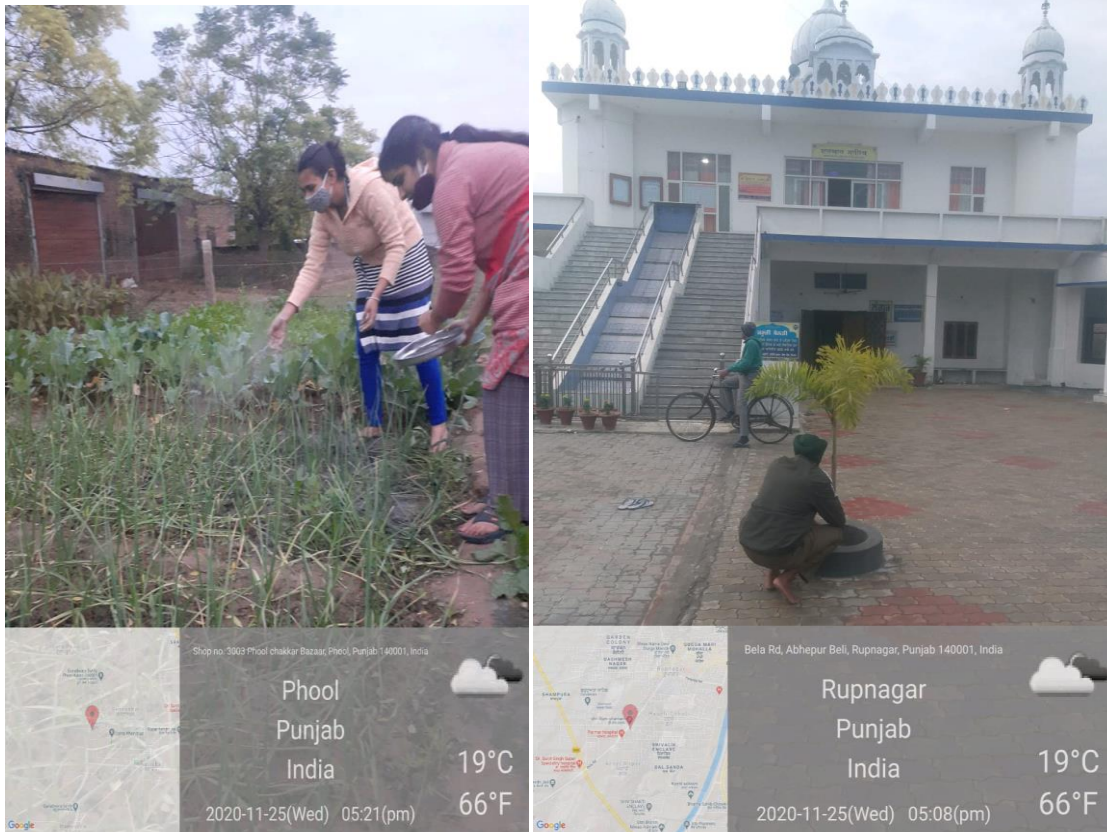
Documentary films are powerful story telling vehicles. The best social justice films take us to places we've not been before, engaging our minds and our hearts as they explore some of the most significant issues of society: poverty, education, the environment, health, social equality. In 90 minutes or less we are moved by these stories.

Activity: 13

Name of Activity: Community Service

Name of Organizer: AP Rupinder Kaur

Date of Activity: 25/11/2020



Community Service

Report:

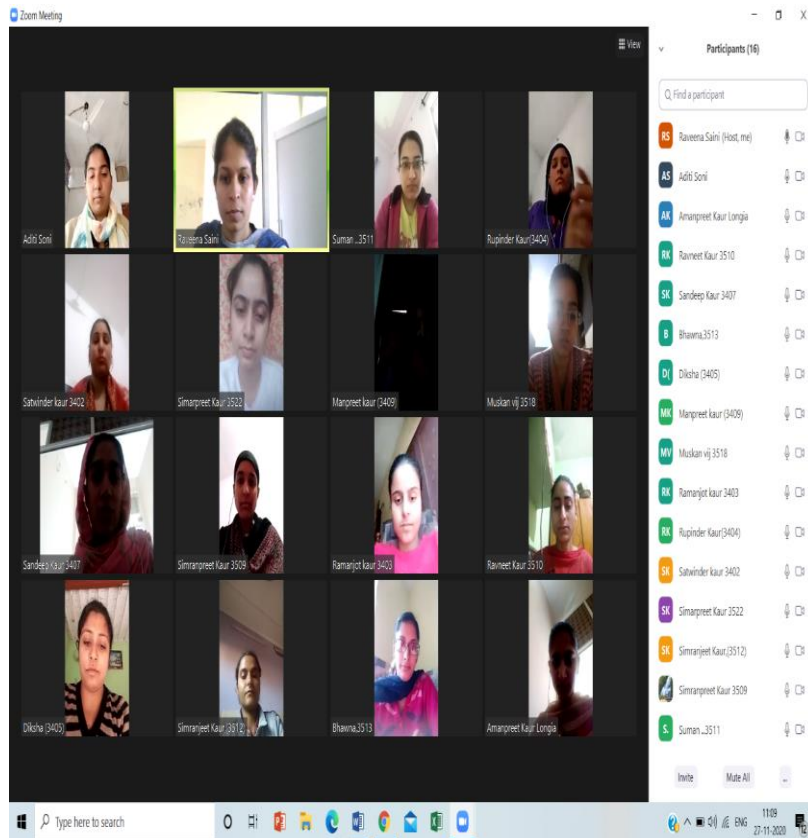
Community service is unpaid work performed by a person or group of people for the benefit and betterment of their community without any form of compensation. Service learning is a process of involving students in community service activities combined with facilitated means for applying the experience to their academic and personal development. It is a form of experiential education aimed at enhancing and enriching student learning.

Activity: 14

Name of Activity: Open Ended Questions

Name of Organizer: AP Raveena Saini

Date of Activity: 27/11/2020



Open Ended Questions

Report:

Mathematics Department organized activity at the occasion of Birth anniversary of Shri Guru Nanak dev ji on Friday, 27th November 2020, Life lessons of Shri Guru Nanak Dev ji. All the students actively participated and made the activity successful. This Activity was conducted in online mode due to COVID19. Guru Nanak Jyanti is one of the most crucial festivals in India as well as all over the world. It is observed to memorize the teachings of Guru Nanak Dev. He was the first Guru and great spiritual teacher. Guru Nanak Jyanti is observed with great excitement by all religions because he truly believed the existence of God.

Activity: 15

Name of Activity: PO/CO Activity

Name of Organizer: AP Raveena Saini

Date of Activity: 10/12/2020

The screenshot displays a Zoom meeting in progress. The main window shows a PowerPoint slide titled "PROGRAM OUTCOMES: MATHEMATICS". The slide content is as follows:

- 1. Basic Mathematics Knowledge:** Acquired the knowledge of use mathematical and statistical techniques to solve well-defined problems and present their mathematical work, both in oral and written format.
- 2. Critical Thinking:** Understood the basic concepts, fundamental principles, importance of mathematics and techniques to solve real life problems and relevancies in the day-to-day life. Students will demonstrate the ability to acquire and interpret information, respond and adapt to changing situations, make complex decisions, solve problems, and evaluate actions.
- 3. Communication:** Speak, read, write and listen clearly in person and through electronic media in English and in mother language and make meaning of the world by connecting people, ideas, books and technology etc.
- 4. Ethics:** Understand social, scientific conduct and ethical responsibilities, human and professional values and make their contribution to the society. Demonstrate behavior that recognizes cultural and personal variability in values, community and lifestyle.

The Zoom interface on the right shows five participants: Rajinder Jassar, Rashpinder Kaur 3521, Niksha (3409), Ravneet Kaur 3510, and Rupinder Kaur (3404). The Windows taskbar at the bottom indicates the date is 24-12-2020.

PO/ CO Activity

Report:

Mathematics Department organized activity on Thursday, 24 December 2020 to give the knowledge about PO's & PSO's of students. All the students actively participated and made the activity successful.

Activity: 16

Name of Activity: Nature and Science

Name of Organiser: AP Ramanjeet Kaur

Date of Activity: 23/11/2020



Guest Lecture “Mental Hygiene through Yoga”

Report:

Science Association of Physical Sciences Department organized a Guest lecture on Mental Hygiene through yoga on 23-11-2020. Ms. Shruti Dhiman a young instructor from Art of living delivered her lecture on Yoga, Anxiety, Mental Hygiene, Meditation etc. She told students about cause of depression and its ways to cure. Total 41 students and 6 teachers attend lecture. It was very informative lecture. Lecture end with votes of thanks.

Activity: 17

Name of Activity: Chanting of MOOL MANTRA

Name of Organiser: AP Ramanjeet Kaur

Date of Activity: 26/11/2020



Chanting of MOOL MANTRA

Report:

Science Association of Department of Physical Sciences of A.S.B.A.S.J.S.M. Collage, Bela celebrate 551th birthday of first Sikh guru Shri Guru Nanak Dev ji. We organize Chanting of MOOL MANTRA for students on 26-11-2020 at 10:00 A.M. All the faculty members and 56 students join the zoom meeting for chanting of MOOL MANTRA. All of us chanted MOOL MANTRA for 101 times. It was peaceful experience. After chanting ANAND SAHIB was done. Ardas was done by A.P. Ramanjeet Kaur. Chanting ended with Distribution of parshad.

Activity: 18

Name of Activity: Celebration of Green and Eco-Diwali

Name of Organizer: Dr. Baljit Singh

Date of Activity: 14/11/2020



Celebration of Green and Eco-Diwali

Report:

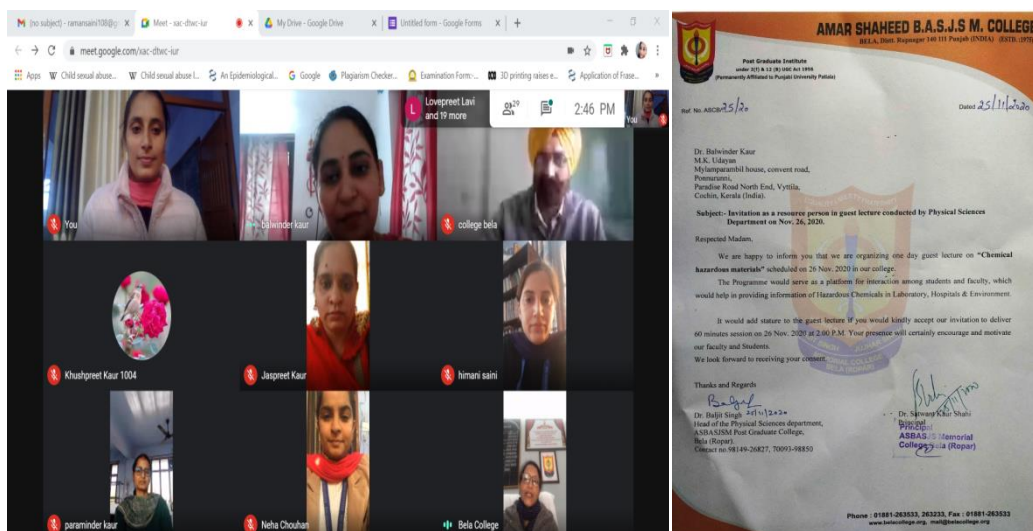
Science Association of Physical Sciences department organize rangoli making and best out of waste competition on the auspicious occasion of “Diwali & Children Day”. Theme of the event was “Green and Eco-Diwali”. Main motive of this competition is to build awareness about environment and creativity for recycle of waste things. A notice, Boucher of competition sent in class whatsapp groups. Total 38 students participated in this competition. Participants made rangoli at their homes. Participant sends geo-tag photos of rangoli as well as best out of waste. Dr. Baljit Singh and A.P. Parminder Kaur declared the result of the rangoli and best out of waste competition respectively. E-certificates were sent to the winners.

Activity: 18

Name of Activity: Guest Lecture “Effects of Hazardous Chemical Materials”

Name of Organizer: Dr. Baljit Singh

Date of Activity: 25/11/2020



Guest Lecture “Effects of Hazardous Chemical Materials”

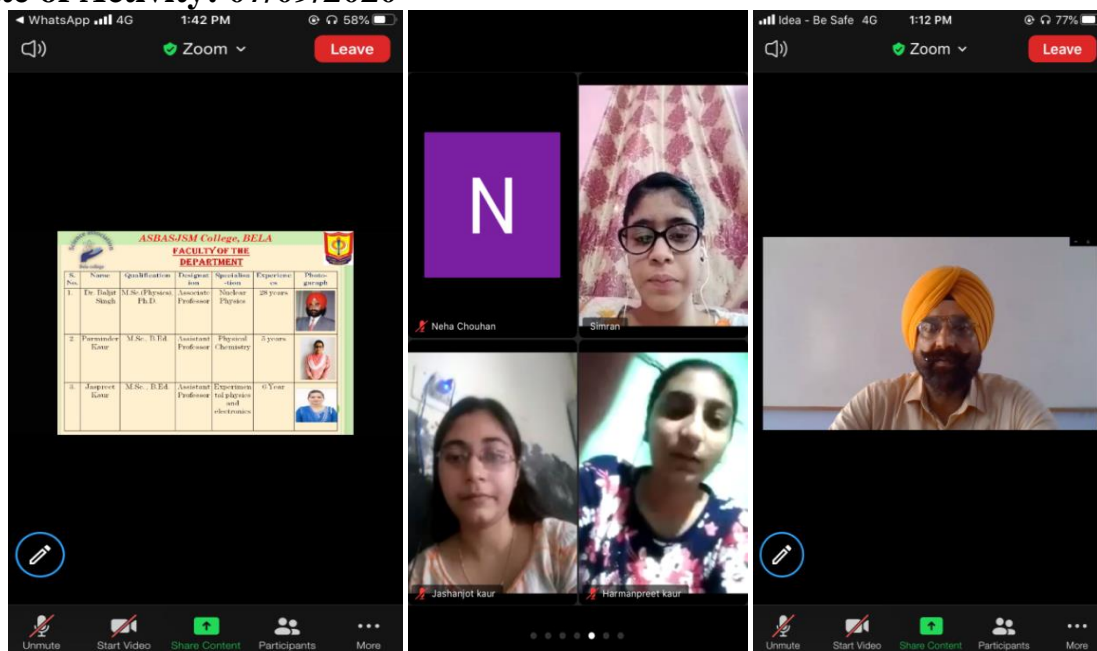
Report:

Department of Physical Sciences of A.S.B.A.S.J.S.M College, Bela organized Guest Lecture on “Effects of Hazardous Chemical Materials” on 26-11-2020 (Thursday) at 2:00 PM. Dr. Balwinder Kaur has given information about effects of hazard chemicals which are present in labs hospitals and Environment. A notice & Boucher were sent in whatsapp groups and students get registered (Google form) on Nov.25, 2020. Total 56 students and faculty members participated from department of Physical sciences and Bio-technology. Principal of college Dr. Satwant Kaur Shahi heartily welcome and Dr. Baljit Singh thanks Dr. Balwinder Kaur for fruitful lecture. Information was given in news papers.

Name of Activity: Orientation Program

Name of Organizer: Dr. Baljit Singh

Date of Activity: 07/09/2020



Orientation Program

Report:

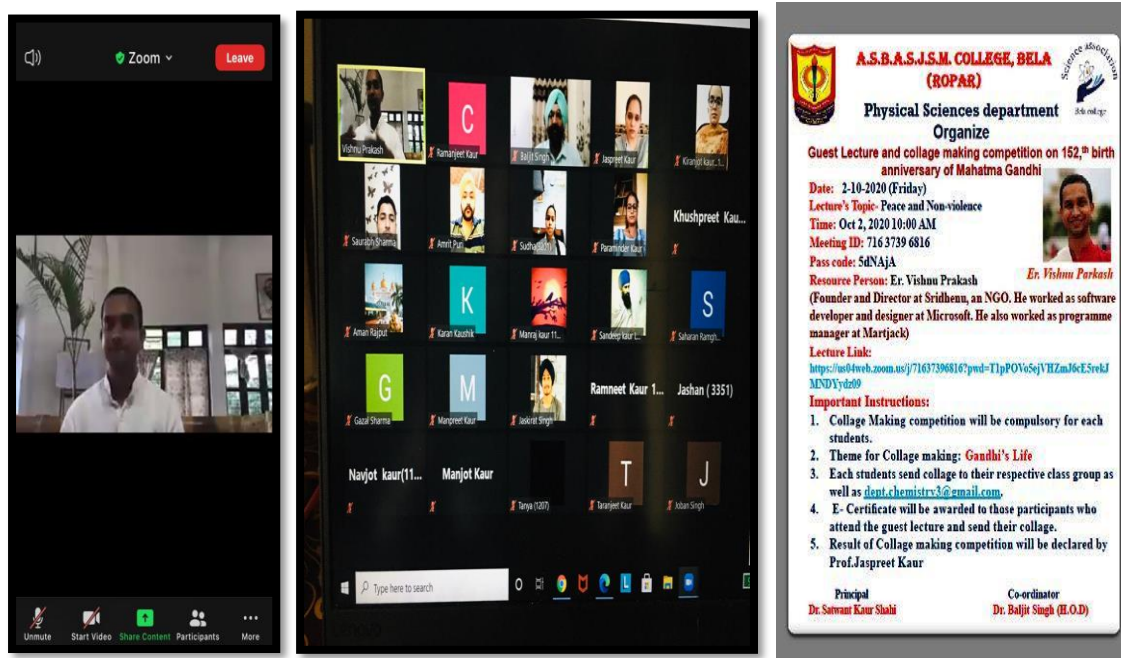
Science association of Physical Sciences Department of ASBASJSM College, Bela organised Orientation program for new students. Orientation Program was started with the welcome Speech of Dr. Baljit Singh (Head of Physical Sciences Department). He gets the students familiar with physical sciences department and encourages students to fix targets in their career in different fields. After that A.P. Parminder Kaur interacted with the new students. Prof Ramanjeet Kaur gave presentation on College, Laboratories (Physics, Chemistry and Computer), Library, Canteen and other college services for students. She talked about the Extra-curricular activities organized by Science Association and the college.

Activity: 20

Name of Activity: Guest lecture on 150th birth anniversary of Mahatma Gandhi

Name of Organizer: Dr. Baljit Singh

Date of Activity: 07/09/2020



Guest lecture on 150th birth anniversary of Mahatma Gandhi

Report:

Science Association of Physical Sciences Department arranged a guest lecture on 152th birth anniversary of Mahatma Gandhi ji. Lecture was delivered by Er. Vishnu Parkash. He was a founder and director at Sridhenu, a NGO for social upliftment and full time social worker. Before devoting his life full time to the art of living organization, he served as software developer and designer at Microsoft and also he also worked as program manager at Martjack and 42gears. He is working with Shri Guru Ravi Shankar and conducting Art of Living program.

Currently he travels in North East India conducting numerous Art of living programs. Recently he was instrumental in helping UPLA, a militant outfit in north east to bring to main stream. He also is working to implement a drinking water project to remove Fluoride impacting 50000 tribal.

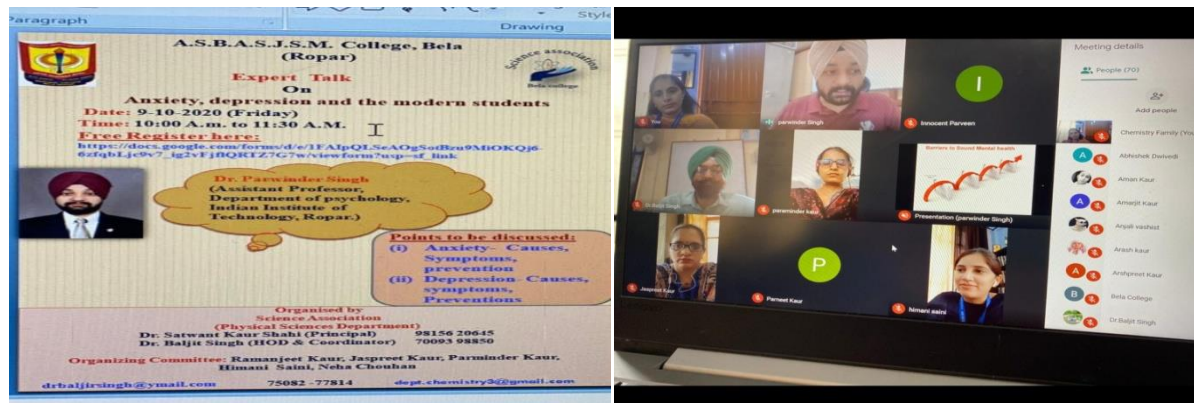
Mr. Vishnu threw light on Gandhiji's life and his Principles and told students how we can contribute in national integration by non violence, truth and peace. The concluding speech was given by Dr. Baljit Singh (HOD, Physical Sciences Department). Dr. Baljit Singh thanked Er. Vishnu his for valuable Lecture.

Activity: 21

Name of Activity: Expert talk on mental Hygiene

Name of Organizer: Dr. Baljit Singh

Date of Activity: 09/10/2020



Expert talk on mental Hygiene

Report:

World Mental Health Day is observed on 10 October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support mental health. The Day provides an opportunity for all students and people in society to aware about mental health issues, to talk about them and what needs to be done to make mental health care a reality for themselves and worldwide. Department of Physical Sciences, A. S. B. A. S. J. S. M. College (Bela) Ropar organized a expert talk on this day under theme " Anxiety, Depression and the Modern Students" Via Google meet. Dr. Parwinder Singh (Assistant Professor Psychology Department, IIT, Ropar) was speaker of this talk. Dr. Satwant Kaur Shahi (Principal of Bela college) welcomed Dr. Singh by her warm words. Dr. Singh discussed about anxiety, depression, cause, symptoms effect and prevention techniques. 65 Students participated in this talk.

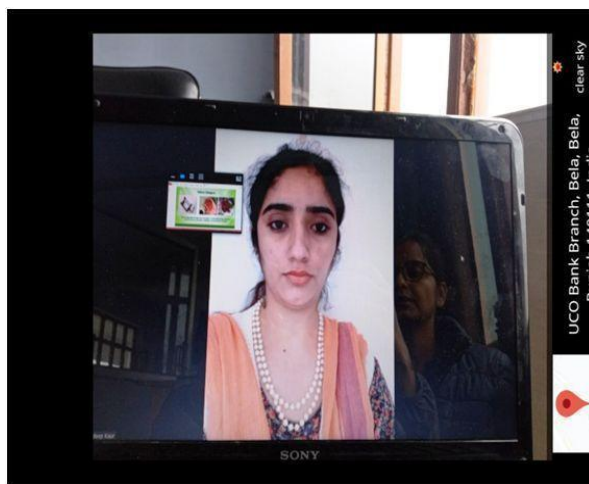
After the lecture students took part in an interaction & cleared their misconception about anxiety and mental illness. The concluding speech was given by Dr. Baljit Singh (HOD, Physical Sciences Department) thanked Dr. Parwinder Singh for his valuable lecture.

Activity: 22

Name of Activity: Aids Awareness Program

Name of Organizer: AP Parminder Kaur

Date of Activity: 01/12/2020



Aids Awareness Program

Report:

Awareness webinar on Prevention of HIV/AIDS was organized by Department of Physical sciences, A.S.B.A.S.J.S. Memorial College Bela, Ropar on December 1, 2020. 38 Students of physical Sciences had participated in this webinar. A.P. Ramandeep Kaur (Bio-technology Department of home college) delivered a lecture among the students and made them aware on HIV/AIDS issues. After the lecture students took part in an interaction & cleared their misconception e.g. 'mosquito bite cannot spread HIV', 'close kiss cannot spread HIV', 'sharing cloths cannot spread HIV', 'Taking meals together' don't spread AIDS etc. The queries were answered by the speaker. The concluding speech was given by Dr. Baljit Singh (HOD, Physical Sciences Department). Dr. Singh thanked A.P. Ramandeep Kaur for valuable Lecture.

Activity: 23

Name of Activity: Caption Contest

Name of Organizer: AP Parminder Kaur

Date of Activity: 19/11/2020

Department of physical sciences

A. S. B. A. S. J. S. M. College Bela Ropar

CAPTION CONTEST

Rules for contest


Caption should be original, interesting, relevant and related to the picture

The caption should not be more than 12 words only one entry and one caption is accepted per person.

caption contest will be closed at 11:59pm, 19 November 2020.

Best three will be awarded by E –certificates.

Caption this picture



19-11-2020

Caption Contest

Report:

Science Association of Department of Physical Sciences of A.S.B.A.S.J.S.M. Collage, Bela organize online Caption writing competition for students on 19-11-2020 at 2:00 P.M. the picture for the contest was displayed on the brochure that very day. Picture of the contest was selected by A.P. Parminder Kaur. The main objective of organizing this competition was to help provide space for creativity and practice of conciseness in writing for the students in general. Total 29 students participated in the competition. Out of 29 participants top 3 were selected by the judge as runners-up and the winner based on their creative, perspective and analytical way of reading the picture. The top three participants shall be awarded with certificates.

Winners:

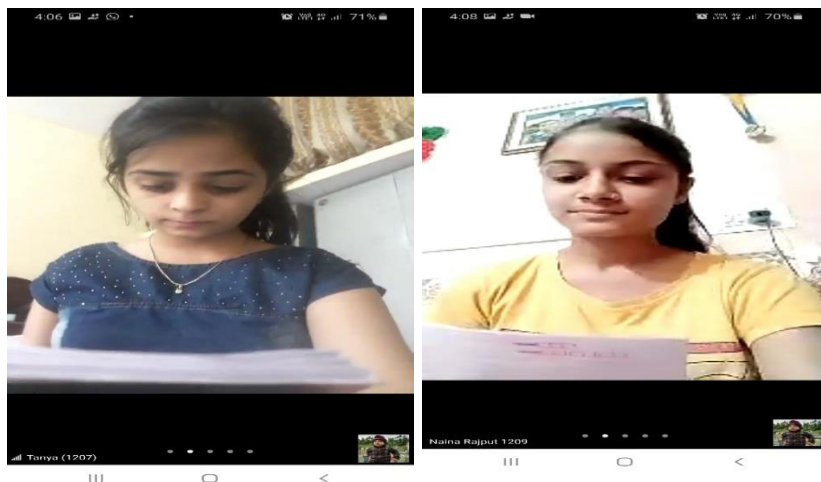
1. First prize- Harjasmine Kaur (B.Sc.-N.M.-III)
2. Second prize- Kiranpreet Singh (B.Sc.-C.S.-I) & Amrit Puri (B.VoC.-RET)-I
3. Third prize- Sandeep Kaur (B.Sc.-N.M.-I)

Activity: 24

Name of Activity: Paper Reading Competition

Name of Organizer: AP Jaspreet Kaur

Date of Activity: 17/09/2020



Paper Reading Competition

Report:

Science association of Department of Physical Sciences organises a Paper Reading Competition on October 17, 2020 at 3:00 PM. Students from class B.Sc (NM/CS) -I,II,III and B.VOC(RET)-I,II participated in this competition. They shared their views on different topics of electronics. For this competition they search many research papers from Internet. I interact with them through zoom app and had listened their different topics carefully and found their creativity. They get enhanced their knowledge through this competition.

Activity:25

Name of Activity: Poster Making Competition

Name of Organiser: AP Neha Chouhan

Date of Activity: 10/11/2020



Poster Making Competition

Report:

An online poster making competition was organized by the IPR & E-Cell of the college. Different department were participated in this competition. The aim behind conducting this competition was to check the creative & artistic skills of the students and the topic of this competition was 'Innovate for a green future'. Students participated through the online mode as registration form provided in their whatsapp groups. The participants were assessed based on criteria like relevance to the theme, originality, impact of the message, creativity and overall poster. Competition was adjudged by Dr. Mamta Arora (Convenor), Ishu Bala (member) & Love Singla (member). At the end certificates were distributed through the mail among the all the winning participants as well as those who participated in this competition.

Result of Competition

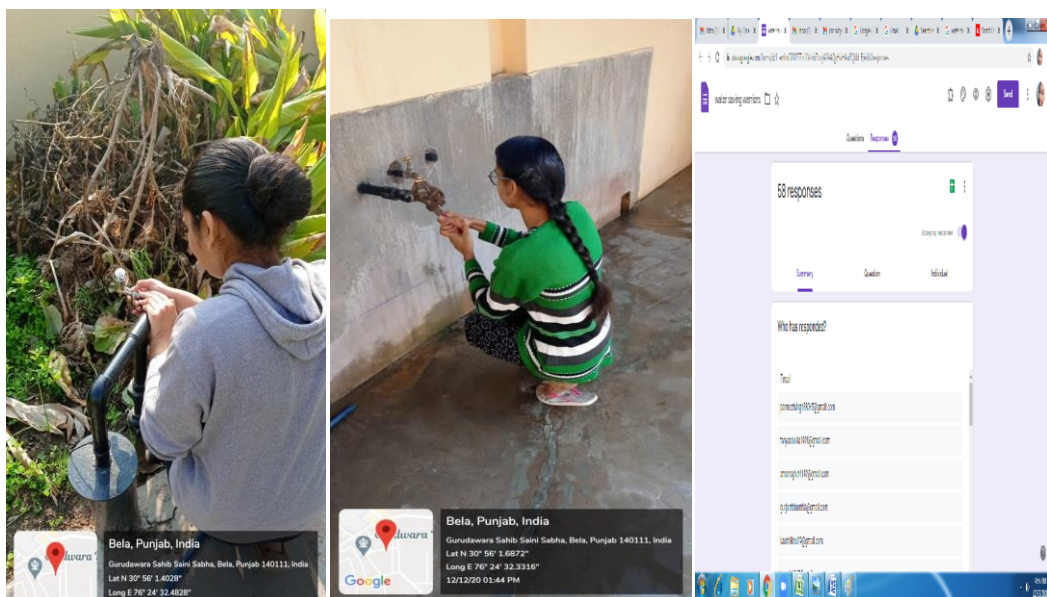
1. Kiranjot Kaur 1st Position (B.Sc.(NM)-I
2. Simranjeet Kaur 2nd Position (B.Sc.(Hons.Biotech)-III
3. Manraj Kaur 3rd Position (B.Sc.(NM)-II

Activity: 26

Name of Activity: Water Saving Campaign

Name of Organiser: AP Neha Chouhan

Date of Activity: 14/12/2020



Water Saving Campaign

Report:

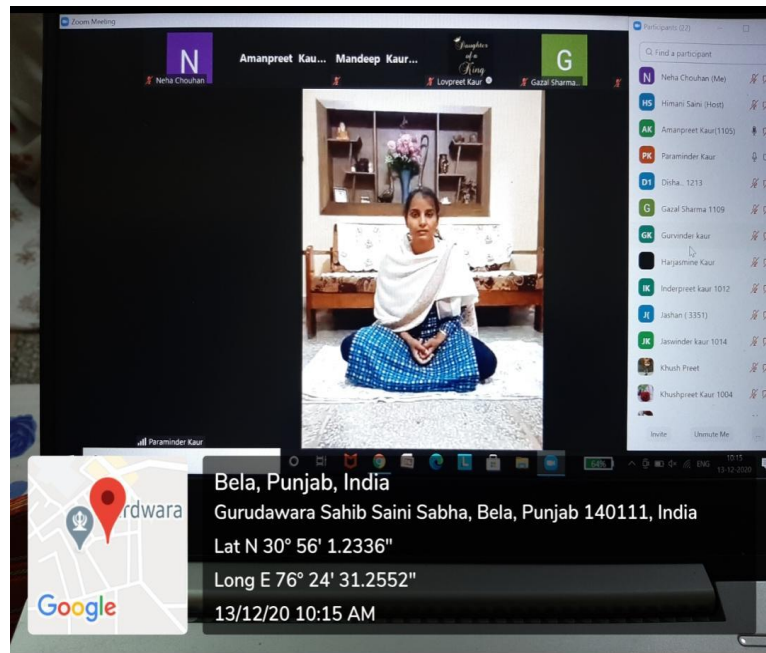
An online Water Saving Campaign was organized by the Physical Sciences of the college. The aim behind conducting this competition was to spread awareness about the conservation of water in different ways. Students participated through the online mode as registration form provided in their whatsapp groups. Total 58 students from department were participated in this competition. The participants were assessed based on criteria like relevance to the theme, originality, impact of the message.

Activity: 27

Name of Activity: Yoga

Name of Organiser: AP Himani Saini

Date of Activity: 13/12/2020



Yoga

Report:

Doing yoga improves our mind-body connection, giving us a better awareness of our own body. By doing yoga, we learn to make small, subtle movements to improve our alignment, putting us in better touch with our physical being. We also learn to accept our body as it is without judgment. Yoga is known for its ability to ease stress and promote relaxation. In fact, multiple studies have shown that it can decrease the secretion of cortisol, the primary stress hormone. Yoga lowers blood sugar and LDL ("bad") cholesterol and boosts HDL ("good") cholesterol. In people with diabetes, yoga has been found to lower blood sugar in several ways: by lowering cortisol and adrenaline levels, encouraging weight loss, and improving sensitivity to the effects of insulin.

Keeping these points in mind, Science association of Bela college organized a one day campaign on yoga and its benefits. To pursue this, Asst. Prof. Parminder Kaur has delivered different Yoga Asanas to participants. The total participants of this activity were around 52 students. Different yoga postures like Vrikshasana, Uttanaasana, Bhujangasana, breathing sessions, finally ended with Pranayama and meditation.

Activity: 28

Name of Activity: Cartooning on corruption

Name of Organizer: AP Jaspreet Kaur

Date of Activity: 27/11/2020



Cartooning on corruption

Report:

Science association of department of physical sciences of ASBASJSM college Bela organized cartooning competition on 27/11/2020 at 2 pm. The theme of the competition was corruption, Pandemic corona and world peace. Students could choose any one topic. Student got 3 hours for cartooning. This competition was judged by A.P.Neha Chouhan.

Result:

1 Position- Khushpreet Kaur (B.Sc.-N.M.-III)

2 Position- Simranjit Kaur (B.Sc.-N.M.-III)

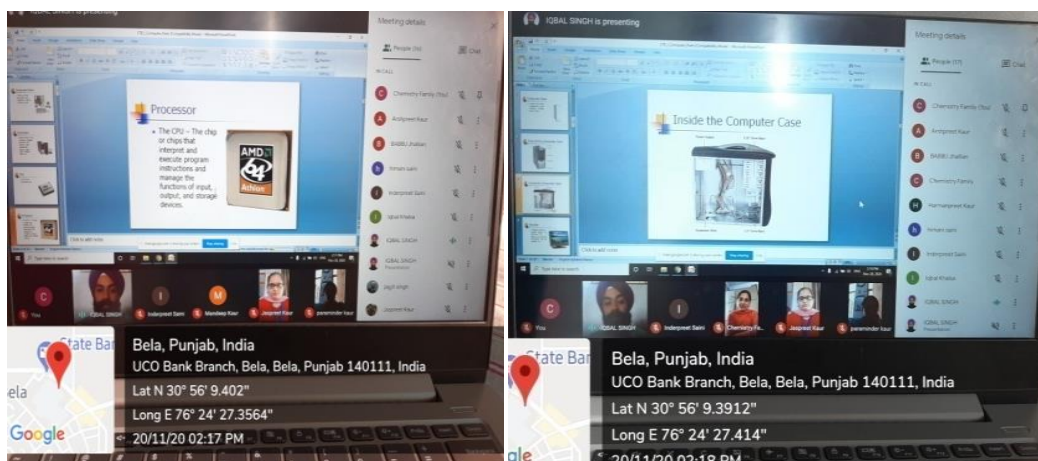
3 Position- Inderpreet Kaur (B.Sc.-N.M.-I)

Activity: 29

Name of Activity: One day workshop on basic computer skills

Name of Organiser: AP Himani Saini

Date of Activity: 20/11/2020



One day workshop on basic computer skills

Report:

Computer literacy has become an integral part of student's life. Beneficiaries of Science Association of Department of Physical Sciences of A.S.B.A.S.J.S.M. College, Bela organized one day workshop on Basic Computer Skills on 22-11-2020 at 2:00 P.M. on Zoom App. A.P. Iqbal Singh delivered the lecture to the students and enhance their knowledge. Mr. Singh told the students about Ms word, Ms Excel, Power Point. He also told latest technology which were used in our daily life. Workshop ends with votes of thanks.

Activity: 30

Name of Activity: Slogan Writing Competition on Computer World Literacy Day

Name of Organizer: AP Dinesh Soni

Date of Activity: 02/12/2020



Slogan Writing Competition on Computer World Literacy Day

Report:

Slogan writing competition is coordinated in Department of Computer Science for BCA 1. In which around 13 understudies have participated to examine the importance of the computer in their life.

Activity: 31

Name of Activity: Quiz on Program Language

Name of Organizer: AP Dinesh Soni

Date of Activity: 07/10/2020



Quiz on Program Language

Report:

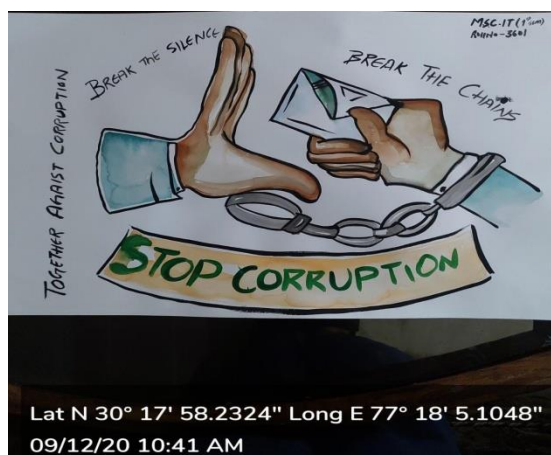
Department of Computer Science organized Quiz competition on Programming Language on 7th October, 2020 in which 129 students participated. To reinvent the education system and give students a break from traditional classroom learning, there is a dire need to revive the quiz culture in schools and colleges. And technology can act as a facilitator by bringing innovation to quizzes and ensuring active participation among students.

Activity: 32

Name of Activity: Celebrate International Corruption Day

Name of Organizer: AP Manpeet Kaur

Date of Activity: 09/12/2020



Celebrate International Corruption Day

Report:

09 December 2020 , celebrated as **International Corruption Day**. On this occasion AP. Manpreet organized a poster making competition **“Together Against Corruption”**. Corruption is an issue that affect all countries around the world. Corruption comes in various forms such as bribery, law breaking without dealing with the consequences in a fair manner election processes.

Result of poster making competition on "Together Against Corruption" on the occasion of "International Corruption Day" are:

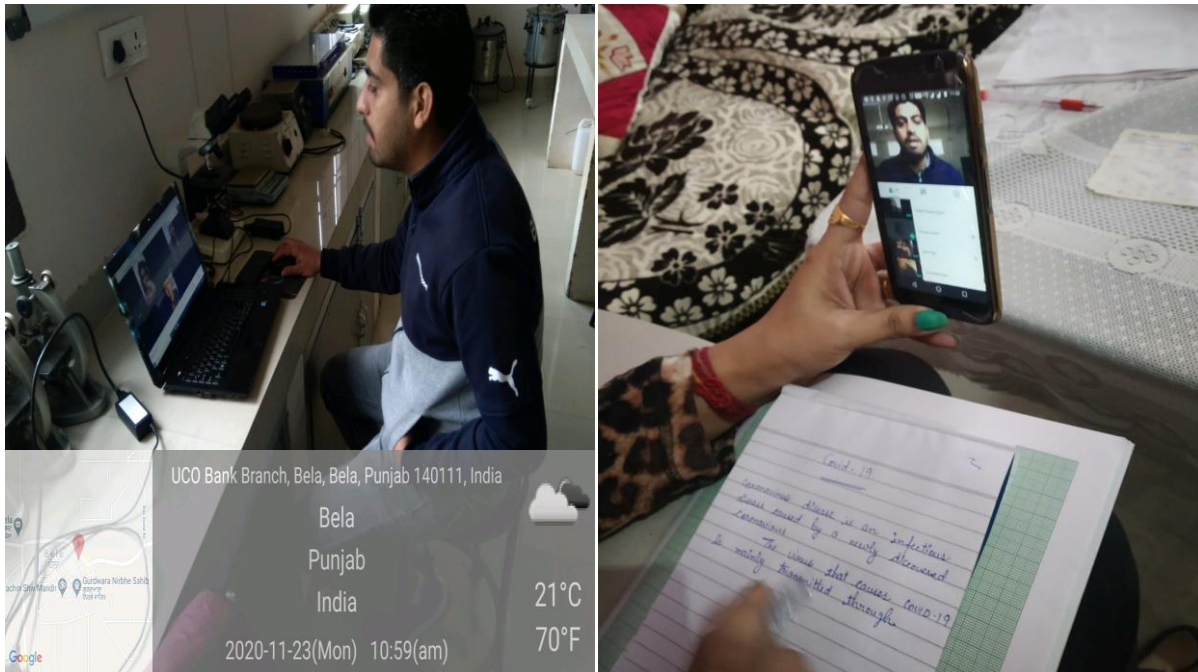
- Riya Soni (MSC IT) got First Position.
- Navneet Kaur (pgdca) got second position.
- Ramanjotkaur and Amanveer Kaur (M.sc math) got Third position.

Activity: 33

Name of Activity: Group Discussion

Name of Organizer: AP Dinesh Soni

Date of Activity: 23/11/2020



Group Discussion

Report:

Group Discussion is coordinated in Department of Computer Science for M.Sc. (IT) 2. In which around 5 understudies have examined their thoughts and messages about Corona virus. It will push the understudies to mindful them from effect of covid-19 and how they can shield themselves from it.

Activity: 34

Name of Activity: Workshop on Creating E-mail Account

Name of Organizer: AP Taranjeet Kaur

Date of Activity: 02/12/2020



Workshop on Creating E-mail Account

Report:

Workshop on Creating E-Mail Account and Importance of E-Mail” is organized by the Department of Computer Science on World Computer Literacy Day. Email is easy to use, and it is getting very popular as a low cost way to send and receive information as well as keep in touch with people all over the world. E mails have become an essential and fundamental part of everybody’s life in today’s hi-tech digital world. In this workshop the steps to create an e mail account are discussed and demonstrated practically through Google meet in which around 60 students have participated.

Activity: 35

Name of activity: Two Days workshop on Basic Knowledge of Library & Its Service

Name of the Organizer: Samriti Bhagat

Date of the activity: 29/10/2020



Two Days workshop on Basic Knowledge of Library & Its Services

Report:

Library department organized Two Days workshop for Non Teaching Staff. The Main aim of this workshop was to aware and introduce the Non Teaching Staff with the library Collection and Services.

Activity: 36

Name of Activity: Caption Contest

Name of Organizer: AP Sunita Rani

Date of Activity: 02/12/2020

Department of Humanities

A. S. B. A. S. J. S. M. College Bela Ropar

"QUOTE ME"

CAPTION CONTEST



Rules for contest

Caption this picture

2-12-2020

Caption should be original, interesting, relevant and related to
The caption should not be more than 12 words
only one entry and one caption is accepted per person.
caption contest will be closed at 11:59pm, 2-12-2020.
Best three will be awarded by E –certificates.



Caption Contest

Report:

Department of Humanities of A.S.B.A.S.J.S.M. College, Bela organized online Caption writing competition for students on 19-11-2020 at 2:00 P.M. the picture for the contest was displayed on the brochure that very day. Picture of the contest was selected by A.P. Sunita Rani. The main objective of organizing this competition was to help provide space for creativity and practice of conciseness in writing for the students in general. Total 50 students participated in the competition. Out of 50 participants top 3 were selected by the judges as runners-up and the winner based on their creative, perspective and analytical way of reading the picture. The top three participants shall be awarded with certificates.

Winners:

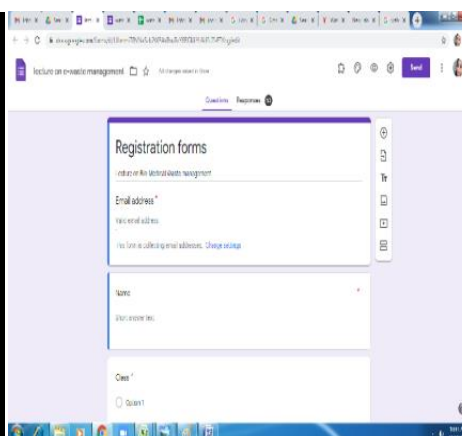
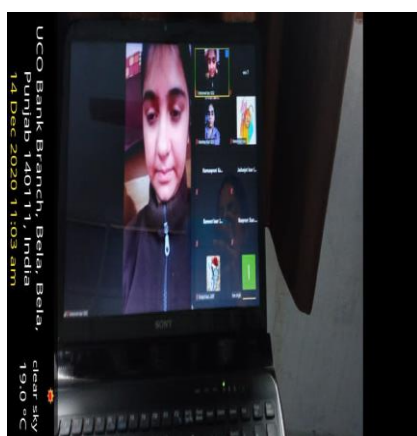
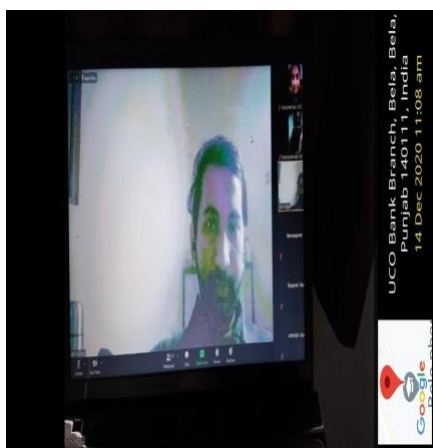
1. First prize - Mandeep Kaur (BA-III)
2. Second prize - Jyoti Bala (BA-I)
3. Third prize- Japinderpal Kaur (BAIII)

Activity: 37

Name of Activity: Guest Lecture on Bio-Medical Waste Management

Name of Organiser: AP Neha Chouhan

Date of Activity: 14/12/2020



Guest Lecture on Bio-Medical Waste Management

Report:

Science Association of Physical Sciences Department organized a lecture for Students on the topic of Bio-medical Waste Management on December 13, 2020. AP Love Singla (Biotechnology department) was the Lecturer of the event. He delivered the lecture on Bio medical waste. He talked about Biomedical contains a lot of hazardous and infectious substances, including microbes, viruses, and contaminated chemical materials, which may cause cancerous tumors, mutations and deformities as well as diseases of reproductive system, respiratory and gastrointestinal diseases. He said proper management was required appropriate recognition of types, complete separation, treatment and final disposal of medical waste. Students participated through the online mode as registration form provided in their whatsapp groups. Total 53 students from department were participated in this event. At the end lecture was end with the vote of thanks by all Faculty members.

Activity: 38

Name of Activity: Elocution on “Advantages & disadvantages of online study” & “Effects of lockdown on economy”

Name of Organizer: AP Gagandeep Kaur

Date of Activity: 07/08/2020



Elocution on “Advantages & disadvantages of online study” & “ Effects of lockdown on economy”

Report:

The English association “Inspired roots” organized elocution competition on 07/08/2020. The topics of the elocution were “Advantages & disadvantages of online study” & “Effects of lockdown on economy”. Total 8 students participated in the competition. The competition was judged by A.P. Gurlal singh (HOD Department of management studies). The results of the competition were

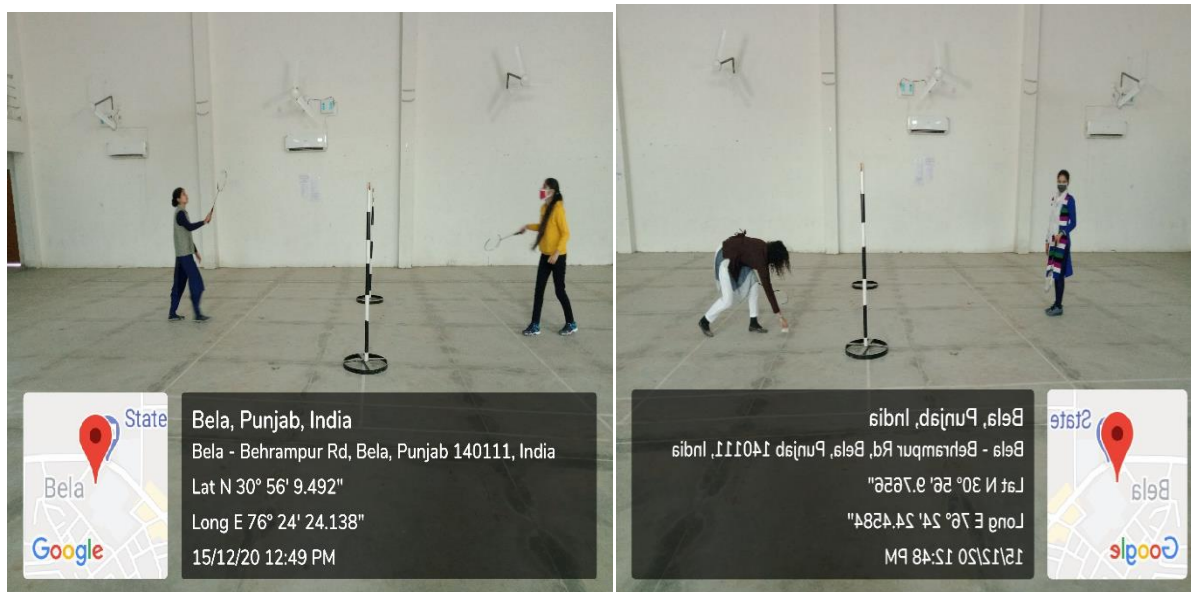
1. Geetanjali (BCA-III)
2. Sharanjot singh(BVOC(RM/IT)-III)

Activity: 39

Name of Activity: Badminton Competition

Name of Organizer: AP Raveena Saini

Date of Activity: 15/12/2020



Badminton Competition

Report:

One among the important benefits of badminton is that it tones your muscles. Everybody loves a lean and petite figure, with the curves and leanness efficiently balanced in the right proportions, irrespective of one's size or weight. Students improve a player skill foresight and thinking abilities. They encourage the spirit of competition and also impart positive values into the students. Outdoor games develop an all-round personality of a player both physically and morally.

Activity: 40

Name of Activity: Speech Competition

Name of Organizer: AP Raveena Saini

Date of Activity: 10/12/2020



Speech Competition

Report:

Mathematics Department organized activity on Thursday, 10th December 2020, Speech Competition on Human Rights to develop knowledge in students. All the students actively participated and made the activity successful.

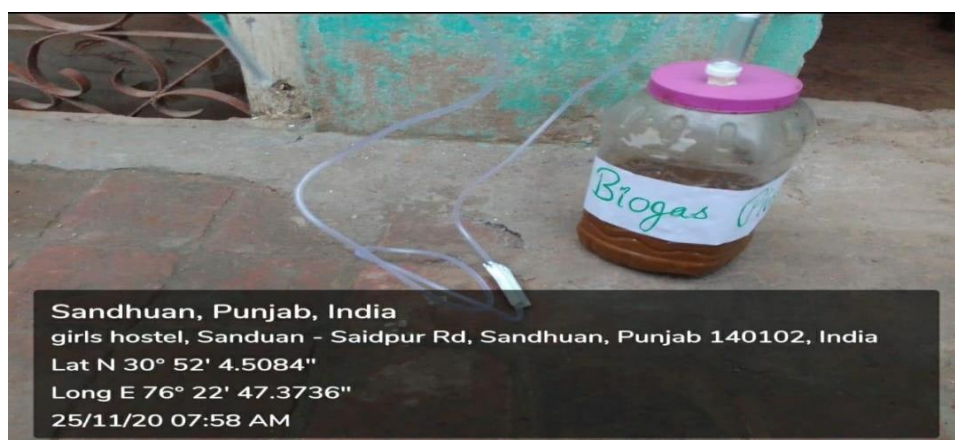
ACTIVITY: CREATIVITY CONTEST 1 – MODEL MAKING

Name of Faculty: Dr. Avni Vij

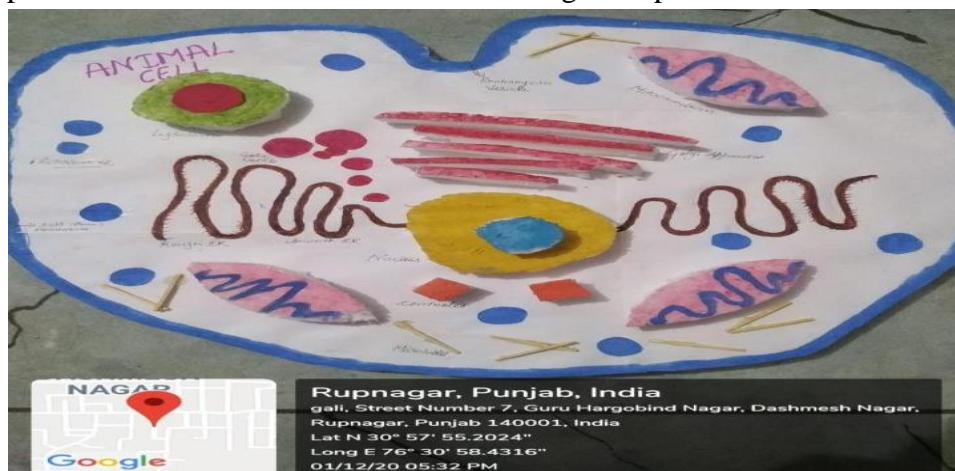
Name of Department- Biotechnology and Food Processing

Date: 20-11-2020

Students were asked to show their creativity by preparing working or still models on the theme “Biotechniques”. Students prepared their models and sent the geotagged pictures of the



same on the provided email address. Students through this activity, got an opportunity and a platform to exhibit and share their knowledge and passion for science. Various students



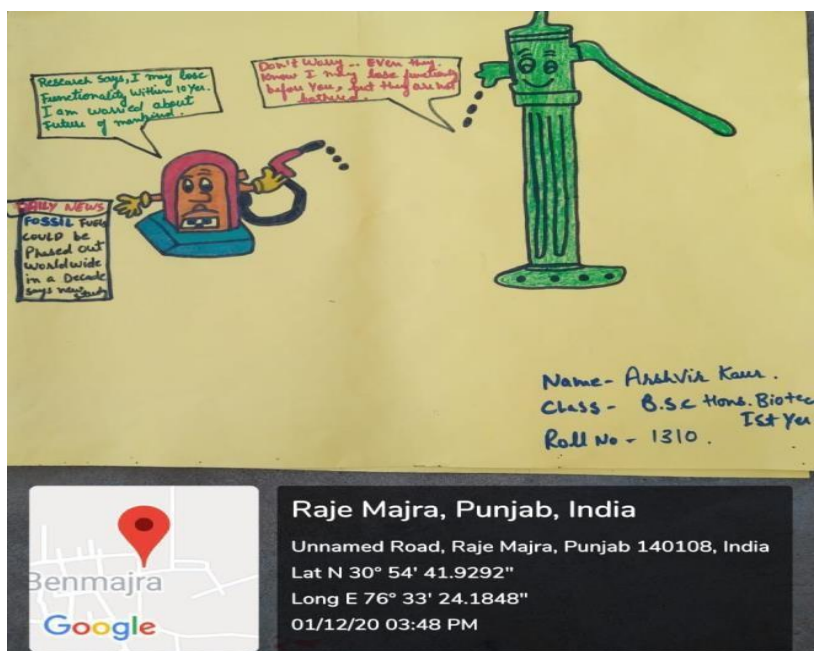
participated in the activity and got registered through google forms. All the models were judged and best two models were selected. Results for first and second position holders were announced.

ACTIVITY: CREATIVITY CONTEST 2 – SCIENTOON

Date: 27-11-2020

Students were asked to show their creativity by preparing Scientoon (science cartoons) on any topic related to science. Students prepared their Scientoon and sent the geotagged pictures of the same on the provided email address. Students through this activity, got an opportunity and a platform to exhibit and share their knowledge, talent and creative ideas. Through the Scientoon by students not just exposed their talent but also initiated a thought process in the audience. Various students participated in the activity and got registered through

google forms. All the Scientoon were judged and best two were selected. Results for first and second position holders were announced.



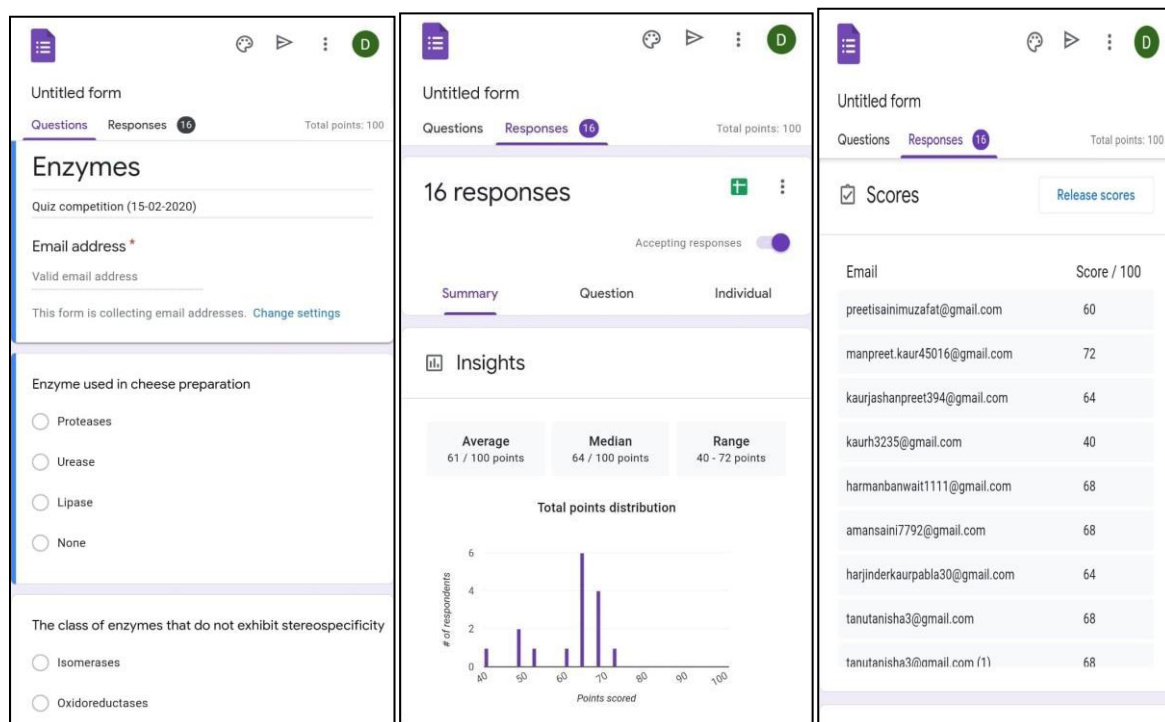
ACTIVITY: QUIZ COMPETITION

Name of Faculty: Dr. Avni Vij

Name of Department- Biotechnology and Food Processing

Date: 15-10-2020

In order to make students learn the basic application of concepts and skills, they were asked to participate in quiz competition which was conducted through google forms on the topic “ENZYMES”. Students participated by registering through their email ids and submitted the quiz through google forms. Students will develop problem-solving skills. They will also be able to gain confidence for appearing in competitive exams like NET, ICMR, DBT, GATE.



ACTIVITY: BEST POWERPOINT PRESENTATION

Name of Faculty: Dr. Avni Vij

Name of Department- Biotechnology and Food Processing

Date: 30-11-2020

In order to make students learn the art of making presentations and communicate their ideas they were asked to participate in quiz competition which was conducted through google forms on the topic “Metabolic Pathways”. Students participated by registering through their email ids and submitted their slides through GOOGLE SLIDES Application. Students will be able to learn multiple learning styles and develop better understanding of complex information. Students will be able to develop creativity and other important technological skills. The student with the best PowerPoint presentation was selected and the results were announced in the respective WhatsApp groups of the department.

A.S.B.A.S.J.S Memorial college
Bela , Ropar

Submitted to : *Dr. Avni vijj* submitted by: *Arshvir Kaur*
Roll no : 1310
Bsc bt hons (1)

Glycolysis ..

Pathways of glycolysis

Glycolysis is also known as (*Embedden Meyerhoff parnas pathway*). It may be defined as breakdown of glucose . *It occurs in cytosol of cell .*

Step _1 Phosphorylation

Slide 2 of 13

Name - Daljeet kaur
Rollno - 1305
Class - B.S.C (hons)Biotechnology

A S B A S J S Memorial College, Bela

Glycolysis

Submitted to : *Dr. Avni Vij* Submitted by : *Palak Rana, 1303*
Bsc Biotech 1st sem

Glycolysis is the metabolic process that serves as the foundation for both aerobic and anaerobic cellular respiration. In glycolysis, glucose is converted into pyruvate. Glucose is a six- membered ring molecule found in the blood and is usually a result of the breakdown of carbohydrates into sugars. It enters cells through specific transporter proteins that move it from outside the cell into the cell's cytosol. All of the glycolytic enzymes are found in the cytosol.

The overall reaction of glycolysis which occurs in the cytoplasm is represented simply as:

$$C_6H_{12}O_6 + 2 NAD^+ + 2 ADP + 2 P \longrightarrow 2 \text{ pyruvic acid, } (CH_3(C=O)COOH + 2 ATP + 2 NADH + 2 H^+$$

Enzymes

- Hexokinase
- Phosphoglucose isomerase
- Phosphofructokinase
- Aldolase
- Phosphotriose isomerase
- Glyceraldehyde 3-phosphate dehydrogenase
- Phosphoglycerate kinase
- Phosphoglycerate mutase
- Enolase
- Pyruvate kinase

ACTIVITY: AWARENESS PROGRAMME/ INTERNATIONAL DAY OF THE GIRL CHILD 2020

Name of Faculty: A.P. Navjot Bharti

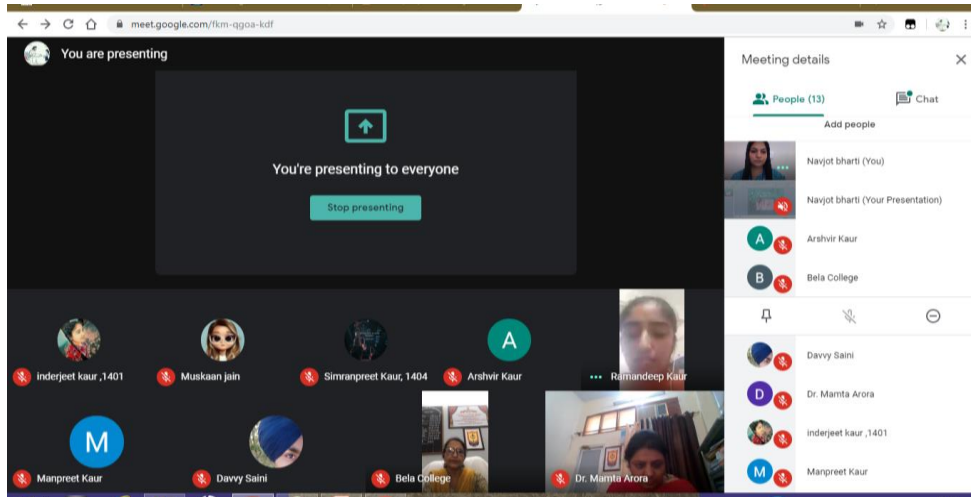
Name of Department: Biotechnology & Food Processing.

Date: October 11, 2020

Total No. of students: 30

Department of Biotechnology and Food Processing organized an online seminar to aware students about social issues related to Girl child. Every year on 11 October, the International Day of the Girl, UNICEF launches an annual campaign with girls to amplify their voices and stand up for their rights. So, we celebrate this day under the theme 2020, **“My voice, our equal future”**

The main objective of the International Girl Child is to empower girls and women and help them to get their rights so that they can face the challenges all over the world and meet their needs.



ਬੇਲਾ ਕਾਲਜ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਬਾਲੜੀ ਦਿਵਸ ਮਨਾਇਆ

ਆਜ਼ਾਦ ਸੋਚ
ਅਮਰਜੀਤ ਸਿੰਘ ਕਲਸੀ
ਸ਼੍ਰੀ ਚਮਕੌਰ ਸਾਹਿਬ, 13 ਅਕਤੂਬਰ

ਅਮਰ ਜ਼ਹੀਦ ਬਾਬਾ ਅਜੀਤ ਸਿੰਘ ਜੁਝਾਰ ਸਿੰਘ ਮੋਮੋਰੀਅਲ ਕਾਲਜ ਬੇਲਾ ਦੇ ਪੋਸਟਗਰੇਜੂਏਟ ਬਾਇਓਟੈਕਨਾਲਜੀ ਵਿਭਾਗ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਬਾਲੜੀ ਦਿਵਸ ਮਨਾਇਆ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ.

ਸਤਵੰਤ ਕੌਰ ਸ਼ਾਹੀ ਨੇ ਦੱਸਿਆ ਕਿ ਹਰ ਸਾਲ ਇਹ ਦਿਵਸ 11 ਅਕਤੂਬਰ ਨੂੰ ਮਨਾਇਆ ਜਾਂਦਾ ਹੈ। ਦੁਨੀਆਂ ਭਰ ਵਿੱਚ ਬੋਟੀਆਂ ਸ਼ੇਅਰ ਕਰਕੇ ਸ਼ਿਕਾਰ ਹੋ ਰਹੀਆਂ ਹਨ। ਯੂ.ਐਨ.ਓ. ਦੀ ਰਿਪੋਰਟ ਮੁਤਾਬਕ ਦੁਨੀਆਂ ਭਰ ਵਿੱਚ 3 ਵਿੱਚੋਂ ਇੱਕ ਔਰਤ ਹਿੰਸਾ ਦੀ ਸ਼ਿਕਾਰ ਹੈ। ਕੋਵਿਡ-19 ਦੇ ਫੈਲਣ ਤੋਂ ਬਾਅਦ ਔਰਤਾਂ ਅਤੇ ਕੁੜੀਆਂ ਖਿਲਾਫ ਹਿੰਸਾ ਅਤੇ ਖਾਸਕਰ ਘਰੇਲੂ ਹਿੰਸਾ ਵਿੱਚ ਵਾਧਾ ਹੋਇਆ ਹੈ। ਉਹਨਾਂ ਇਹ ਵੀ ਦੱਸਿਆ ਕਿ ਘੱਟੋ-ਘੱਟ 60% ਦੇਸ਼ ਅਜੇ ਵੀ ਧੀਆਂ ਦੇ ਜਮੀਨੀ ਹੱਕਾਂ ਦੇ ਖਿਲਾਫ ਹਨ। ਦੁਨੀਆ ਭਰ ਵਿੱਚ ਹਰ ਚੌਥੀ ਲੜਕੀ ਕੋਲ ਨਾ ਸਿੱਖਿਆ ਹੈ, ਨਾ ਹੀ



ਕੋਈ ਕਮਾਈ ਦਾ ਸਾਧਨ ਹੈ। ਜਿਸ ਕਰਕੇ 47 ਮਿਲੀਅਨ ਔਰਤ ਗਰੀਬੀ ਦੇ ਘੇਰੇ ਵਿੱਚ ਹਨ। ਇਸ ਲਈ ਸਾਨੂੰ 'ਮੇਰੀ ਆਵਾਜ਼, ਸਾਡਾ ਬਰਾਬਰ ਭਵਿੱਖ' ਅਧੀਨ ਲੜਕੀਆਂ ਲਈ ਤਰੱਕੀ ਦੇ ਰਾਹ ਖੋਲ੍ਹਣੇ ਚਾਹੀਦੇ ਹਨ। ਉਹਨਾਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਇਸ ਗੱਲ ਦਾ ਮਾਣ ਹੈ ਕਿ ਸਾਡੇ ਕਾਲਜ ਵਿੱਚ ਬਹੁਤ ਸਾਰੀਆਂ ਬੋਟੀਆਂ ਪੜ੍ਹ ਰਹੀਆਂ ਹਨ ਅਤੇ ਅਸੀਂ ਹਰ ਸੰਭਵ ਕੋਸ਼ਿਸ਼ ਕਰਾਂਗੇ ਕਿ ਉਹਨਾਂ ਲਈ ਅਸੀਂ ਵਧੀਆ ਮਾਰਗ ਲੱਭ ਸਕੀਏ। ਡਾ. ਮਮਤਾ ਆਰਾ ਨੇ ਦੱਸਿਆ ਕਿ ਉਹ ਏ.ਸੀ. ਕਨਵੀਨਰ ਨੇ ਦੱਸਿਆ ਕਿ ਕਾਲਜ ਵਿੱਚ ਆਈ.ਸੀ.ਸੀ. ਸੈਲ ਚੱਲਦਾ ਹੈ। ਜਿਸ ਦਾ ਉਦੇਸ਼ ਬੋਟੀਆਂ ਲਈ ਉਜਵਲ ਭਵਿੱਖ ਸਿਰਜਣਾ ਅਤੇ ਉਹਨਾਂ ਨੂੰ ਸਵੈ-ਰੱਖਿਆ ਲਈ ਜਾਗਰੂਕ ਕਰਨਾ ਹੈ। ਇਸ ਮੌਕੇ ਅਸਿਸਟੈਂਟ ਕੌਰ ਨੇ ਆਪਣੇ ਵਿਚਾਰ ਸਾਂਝੇ ਕੀਤੇ। ਪ੍ਰੋਗਰਾਮ ਦਾ ਸੰਚਾਲਨ ਅਸਿਸਟੈਂਟ ਪ੍ਰੋ. ਨਵਜੋਤ ਭਾਰਤੀ ਅਤੇ ਅਸਿਸਟੈਂਟ ਪ੍ਰੋ. ਮਨਪ੍ਰੀਤ ਕੌਰ ਨੇ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਅਸਿਸਟੈਂਟ ਪ੍ਰੋ. ਮਨਪ੍ਰੀਤ ਕੌਰ, ਡਾ. ਅਵਨੀ ਵਿਜ, ਅਸਿਸਟੈਂਟ ਪ੍ਰੋ. ਲਵ ਸਿੰਗਲਾ ਅਤੇ ਅਸਿਸਟੈਂਟ ਪ੍ਰੋ. ਨਵਰੀਤ ਸ਼ਾਮਲ ਸਨ।





ACTIVITY: AWARENESS PROGRAMME ON GENDER EQUITY/ AIDS DAY 2020 THEME-ENDING THE HIV/AIDS EPIDEMIC.

Name of Faculty: A.P. Navjot Bharti

Name of Department: Biotechnology & Food Processing.

Date : December 01, 2020

Department of Biotechnology and Food Processing organized seminar on World AIDS Day on 1 December. It is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who have

died of the disease. It was an opportunity for students to unite in the fight against HIV , to show support for people living with HIV and to commemorate those who have died from an AIDS-related illness.

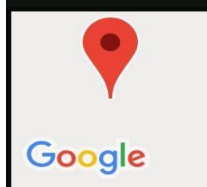
The image displays two screenshots of a Google Meet interface, likely from a web browser. The top screenshot shows a single participant in a video call. The bottom screenshot shows a gallery view of multiple participants.

Top Screenshot:

- Meeting details:** People (10), Chat, Add people.
- IN CALL:** Navjot bharti (You), Harleen Kaur 1407, Inderjeet kaur ,1401, Jyoti Sharma, Manpreet Kaur, Muskaan jain.
- Meeting controls:** Turn on captions, Present now.
- Browser tabs:** download.jpg, hofkpdbg_aids....webp.
- System tray:** 12:44, 01-12-2020.

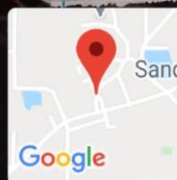
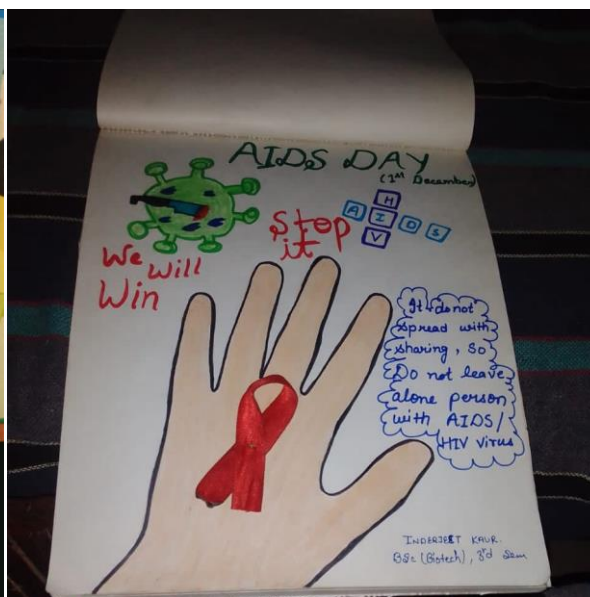
Bottom Screenshot:

- Meeting details:** People (12), Chat, Add people.
- IN CALL:** Navjot bharti (You), Damanjot Kaur,1402, Gurpal Singh, Harleen Kaur 1407, Inderjeet kaur ,1401, Jyoti Sharma.
- Gallery view participants:** Simranpreet kaur 1404, Inderjeet kaur ,1401, Jyoti Sharma, Damanjot Kaur,1402, navpreet kaur, Harleen Kaur 1407, Sukh Kaur, Muskaan jain, Gurpal Singh.
- Browser tabs:** hofkpdbg_aids....webp.
- System tray:** 12:38, 01-12-2020.



Unnamed Road, Punjab
140111, India

01 Dec 2020, 15:07 PM



Sandhuan, Punjab, India

Manemajra - Sandhuan Rd, Sandhuan, Punjab

140102, India

Lat N 30° 52' 3.7848"

Long E 76° 22' 38.2404"

01/12/20 06:34 PM

ACTIVITY: QUIZ COMPETITION KARGIL VIJAY DIWAS QUIZ POWERED BY GOV. OF INDIA.

Name of Faculty: A.P. Navjot Bharti

Name of Department: Biotechnology & Food Processing.

Date: 23 July 2020 to 27 July 2020

India is celebrating 21st Kargil Vijay Divas on 26 July 2020 to commemorate the contribution of our warriors. To inculcate patriotism among students the Government of India is organizing a national level quiz. Students attained knowledge about this Kargil Vijay Divas, learned to participate in online quiz and being a part of ICT Tool learning.





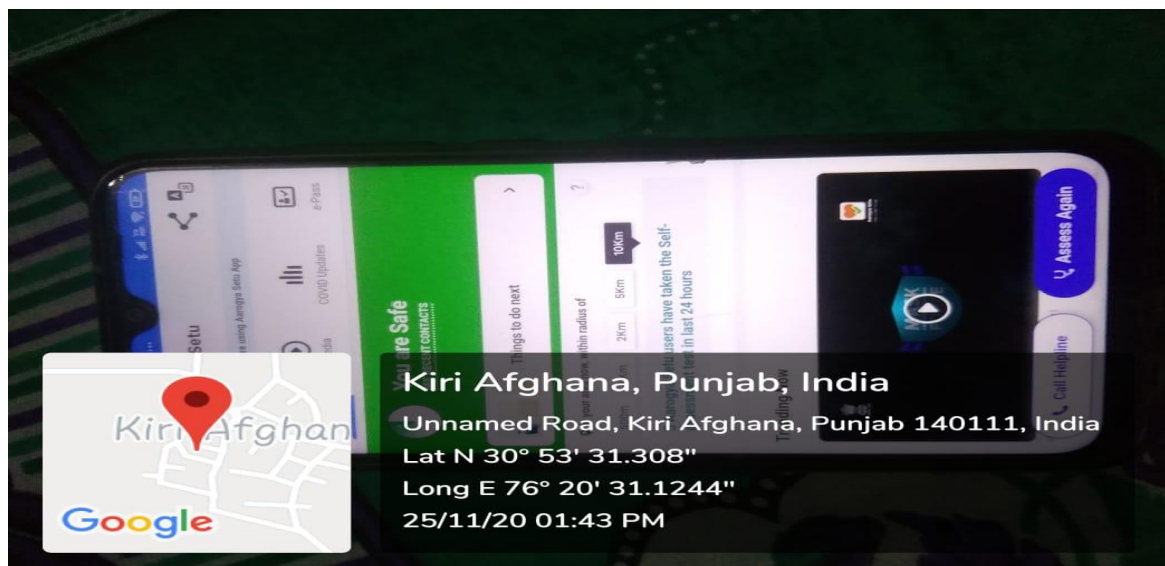
ACTIVITY: AWARE STUDENTS AND PEOPLE REGARDING AAROGYA SETU APP IMPORTANCE DURING COVID-19 PERIOD.

Biotechnology and food processing department

Name of Faculty: Manpreet Kaur

Number of participants-36

Date: 25/11/2020





This app helps to access location information (through GPS and Bluetooth technologies) to alert people to follow social distancing procedures and avoid Covid-19 hotspots. *Aarogya Setu app* also helps people identify the symptoms, alert them about safety precautions and other *relevant* information about this disease.

ACTIVITY: COMMUNAL HARMONY CAMPAIGN WEEK-2020 - CELEBRATION THROUGH ESSAY COMPETITION

Name of Faculty: Manpreet Kaur

Name of Department: Biotechnology and food processing

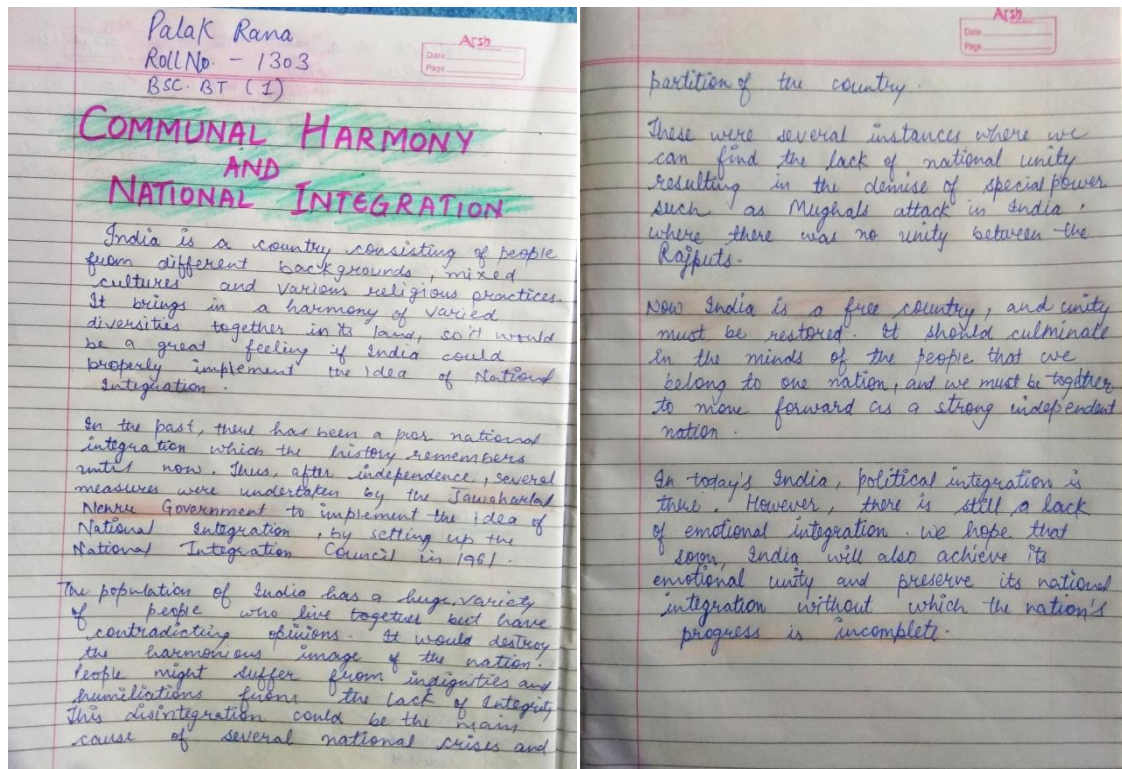
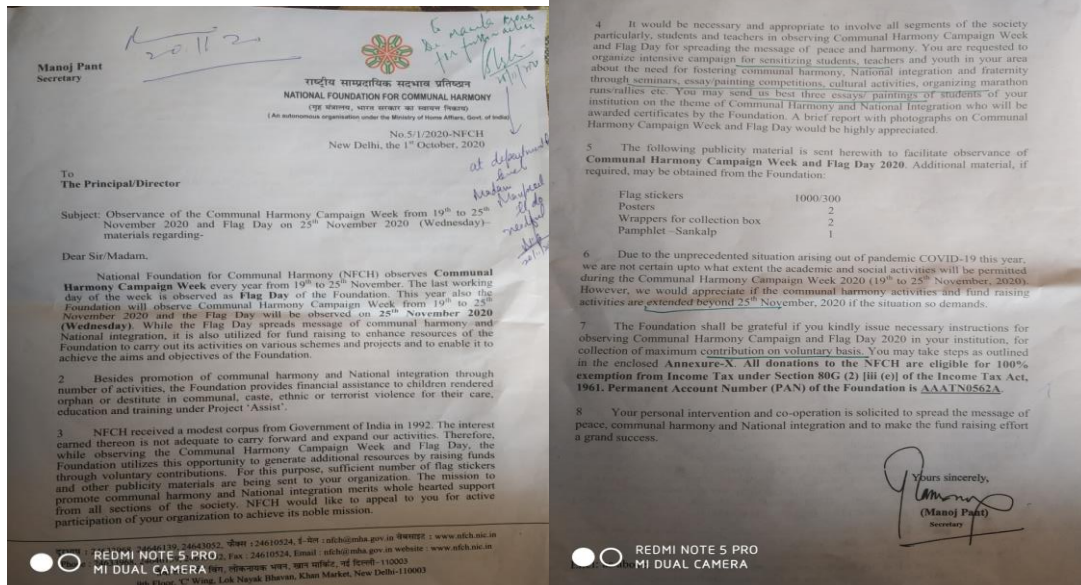
Date: 21-11-2020 to 25-11-2020

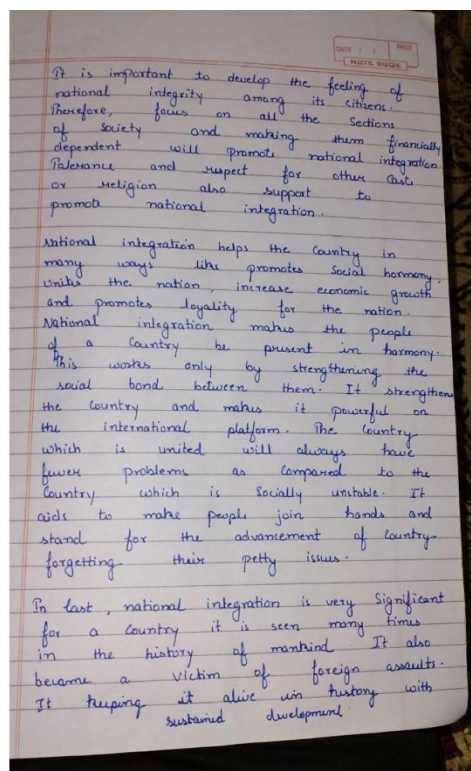
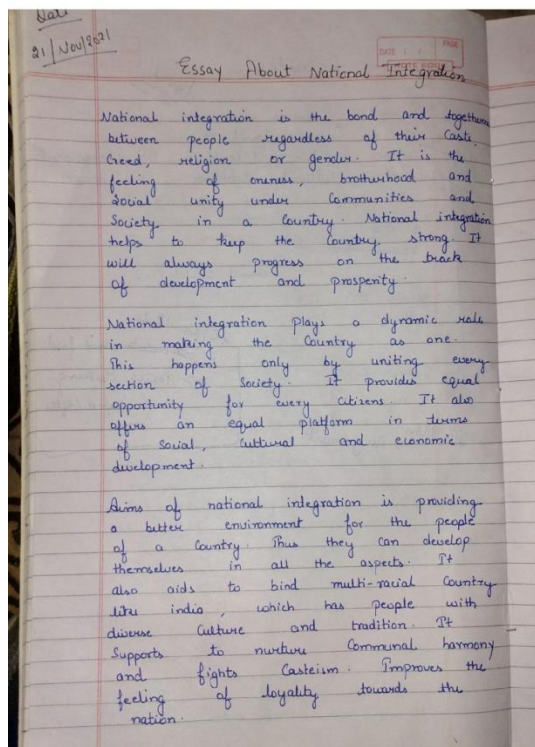
Number of Students-35

Communal harmony connects the students in term of social behaviour, religion, knowledge, language etc. Students are encouraged to

Participate in an essay competition so that they can freely express their opinion and point of view regarding communal harmony and national integration.

The objective of this practice is to spread the message of peace and harmony and sensitize students, teachers and youth about the need for fostering communal harmony, National integration and fraternity.





ACTIVITY: NATIONAL CONSTITUTION DAY-2020

Name of Faculty: Manpreet Kaur

Name of Department: Biotechnology and food processing

Date: 26-11-2020

Number of Students-40

Constitution Day or Samvidhan Diwas is also known as National Law Day.

The day commemorates the presence of the Constitution in India. On this day in 1949, the Constituent Assembly of India adopted the Constitution of India that came into force on 26 January 1950 and celebrated every year on 26 November and our students and teachers take oath about importance of this day.



Students and teachers are more sensitized, responsible and knowledgeable towards their rights, duties and responsibilities towards their nation.

ACTIVITY: WOMEN SENSITIZATION PROGRAMME (HYGIENE DAY)

Online webinar (Googlemeet) by Dr. Harpreet Kaur (BAMS) Navjivan Medicos, Patiala

Name of Faculty: Manpreet Kaur

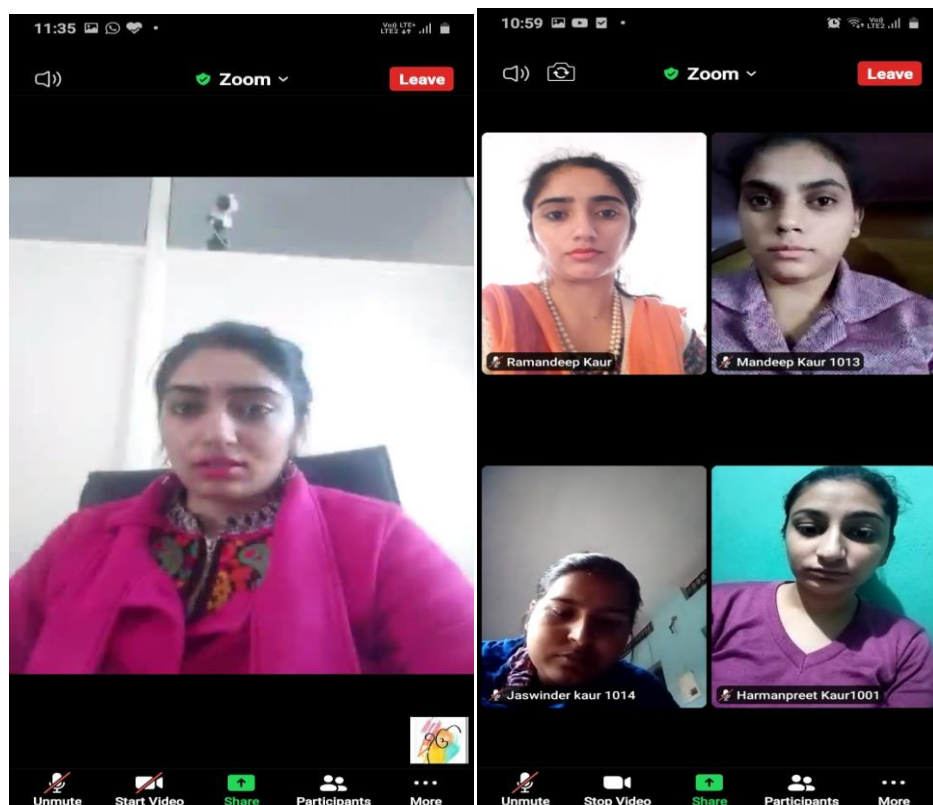
Name of Department: Biotechnology and Food Processing

Date: 09-12-2020

No. of students: 35

Menstrual Hygiene Day is an annual awareness day to help break the silence and build awareness about the fundamental role that good menstrual hygiene management and personal hygiene of women.

To sensitize girls about importance of personal hygiene ,aware them about manifestation of problems arising nowadays such as PCOD as well as treatments and natural remedies related to it.



Students are aware and gain knowledge about problems related to personal hygiene and how to cope up with these medical issues in their lives for their healthy growth

Activity: Formation of decorative pieces from waste material

Name of Faculty: Manpreet Kaur

Name of Department: Biotechnology and food processing

Number of participants-36


Date: 25/11/2020

Recycling is the process of converting waste materials into new materials and objects. Recycling can prevent the waste of potentially useful materials and reduce the consumption of fresh raw materials, thereby reducing: energy usage, air pollution, and water pollution.

People

Information

ADD OTHERS




Share joining information


IN CALL


M


Manpreet Saini (You)




Harjinder Kaur









Harman Saini







H

Harpreet Kaur




Japinder Kaur







L


Lvlin Walia




Navneet Kaler








Tanisha Sharma







I made a beautiful flower stand (from used/old chart papers and broken stand)



Students are more aware about utilization of waste material. They become more responsible towards their country to balance environment and problems related to environment pollution.

ACTIVITY: POSTER MAKING COMPETITION

Name of Faculty: Ramandeep Kaur

Name of Department: Biotechnology and food processing

Date: 22/09/2020

Online “**Poster making competition**” was organized by biotechnology association on International microbiology day dated 22-09-2020. This activity directly relates to criteria 7.

The main objective was to celebrate International microbiology day and explain the importance of microbes in research.

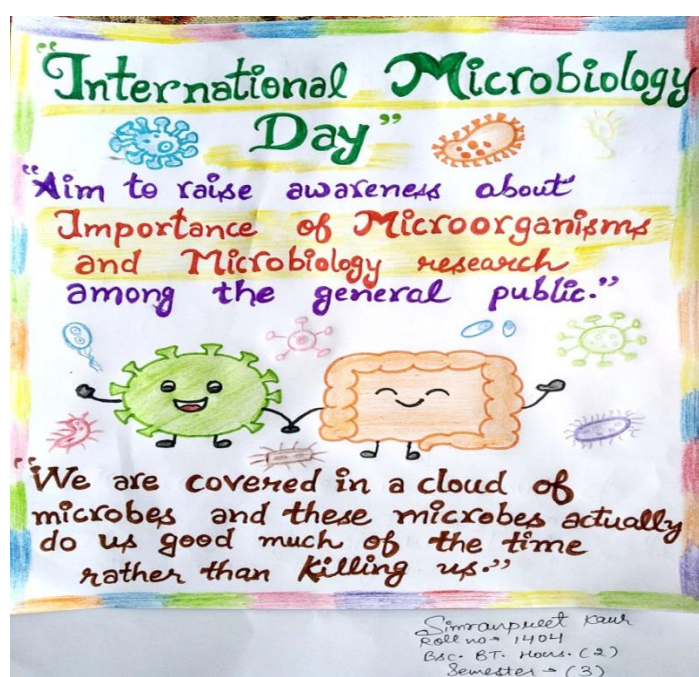
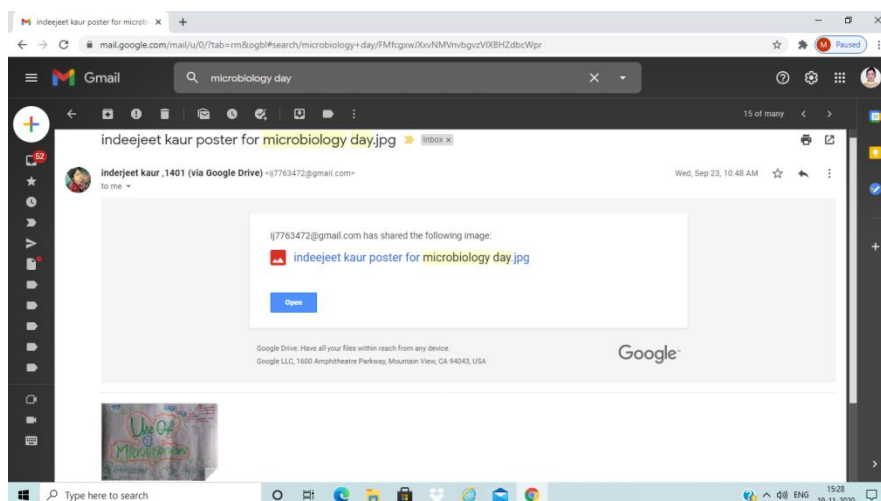
Poster Making Competition

Date- 22/09/2020.
Time- 10:00 am – 12:00 pm

International Microbiology Day

Organized By-
 Department of Biotechnology and Food Processing
 Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela (Ropar)

For any query related to this event, contact
 Mrs. Ramandeep Kaur
 +91-9877621500 / ramandeep0024@gmail.com



Such type of events is very useful to enhance skills and knowledge among students and they feel more connected with their teachers during stressful era of covid-19. Moreover, students show their creativity by making amazing posters.

ACTIVITY: AWARENESS AMONG COVID-19

Name of Faculty: Ramandeep Kaur

Name of Department: Biotechnology and food processing

Date: 15/10/2020

Students spread awareness among people about covid-19 virus by displaying pre-prepared posters on public places and explain.



Students will become more aware and responsible for their surroundings.

ACTIVITY: GREEN DIWALI

Name of Faculty: Ramandeep Kaur

Name of Department: Biotechnology and food processing

Date: 14/11/2020

Diwali is a great Indian festival of lights. People use to celebrate it by sharing gifts and burst crackers. Our students replace traditional way of celebration and celebrate it as green diwali by planting plants and set an example as responsible citizen.



The objective was to spread knowledge among students to not use crackers and would stop wastage of money instead they use it for welfare of surroundings, for instance, purchase medicinal or common plant and grow.

ACTIVITY: DANCE COMPETITION

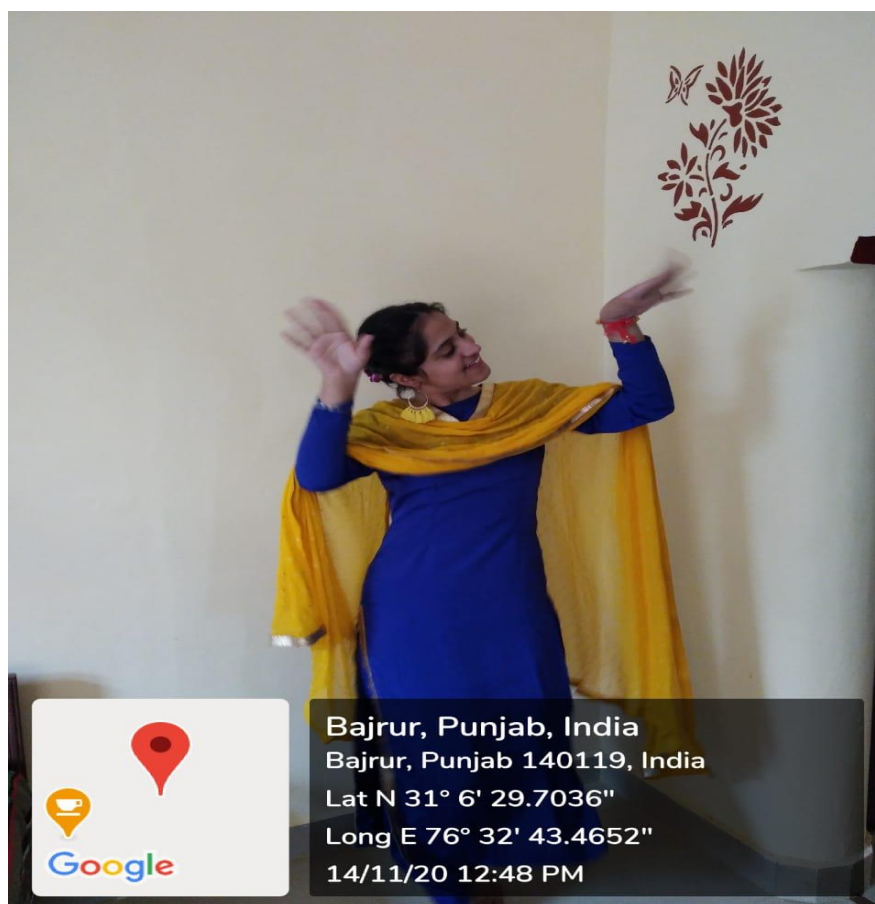
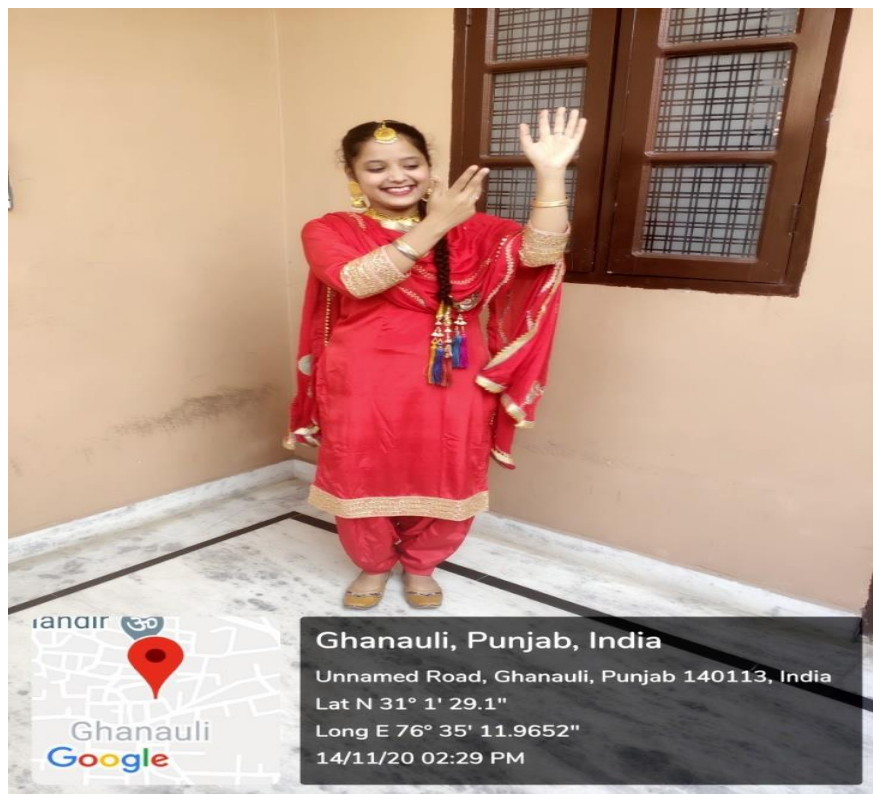
Name of Faculty: Ramandeep Kaur

Name of Department: Biotechnology and Food Processing

Date: 14/11/2020

We organise dance competition for students to increase their interest among them about culture.

The objective of this activity is to increase interest among students regarding dance, because it is a crucial part of Indian culture and tradition. It helps to learn more about customs.





ACTIVITY: LECTURE ON STRESS MANAGEMENT

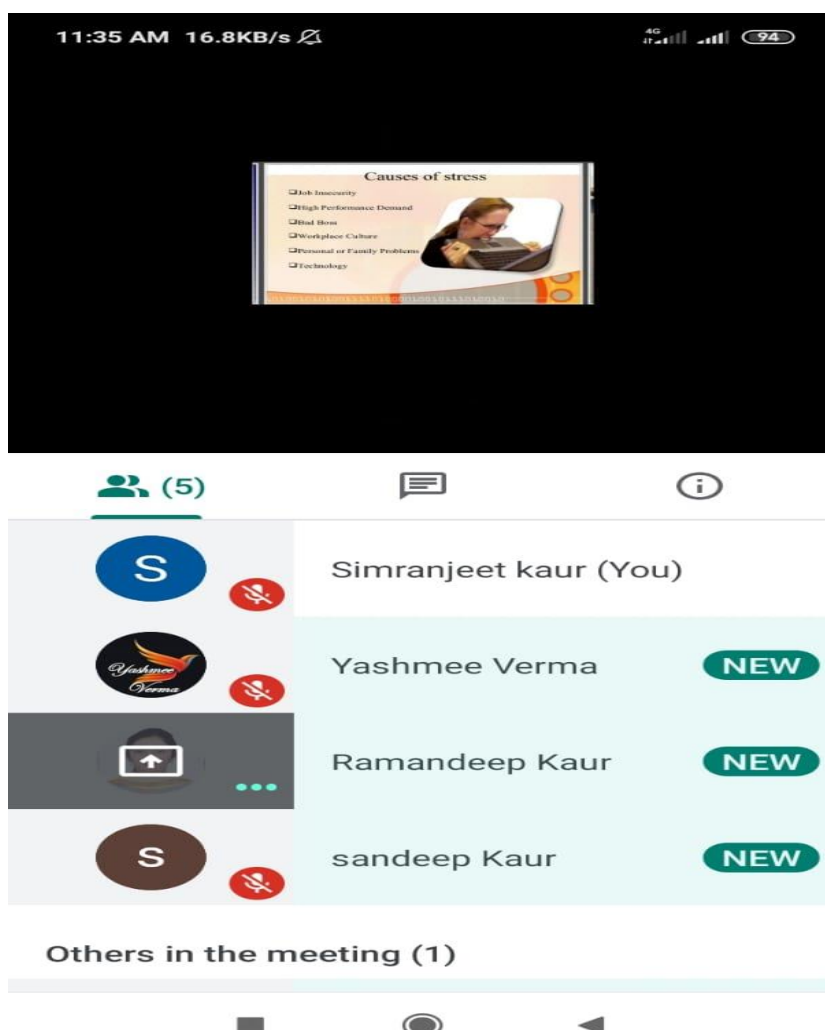
Name of Faculty: Ramandeep Kaur

Name of Department: Biotechnology and Food Processing

Date: 01.08.2020

The main objective was to tell students to control their stress and eventually they will do better in their life.

- Gather information on current stress management techniques and evaluate personal relevance.
- Practice specific techniques, track effectiveness, and revise to meet personal preferences.
- Create an adaptable stress management plan for academic success incorporating selected techniques.



ACTIVITY: ENVIRONMENT AWARENESS PROGRAMME

Name of Faculty: Asst. Prof. Jaspreet Kaur

Name of Department- Biotechnology and Food Processing

Class: B.Voc 2nd Year, B.Sc. Biotechnology Hons. / M.Sc. Biotechnology 1st year

Date: 20 Nov, 2020

Number of students -25

Environment awareness is an incredibly important part of our lives. Environment awareness means being aware of natural environment, and making choices that benefit the earth, rather than hurt it. Electron /online mode is best mode to convey this message to public. Cleanliness means that there is no dirt, no dust, no stains, no bad smells. With the help of cleanliness, we can keep our physical and mental health clean, which will make us feel good It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. it prevents dangerous diseases like Dengue, typhoid etc. We used whatsapp mode to perform this activity for students

NAME OF STUDENT-
2602
2603
2605
1301
1351
2652
1311
2609
2605
Sukhjeet kaur
Jyoti
Prabhjot kaur
Harsimran kaur
Ranvir singh
Baljinder singh
Damanpreet kaur
Sukhpreet Kaur
Satwinder kaur
Satwinder kaur
hardeep kaur
Muskaan jain
Muskan Sharma
Palak Rana
Daljeetkaur
Taranpreet kaur
Anshvir Kaur
Jasleen kaur



ACTIVITY: LANDSCAPING WITH TREES AND PLANTS

Name of Faculty: Asst. Prof. Jaspreet Kaur

Name of Department- Biotechnology and Food Processing

Class -B.voc food Processing 2nd year,Bsc Biotechnology Hons.Ist year,Msc.Biotechnology Ist year

Number of students -30

Date: 24-Nov-2020

Landscaping is an art of planning the drives, walks, lawns, shrubs, gardens, flower-beds etc. so as to form a beautiful setting for a building. The main purpose of landscaping is to create a joyful environment round the building and give the occupants a healthy breath, good appearance and natural beauty.

Plants release oxygen into the atmosphere, absorb carbon dioxide, provide habitat and food for wildlife and humans, and regulate the water cycle. We used WhatsApp mode to perform this activity for students



Sensitize about the students that how they can keep their environment clean and green. This activity builds spirit and unity among students.

ACTIVITY: BEST OUT OF WASTE MAKING MODELS RELATED WITH CELL BIOLOGY

Name of Faculty: A.P. Jaspreet Kaur

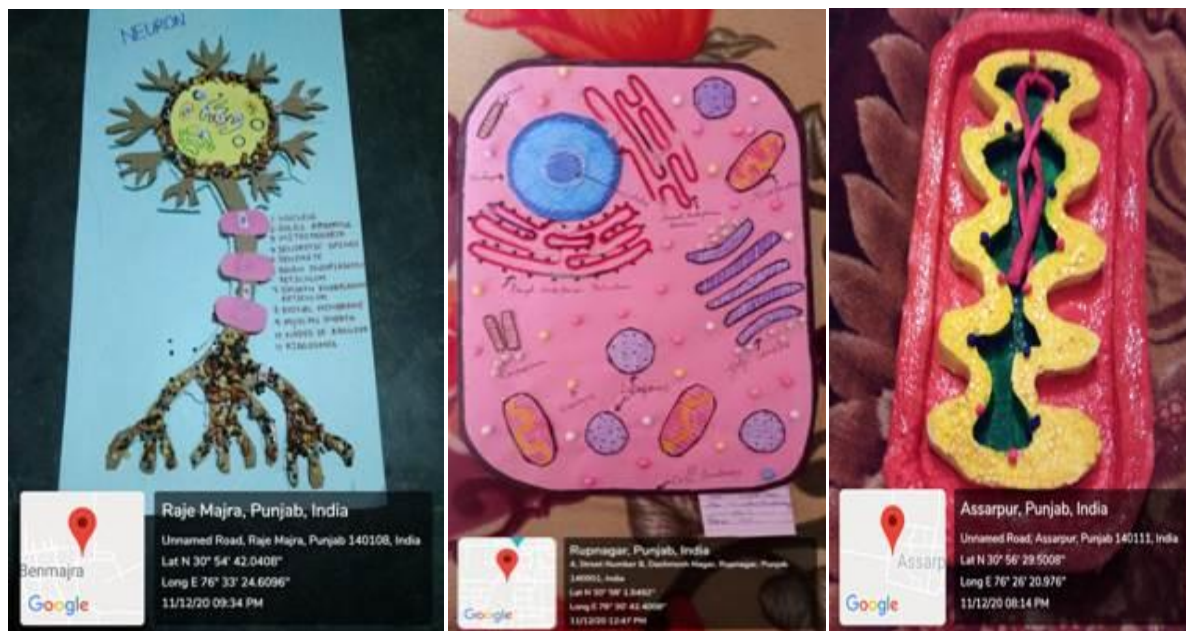
Name of Department- Biotechnology and Food Processing

Class -B.voc food Processing 2nd year,Bsc Biotechnology Hons.Ist year,Msc.Biotechnology Ist year

Number of students -20

Date: 20 Nov,2020

Recycling and reusing the valuable waste material can result in development of fantastic and usable product. To aware and Sensitize the students about the their subject and to create their interest in their course. This activity inculcate confidence among students.



ACTIVITY: CULTURAL ACTIVITY

Name of Faculty: Jaspreet Kaur

Name of Department- Biotechnology and Food Processing

Class -B.voc food Processing 2nd year,Bsc Biotechnology Hons.Ist year,Msc.Biotechnology Ist year

Number of students -20

Date: 28/11/2020

We organise dance competition for students to increase their interest among them about culture.

- 1) To develop dynamic, challenging and independent force based on the freedom of expression
- 2) To develop students' socio-cultural competence and connects the content to their backgrounds and personal experiences.



ACTIVITY: SEMINAR ON SOFT SKILL –TO IMPROVE BODY LANGUAGE

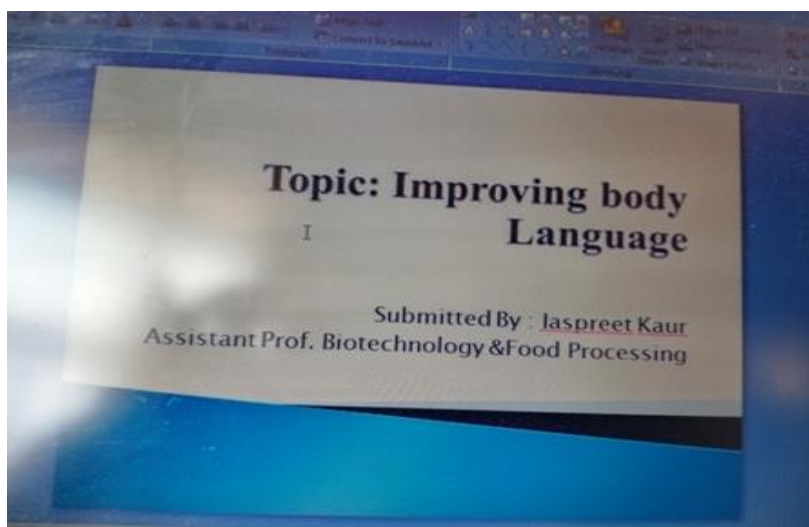
Name of Faculty: Jaspreet Kaur

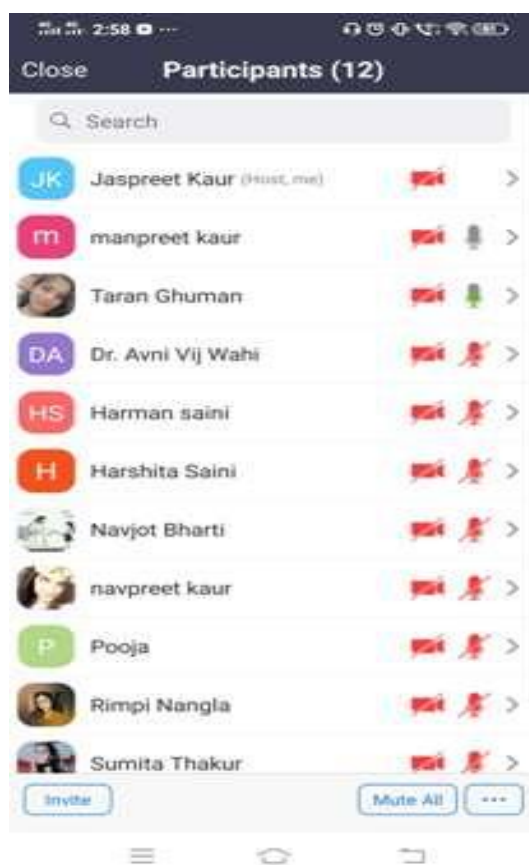
Name of Department: Biotechnology and Food Processing

Date: 18-Aug-2020

I delivered online lecture to students about how to improve their body language. I had also discussed about different styles and forms of body language while talking with any person and during their interview.

It will boost confidence while performing in front of others. Demonstrate an ability to recognise and use effective non-verbal **communication** skills and also interpret a range of non-verbal signals, Increase their awareness of cultural variations.





ACTIVITY: ‘SANWAD’ – A MEETUP OF THE DEPARTMENTAL STUDENTS

Name of Faculty: Love Singla

Name of Department- Biotechnology and Food Processing

B.Sc. (Hons) Biotechnology 1st, 2nd & 3rd year

M.Sc. Biotechnology 1st & 2nd year

No. of students – 70

Date: 14th September 2020

Biotechnology department has organized ‘**Sanwad- a meet up of biotechnology students**’ at 14th September, 2020. Due to COVID-19 situation, we preferred online meet up in place of physical presence. This activity was organised by biotechnology students. The main aim of this activity is to make the 1st year students familiar with constitutional obligations: values, rights, duties and responsibilities. They are also made socialize with other department members. This activity leads to the students to know about the rights and duties toward constitution and institution.

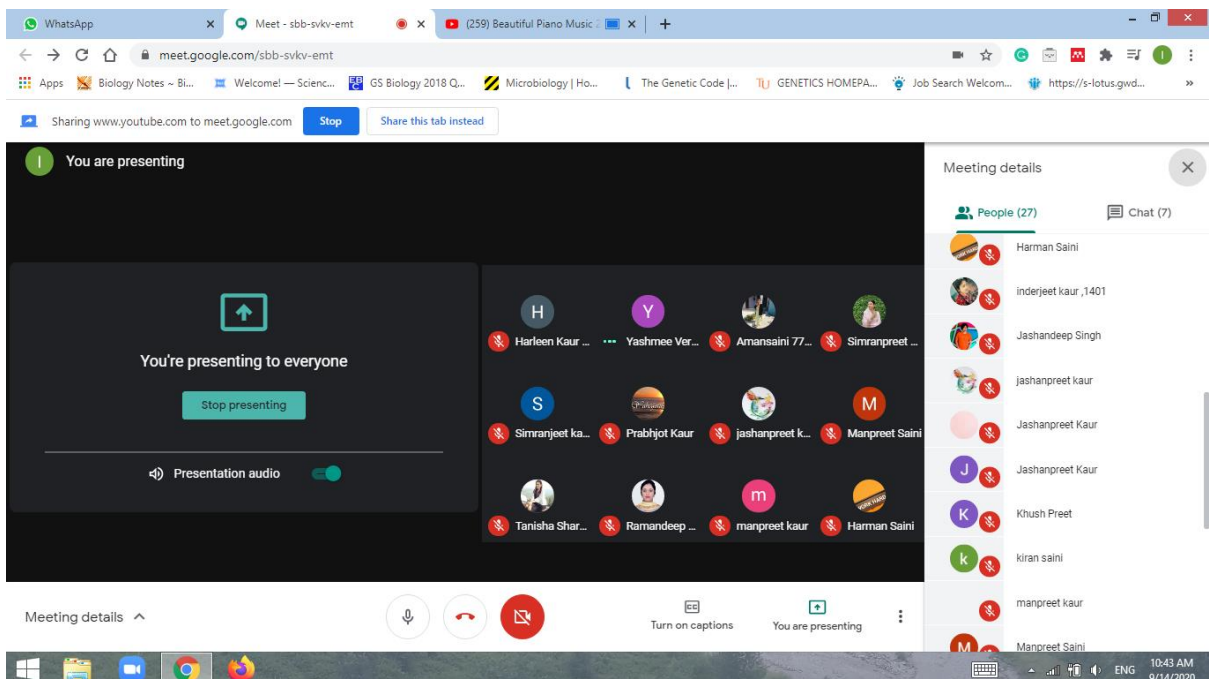


Samwad - A meet-up of biotechnology students

On 14th Sept, 2020 at Google Meet platform.

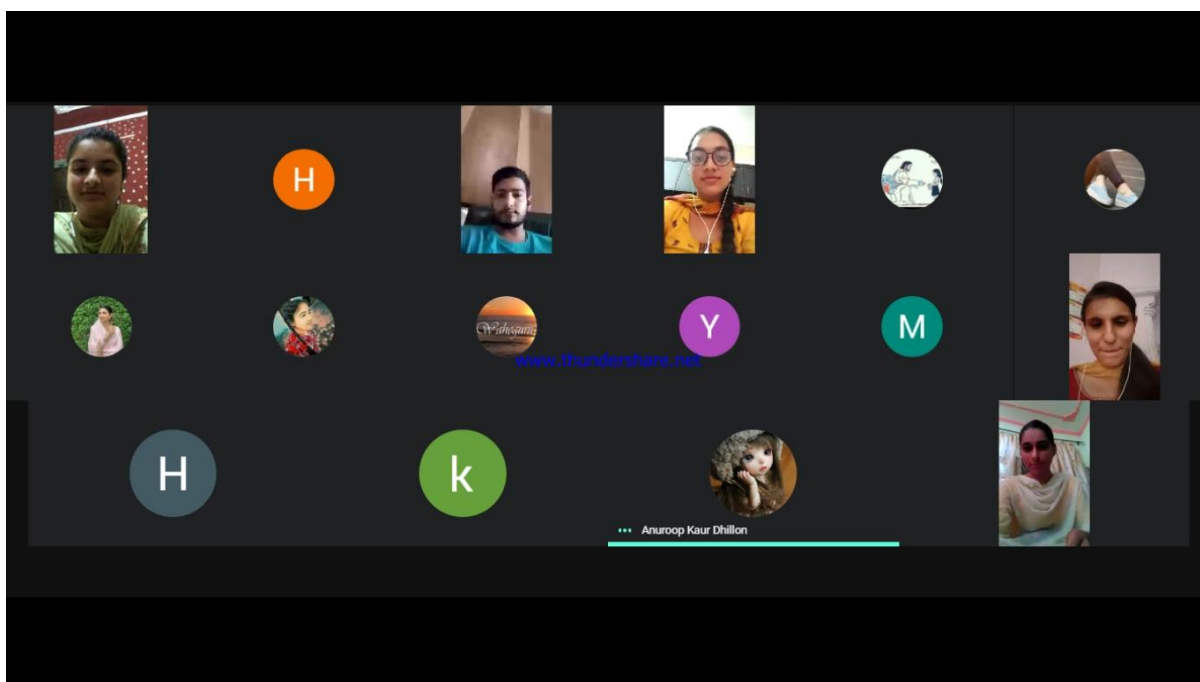
 First-Year Students B. Sc. (Hons) 1 st year	 B. Sc. (Hons) 2nd year	 B. Sc. (Hons) 3rd year
Here, You will get familiar with the members of the biotechnology department	 M. Sc. 1st year	 M. Sc. 2nd year

For all the queries related to this program, contact- Love Singla (+91-9646280031)



The screenshot shows a Google Meet window with the following elements:

- Browser Tabs:** WhatsApp, Meet - sbb-svkv-emt, (259) Beautiful Piano Music.
- Address Bar:** meet.google.com/sbb-svkv-emt
- Page Header:** "You are presenting" with a green indicator.
- Main Content Area:**
 - A large green arrow pointing up with the text "You're presenting to everyone".
 - A "Stop presenting" button.
 - A "Presentation audio" toggle switch.
- Participant Grid:** A grid of 12 participant avatars with names: Harleen Kaur, Yashmee Ver, Amansaini 77, Simranpreet, Simranjeet ka, Prabhjot Kaur, jashanpreet k, Manpreet Saini, Tanisha Shar, Ramandeep, manpreet kaur, and Harman Saini.
- Meeting Details Panel (Right):**
 - People (27)
 - Chat (7)
 - List of participants: Harman Saini, Inderjeet kaur, 1401, Jashandeep Singh, jashanpreet kaur, Jashanpreet Kaur, Jashanpreet Kaur, Khush Preet, Kiran saini, manpreet kaur, Manpreet Saini.
- Bottom Bar:** Meeting details, microphone, video, chat, captions, and "You are presenting" status.
- Taskbar:** Windows taskbar with icons for File Explorer, Microsoft Edge, Google Chrome, and Firefox. System clock shows 10:43 AM on 9/14/2020.



ACTIVITY: 151ST BIRTH ANNIVERSARY OF MAHATMA GANDHI

Name of Faculty: Love Singla

Name of Department- Biotechnology and Food Processing

No. of students - 30

Date: 02nd October 2020

Biotechnology and Food Processing department has organized Declamation competition students on 2nd October, 2020. Students put their best foot forward and were being judged by the faculty members. Enhance Public speaking skills and sparking healthy positive competition. To understand and to know the detailed devotion and dedication of Mahatma Gandhi. Divert energies of students towards healthy activities and creative thinking. Gain the knowledge and to develop the personality.

Overall, the students were very positive for the activity. It was an enriching experience for the students and it would help them to develop confidence and communicative abilities.

Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College, Bela



On the occasion of 151st Birth anniversary of
Mohandas Karamchand Gandhi

The **Department of Biotechnology and Food Processing** is organizing '**Declamation Competition & Cleanliness Drive**' on 2nd October 2020 via a virtual meeting on google meet platform.

<https://meet.google.com/pfi-oeyi-oqd>

You all are coordinately invited to actively participate

For any query/assistance, contact at-

Dr. Mamta Arora (9463027367)

A.P. Manpreet Kaur (9876953659)

A.P. Ramandeep Kaur (9877621500)

Dr. Avni Vij (9816927270)

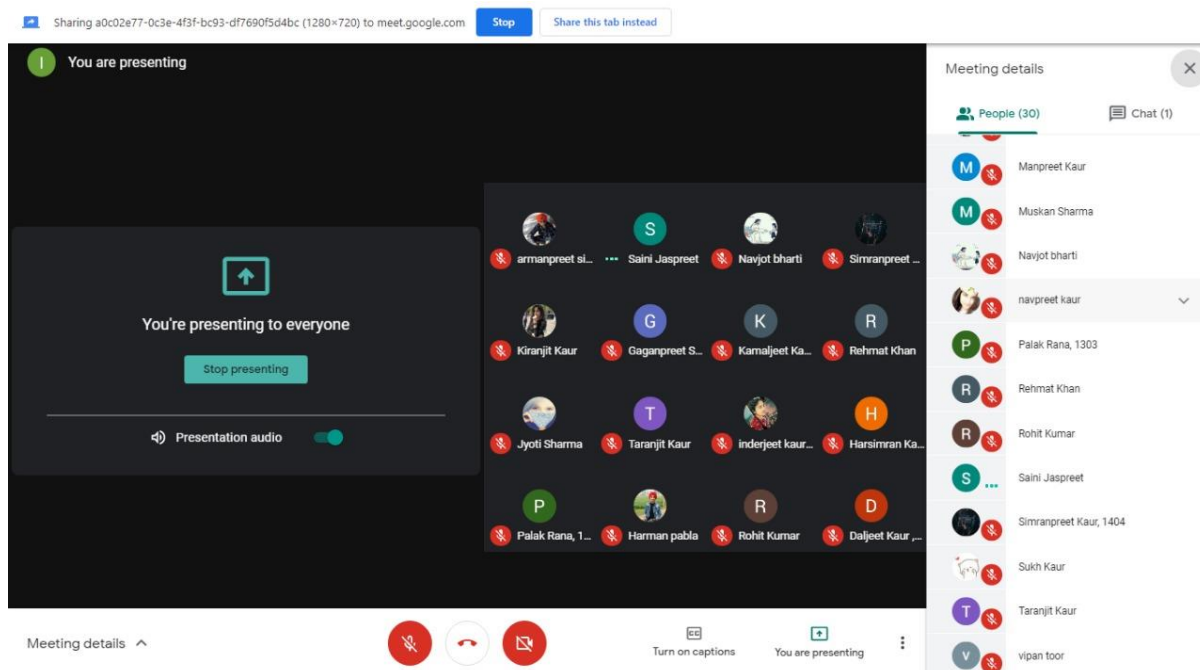
A.P. Jaspreet Kaur (9915842533)

A.P. Navreet (9646583749)

A.P. Love Singla (9646280031)

A.P. Navjot Bharti (9815656468)

A.P. Manpreet Kaur (8284827268)



ACTIVITY: QUIZ COMPETITION

Name of Faculty: Love Singla

Name of Department- Biotechnology and Food Processing

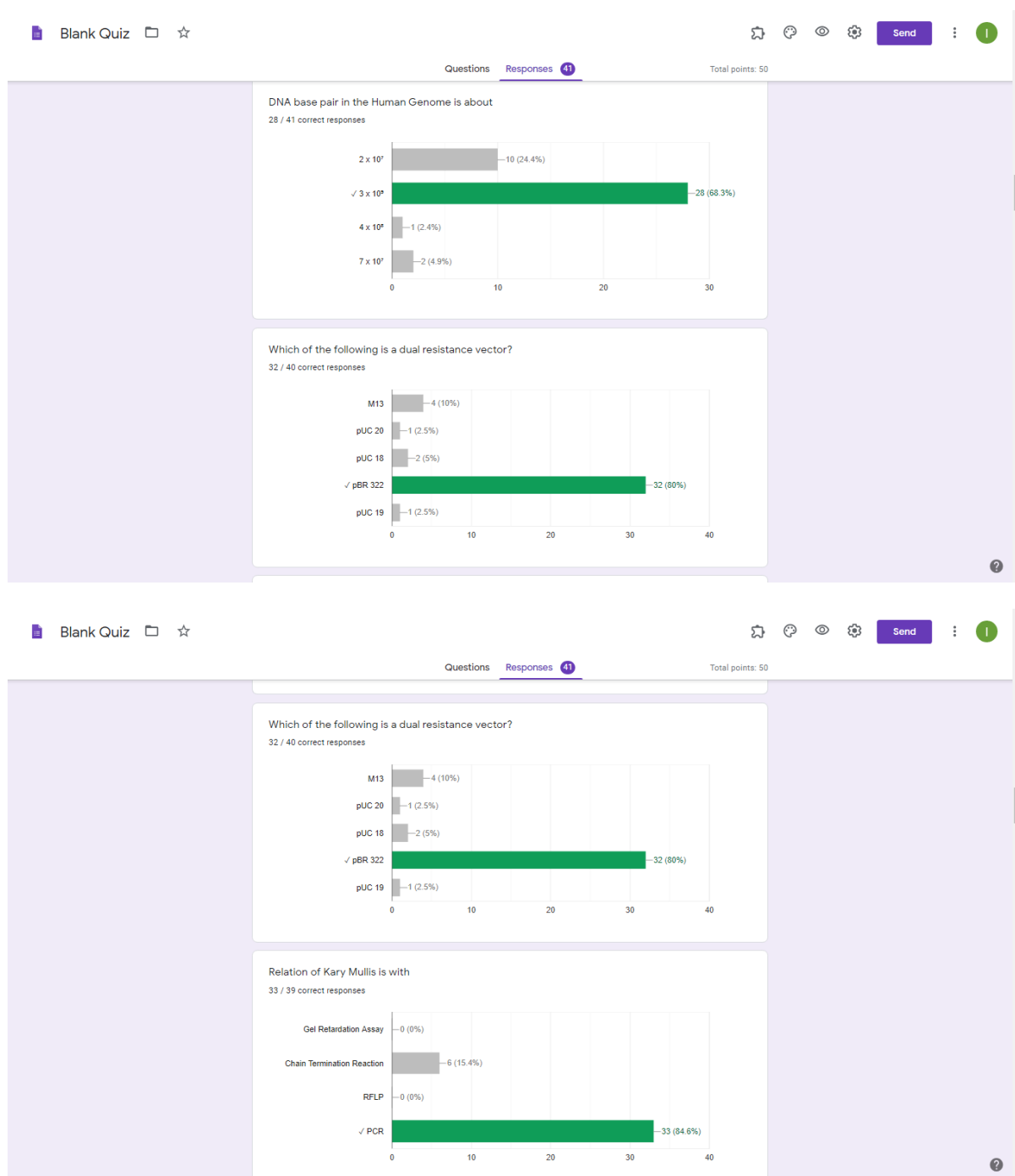
B.Sc. (Hons) Biotechnology 1st, 2nd & 3rd year

M.Sc. Biotechnology 1st & 2nd year

No. of students - 40

Date: 14-10-2020

In students' life, co-curricular activities plays an important and crucial role in studies as well as social life. For this, biotechnology department has organized 'Biotechnology Quiz Competition'. Due to COVID-19 situation, we preferred online quiz competition in place of their physical presence. The main aim to create awareness and understanding regarding the future of students studying biotechnology and scope in subsequent years. Students has discussed the future aspects and career goals in the field of biotechnology and their allied fields like microbiology, biophysics and biochemistry.



ACTIVITY: CAREER COUNSELLING AND GUIDANCE FOR COMPETITIVE EXAMINATIONS

Name of Faculty: Love Singla

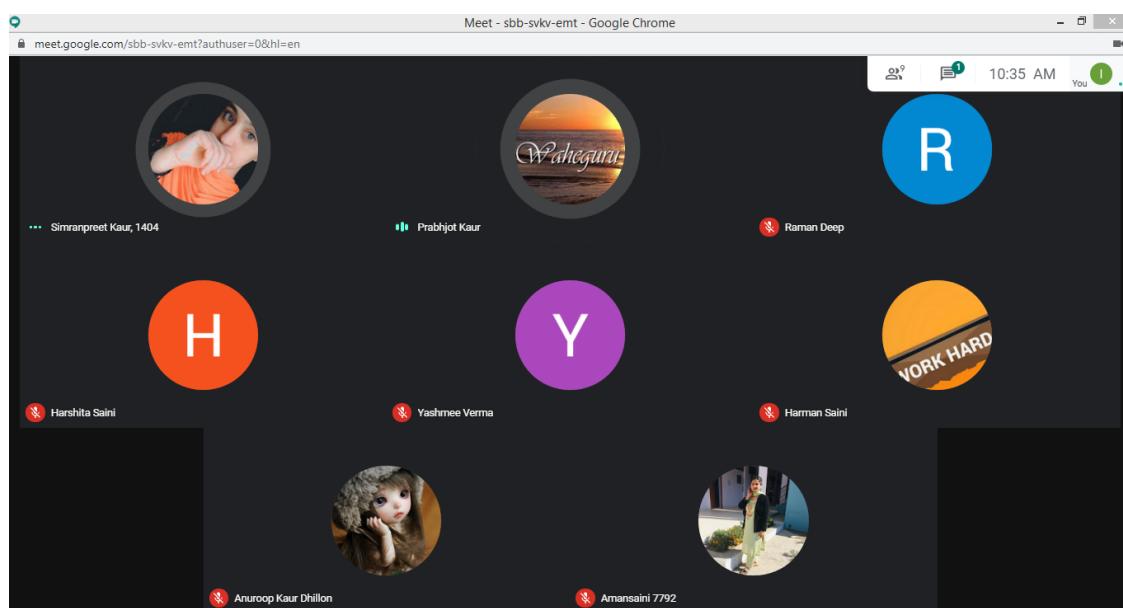
Name of Department- Biotechnology and Food processing

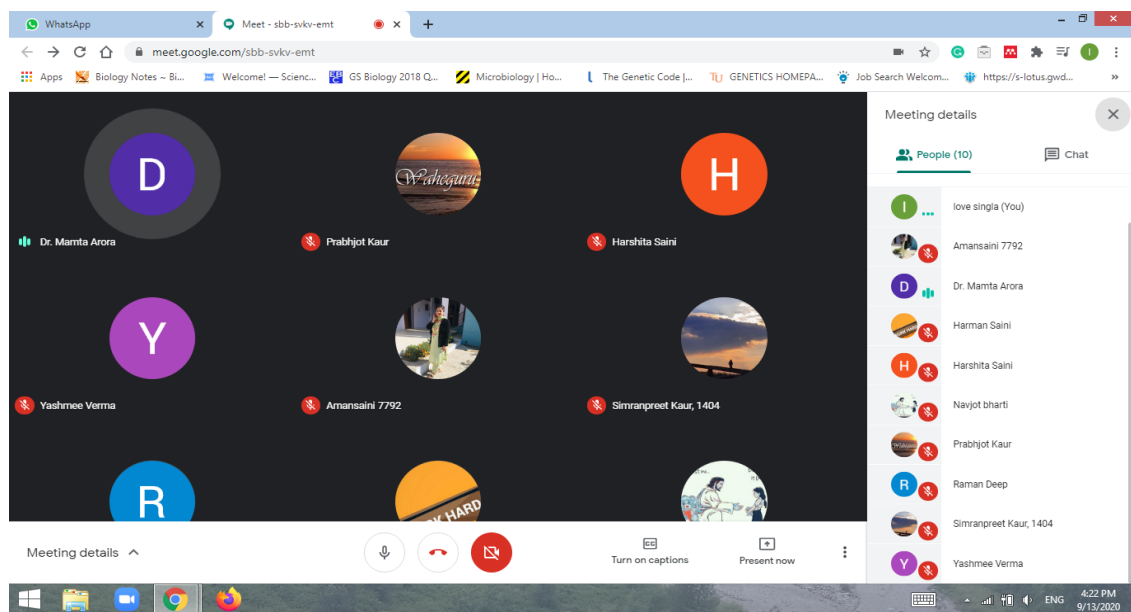
B.Sc. (Hons) and M.Sc. Biotechnology

Total number of students- 10

Date: 13-09-2020

Career counselling is a type of support or advice provided to help the students to manage their journey through life, learning and work changes. This includes career exploration, making career choices, managing career changes, lifelong career development and dealing with other career-related issues. The main objective is to provide information regarding the various competitive examination to advance learners and make them interact with their seniors to gain their experiences and knowledge about career choice.





ACTIVITY: SEMINAR REGARDING 'BIOMEDICAL WASTE MANAGEMENT'

Name of Faculty: Love Singla

Name of Department- Biotechnology and Food Processing

B.Sc. (Hons) and M.Sc. Biotechnology

Total no. of students – 35

Date: 20-11-2020

'Bio-medical waste' means any waste, which is generated during the diagnosis, treatment or immunization of human beings or animals or in research activities or in production or testing of biological or in health camps. Biomedical Waste (Management) Rules, 2016 notified on March 28, 2016 by Ministry of Environment, Forest and Climate Change (MoEFCC), Government of India under Environmental Protection Act, 1986.

The main aim is to make students aware about the importance of proper disposal of biomedical waste and their side effects if not disposed properly.



Google

UCO Bank Branch, Bela, Bela, Punjab 140111, India

Bela
Punjab
India

2020-11-20(Fri) 12:19(pm)

24°C
75°F

PUNJAB POLLUTION CONTROL BOARD

BIO-MEDICAL WASTE SEGREGATION

PUT THE RIGHT WASTE IN RIGHT BIN

(Bio-Medical Waste Management Rules, 2016)

CYTOTOXIC

BIOHAZARD

YELLOW CATEGORY		RED CATEGORY	BLUE CATEGORY	WHITE CATEGORY	YELLOW CATEGORY	
Human Anatomical Waste Soiled Waste Soiled Linen & Beddings Animal Anatomical Waste	Blood Bags Microbiology, Clinical & Laboratory Waste	Recyclable Waste (Plastic) Tubings Bottles Syringes Gloves even soiled	Recyclable Waste (Glass) Broken Glass Medicine vials Metallic Body Implants	Metal Sharp Waste Needles Scalpels Syringes with fixed needles	Discarded Medicines Cytotoxic drugs Items Contaminated with Cytotoxic drugs	Liquid Waste from OT/Lab Floor Washing Infected Secretions Discarded disinfectants
<p>↓</p> <p>Pre-treatment with Autoclave</p> <p>↓</p> <p>DISPOSABLES</p> <p>Non-Chlorinated Yellow Bag of 50 micron</p> <p>↓</p> <p>CONTAINERS</p> <p></p>		<p>↓</p> <p>Cutting/Mutilation</p> <p>↓</p> <p>Non-Chlorinated Red Bag of 50 micron</p> <p>↓</p> <p></p>	<p>↓</p> <p>Cardboard Box with Blue marking</p> <p>↓</p> <p></p>	<p>↓</p> <p>Needle sharp/cutter</p> <p>↓</p> <p>White translucent Puncture Proof Disposable Container</p> <p>↓</p> <p>No need of adding Hypochlorite solution</p> <p>↓</p> <p></p>	<p>↓</p> <p>Pre-treatment With 10% Sodium Hypochlorite Solution</p> <p>↓</p> <p>Non-Chlorinated Yellow Bag of 50 micron</p> <p>↓</p> <p></p>	<p>↓</p> <p>ETP/STP</p>

IMPORTANT INSTRUCTIONS FOR HEALTH CARE FACILITIES

- Final Storage Room** - Provision of safe, ventilated, pucca and lock-key Final Storage Room.
- Pre-treatment** - Pre-treat the laboratory waste, microbiological waste, blood samples and blood bags using Autoclave as per WHO.
- Chlorinated plastic bags** - Phase out use of chlorinated plastic bags, gloves and blood bags.
- Annual training** - Provide Training to health workers at least once in a year and give detail in Annual Report.
- Immunization** - Immunize Health-workers involved in handling waste for protection of diseases.
- Bar code stickers** - Paste right bar-code sticker on right color coded bag/container.
- Personal protective equipments** - Provide and Ensure use of Personal Protective Equipments.
- Health check up** - Conduct health check up of health-workers at least once/year and keep record.
- BMW record** - Maintain and update the bio-medical waste register and update record on your website on monthly basis.
- Accident Reporting** - Report Major Accidents such as fire hazards, blasts during handling of BMW within 24 hours in Form-I.
- Pre-treatment of liquid waste** - Pre-treat the liquid waste with 10% sodium hypochlorite solution using 30% quantity.

- Authorization** - Every Bedded or Non-Bedded HCF shall obtain authorization under BMW Rules, 2016; consent under Water Act, 1974 and Air Act, 1981.
- Annual return** - Submit Annual Return in Form-IV on or before 30th June every year.
- Website** - Make website and display monthly waste generation record & Annual Report.
- Record Maintenance** - Shall maintain record of generation, collection, reception, storage, treatment and disposal for a period of 5 years.
- Discarded medicines** - Dispose off discarded medicines and cytotoxic drugs in separate yellow color bags with cytotoxic symbol.
- Medical Termination of Pregnancy Certificate** - Issue Certificate by Obstetrician or Medical Superintendent before disposing off dead fetus below the viability period to CBWTF operator.
- Mercury free equipments** - Use mercury free equipments in your HCF.
- X-ray hypo-fixer** - Dispose X-ray hypo-fixer & films to authorized facility of the Board.
- Cutting/mutilating** - Recyclable plastic waste shall be cut/mutilated before disposal to prevent unauthorized use.

www.ppcb.gov.in, Email : epappcb@gmail.com Ph. : 0172-5044974

ACTIVITY: EXPRESSING IDEAS ABOUT CULTURAL TOLERANCE

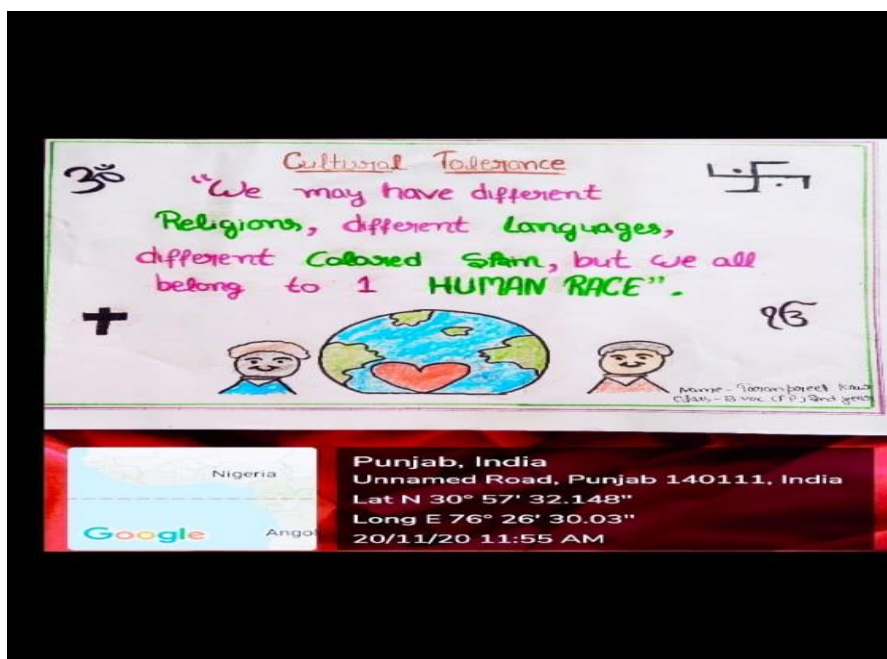
Name of Faculty: Navreet

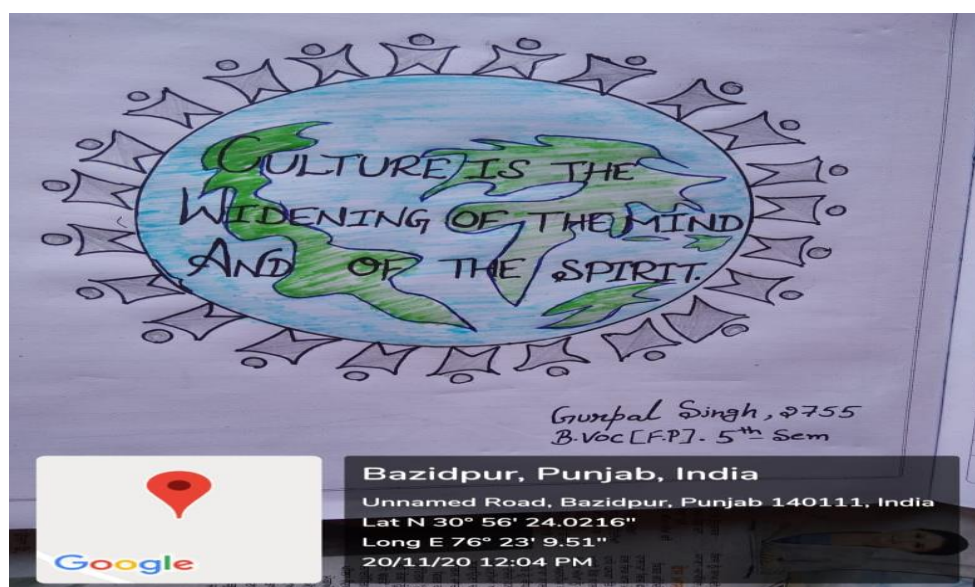
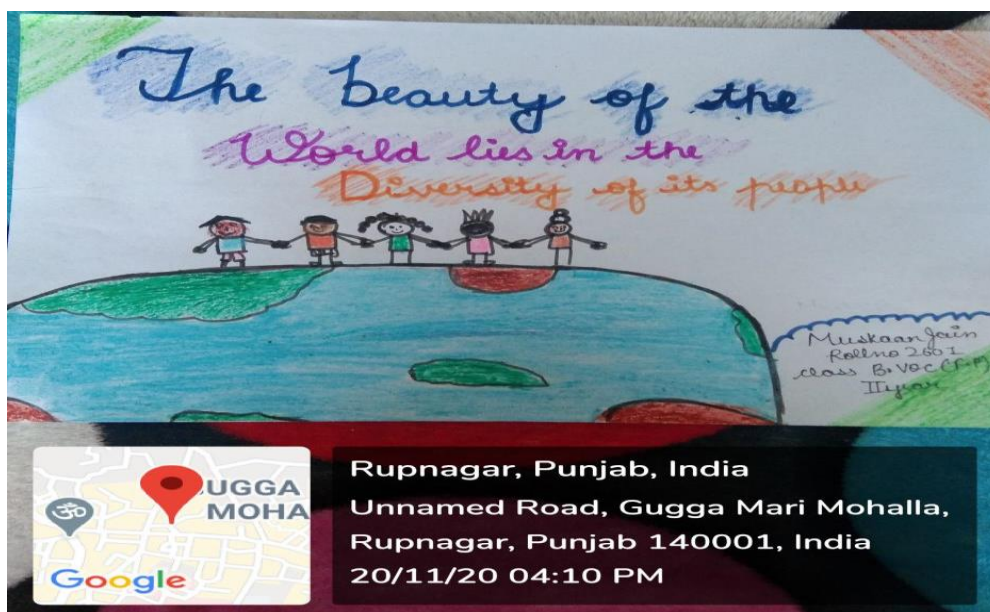
Name of Department- Biotechnology And Food Processing

Participant Class- BVOC. FP 1ST, 2ND AND 3RD YEAR

Date: 20/11/2020

Tolerance is integral to human rights and peace. Cultural tolerance can play a crucial role in bringing closer people who speak different languages, practice different religions, follow different customs, and believe in different values, and therefore promote harmony. The key to respect, acceptance and appreciation of our forms of expression, our ways of being human and of our rich diversity within cultures, is tolerance. To foster a spirit of tolerance, it is important to engage in a diverse outlook of knowledge, openness, and communication, freedom of thought, conscience and belief. To replace the culture of war with a culture of peace, we must incorporate a moral, political and legal requirement of tolerance. Students were asked to present their ideas on what they think about cultural tolerance. They were told about the deadline and asked to send their responses before then.





ACTIVITY: PLEDGE TO PRESERVE MOTHER NATURE

Name of Faculty: Navreet

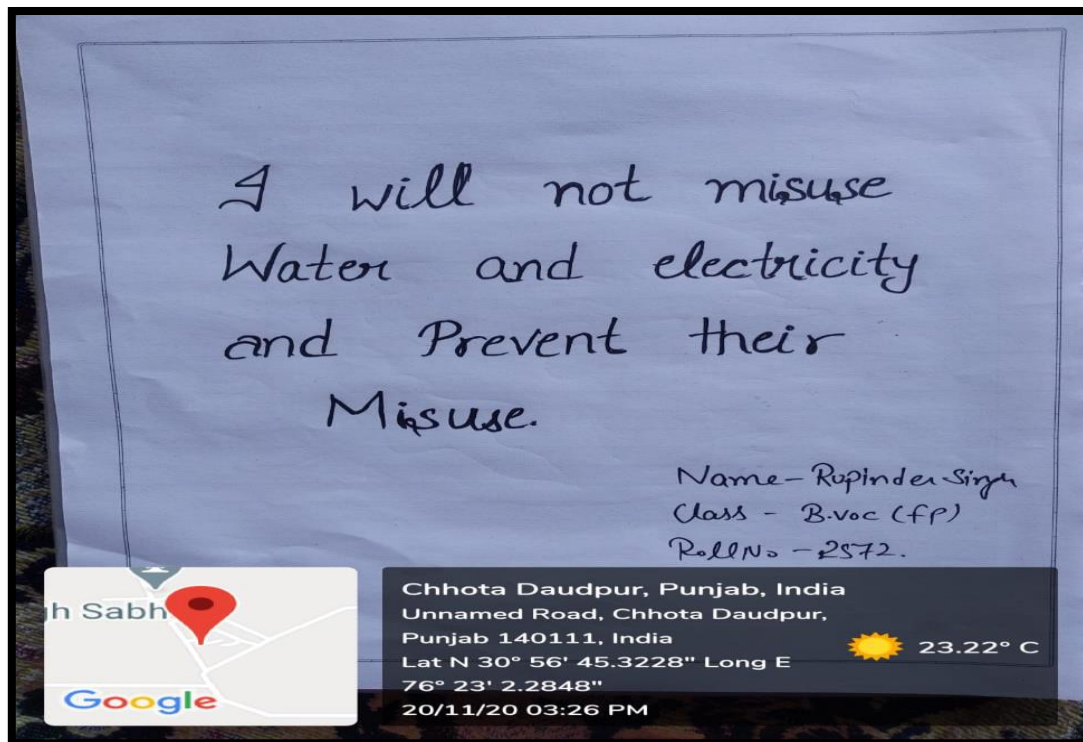
Name of Department- Biotechnology And Food Processing

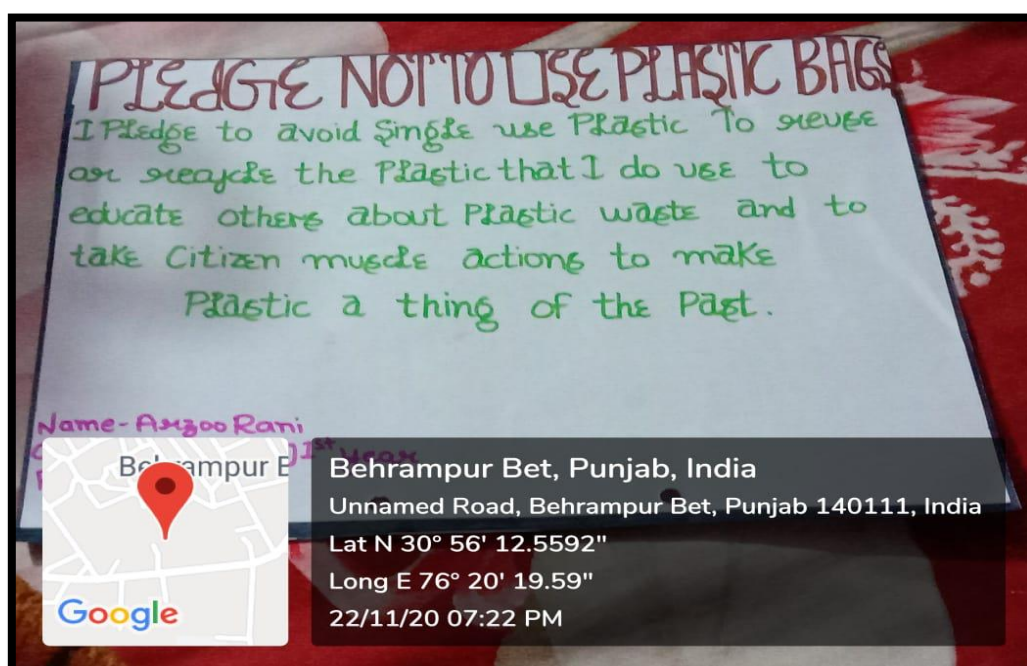
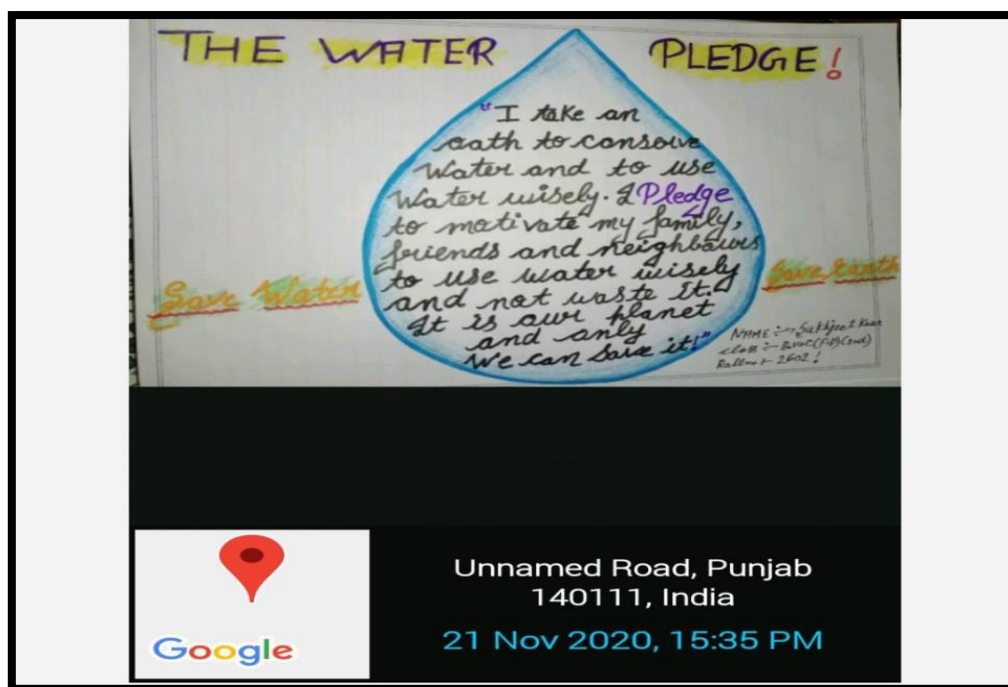
Participant Class- BVOC. FP 1ST, 2ND AND 3RD YEAR

Date: 21/11/2020

Value-based education is essential to develop an individual and help him/her lifelong in many ways: It gives a positive direction to the students to shape their future and even helps them to know the purpose of their life. Value education also helps the students to become more and more responsible and sensible. . Students were asked to present their ideas on what they think about saving their environment. They were told about the deadline and asked to send their responses before then.

- Students took pledge to save earth.
- Students expressed their ideas freely about what they can do to preserve our planet.
- Students got to know about the benefits of saving our planet.





ACTIVITY: QUIZ ON CONSTITUTION DAY

Name of Faculty: Navreet

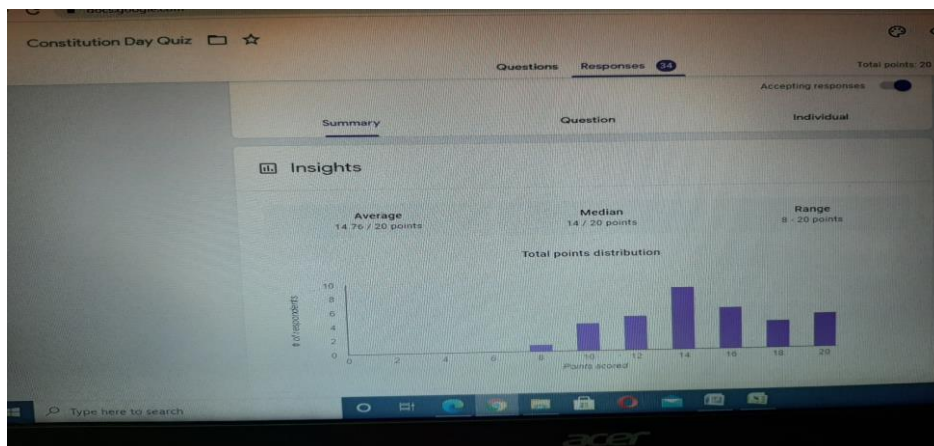
Name of Department- Biotechnology And Food Processing

Participant Class- BVOC. FP 1ST, 2ND AND 3RD YEAR

Date: 26/11/2020

Constitution Day also known as National Law Day, is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949,

the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950. The Government of India declared 26 November as Constitution Day on 19 November 2015. The year of 2015 was the 125th birth anniversary of Ambedkar, who had chaired the drafting committee of the Constituent Assembly and played a pivotal role in the drafting of the constitution. Constitution day was celebrated to spread the importance of the constitution and to spread thoughts and ideas of Ambedkar.



ACTIVITY: UNIVERSAL CHILDREN DAY

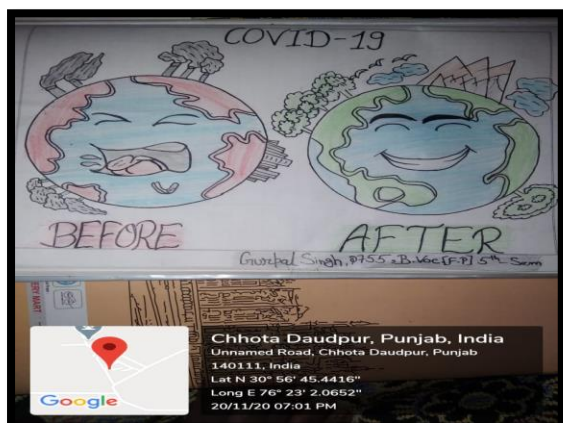
Name of Faculty: Navreet

Name of Department- Biotechnology And Food Processing

Participant Class: BVOC. FP 1ST, 2ND AND 3RD YEAR

Date: 20/11/2020

Children are the future of the nation and the citizens of tomorrow. They are the most promising, potent, and motivating population and can change the future of mankind. Children are the most vulnerable in the population in many countries. Thus, to spread awareness about improving children's welfare and to reduce abuses against children's World Children's day is observed every year. Universal Children's Day is observed on November 20 every year. Countries across the world celebrate children's day on different dates. In India Children's day is observed on November 14, every year. The day marks the birth anniversary of the first Prime Minister of India Pandit Jawaharlal Nehru. UNICEF organized a poster making competition on the occasion of UCD and children were encouraged to participate in it.





ACTIVITY: FACE PAINTING COMPETITION ON AIDS DAY

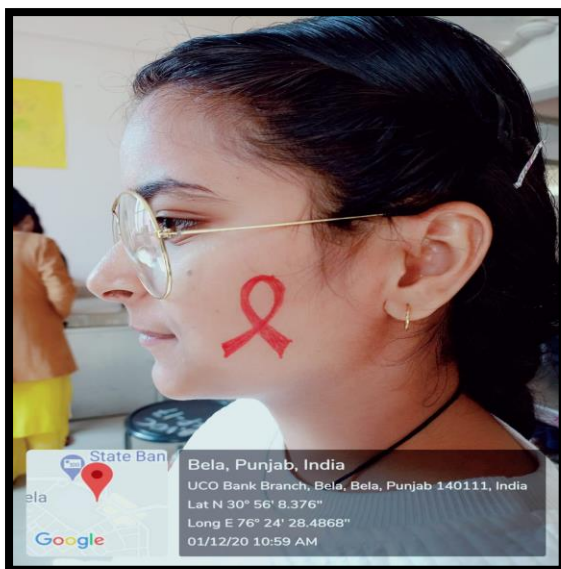
Name of Faculty: Navreet

Name of Department- Biotechnology And Food Processing

Participant Class- BVOC. FP 1ST, 2ND AND 3RD YEAR

Date: 1/12/2020

World AIDS Day takes place on 1 December each year. Globally, there are an estimated 38 million people who have the virus. Despite the virus only being identified in 1984, more than 35 million people have died of HIV or AIDS, making it one of the most destructive pandemics in history. Today, scientific advances have been made in HIV treatment, there are laws to protect people living with HIV and we understand so much more about the condition. Despite this, each year many people are diagnosed with HIV in India. People do not know the facts about how to protect themselves and others from this disease, and stigma and discrimination remain a reality for many people living with this problem. World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to raise money, increase awareness, fight prejudice and improve education. Face painting competition was organized and children were encouraged to participate in it.



ACTIVITY: SWACHH BHARAT ABHIYAN

Name of Faculty: A.P Manpreet Kaur

Name of Department- Biotechnology and Food Processing

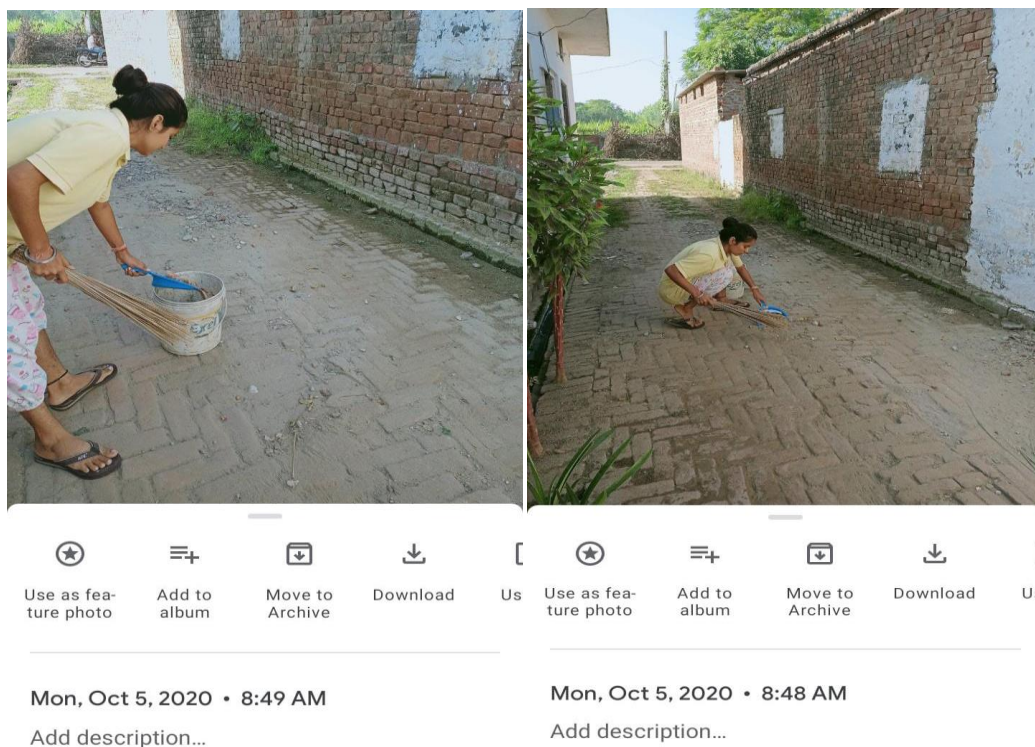
B.Voc. Food Processing 2nd & 3rd Year

Total No. Of students: 32

Date: 2 October, 2020

Department of Biotechnology & Food Processing organized cleanliness drive under SWACHH BHARAT ABHIYAAN Programme on the occasion of 151st Birth anniversary of Mohandas Karamchand Gandhi. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. The programme started at 9:30 a.m. Under this

programme, all the food processing and biotechnology students actively participated and made the activity successful. Even teachers were the essential part of this drive.



ACTIVITY: WORLD FOOD DAY 2020/CREATE POSTER OF YOUR FAVOURITE FOOD HERO AT WORK

Name of Faculty: A.P Manpreet Kaur

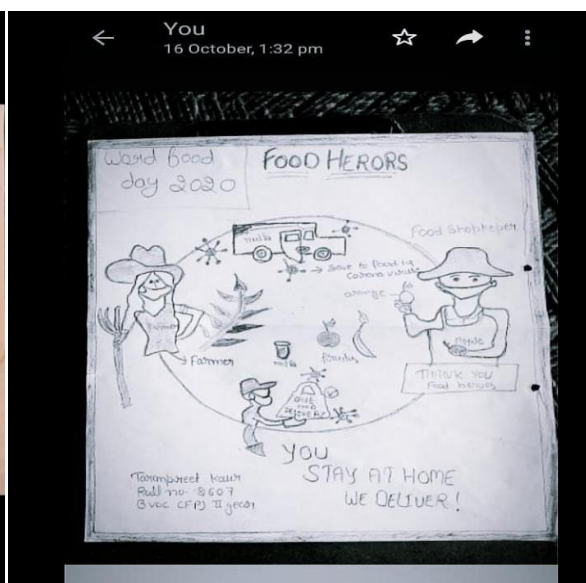
Name of Department- Biotechnology and Food Processing

B.Voc. Food Processing 2nd & 3rd Year

Total No. Of students: 25

Date 16 October, 2020

Department of Biotechnology and Food Processing organized a Poster making competition on the occasion of World food day. **World Food Day is celebrated on 16th October every year.** The date commemorates the founding of the Food and Agriculture Organization (FAO) by the United Nations (UN) in 1945. World Food Day has a theme Grow, Nourish, and Sustain together. Its aim is to raise awareness of areas and communities whose access to food has been affected by the corona virus pandemic. It also focuses on Food Heroes who work to produce healthy and sustainable food. The world is full of food hero's from farmers to drivers, shop assistants, food bank or government representative's etc. The main motive of these celebrations is to raise awareness about the food security and about the part of population in the world who are not able to have food security and suffers from hunger.



ACTIVITY: ESSAY WRITING COMPETITION ON THE OCCASION OF GURU NANAK JAYANTI

Name of Faculty: A.P Manpreet Kaur

Name of Department- Biotechnology and Food Processing

B.Voc. Food Processing 1st, 2nd & 3rd Year

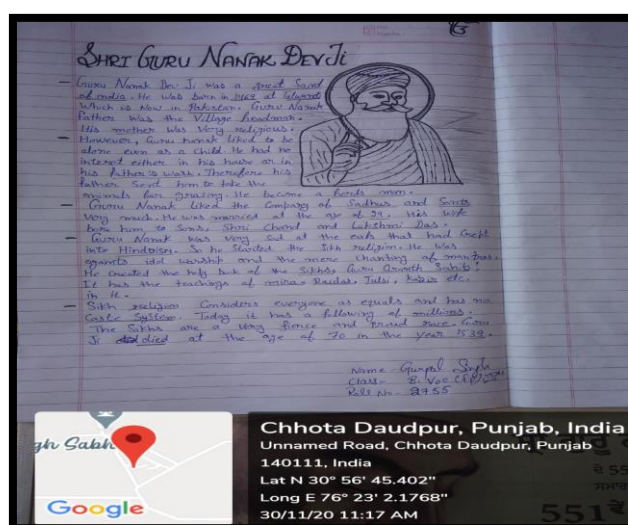
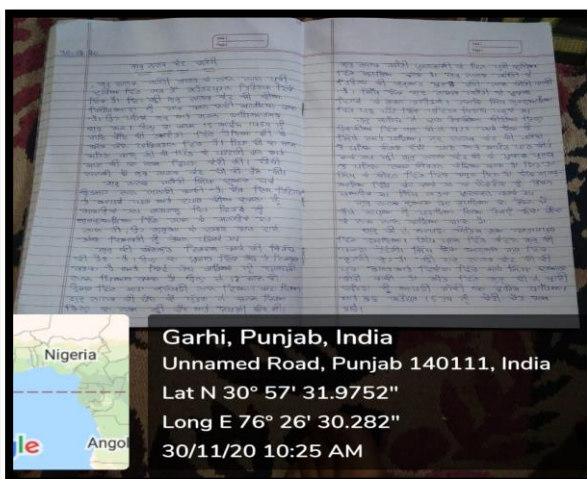
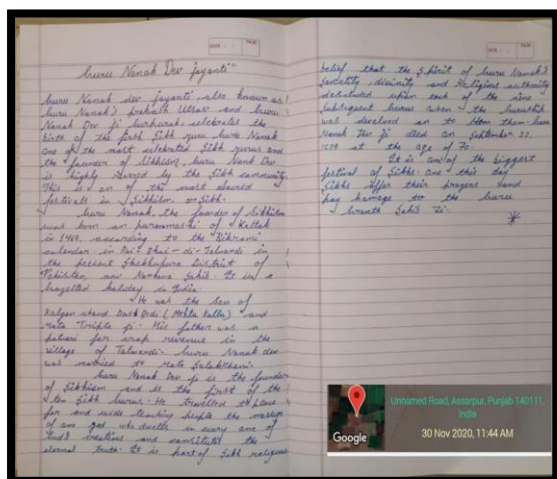
Total No. Of students: 52

Date: 30 November, 2020

Guru Nanak Dev Ji was the first of the ten Sikh gurus and the founder of Sikhism. His birth anniversary of is observed as 'Gurpurab' across the globe. Guru Nanak travelled widely to spread the message of oneness and compassion. This year Guru Nanak Jayanti will be celebrated on the 30th of November 2020. Students should reconnect with Guru Nanak Dev Ji's teachings, principles and ideals. Department of Biotechnology & Food Processing organized

an Essay Writing Competition on the Life of Guru Nanak Dev Ji. Students of Biotechnology & Food Processing departments participated in this event. This event was all about writing one's views on the Life of Guru Nanak Dev Ji (The first Guru of Sikhs). Participants involved actively in the event and tried to cover every aspect of life of Guru Nanak Dev Ji in their essay.

- Students will get knowledge about Punjab history and knowledge
- Students will apply guru Nanak's teachings in their life



ACTIVITY: SLOGAN WRITING COMPETITION ON WORLD AIDS DAY 2020

Name of Faculty: A.P Manpreet Kaur

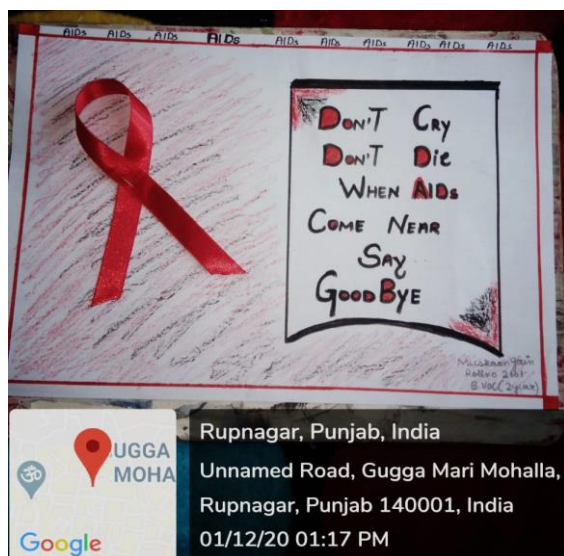
Name of Department- Biotechnology and Food Processing

B.Voc. Food Processing 1st , 2nd & 3rd Year

Total No. Of students: 46

Date: 1 December, 2020

World AIDS Day is observed on December 1st every year. The day was first observed in 1988 after which each year several organizations and individuals across the world come together on this day to increase HIV awareness. The aim of the competition was to spread awareness about HIV/AIDS through the slogans prepared by the students. Nearly 46 participants who participated in this competition wrote slogans on AIDS prevention, against discrimination associated with AIDS, AIDS Awareness, etc. Activities were organized not only to mark the significance of maintaining good health but also for causes & prevention of AIDS. The students were made aware and educated to handle the situation if someone in the family suffers from the disease



ACTIVITY: INTERNATIONAL DAY OF PERSON WITH DISABILITIES

Name of Faculty: A.P Manpreet Kaur

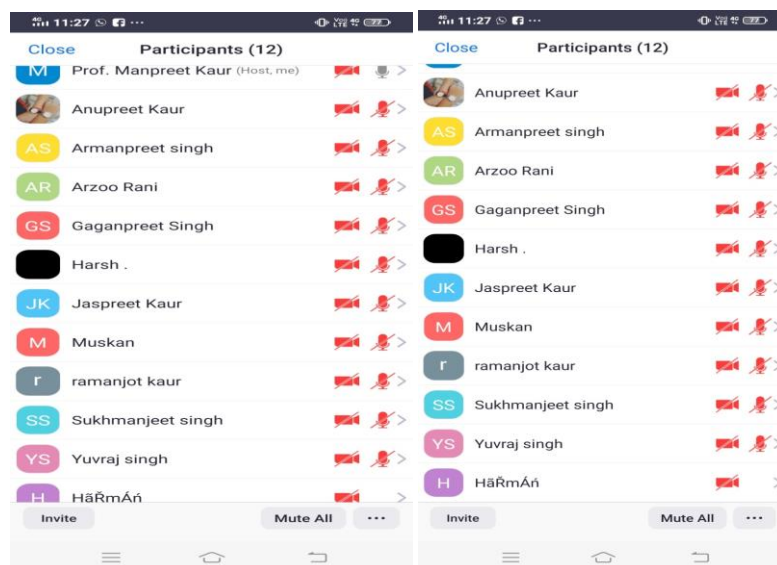
Name of Department- Biotechnology and Food Processing

Participated Class: B.voc 1st Year

Total No. Of students: 20

Date: 3 December, 2020

International Day of Persons with Disabilities (December 3) is an international observance promoted by the United Nations since 1992. It has been observed with varying degrees of success around the planet. The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life. It was originally called "International Day of Disabled Persons" until 2007. We have organised the seminar on this occasion. The goal is to promote the rights and well-being of persons with disabilities in all spheres of society. It aims to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.



ACTIVITY: SEMINAR ON GENDER EQUALITY

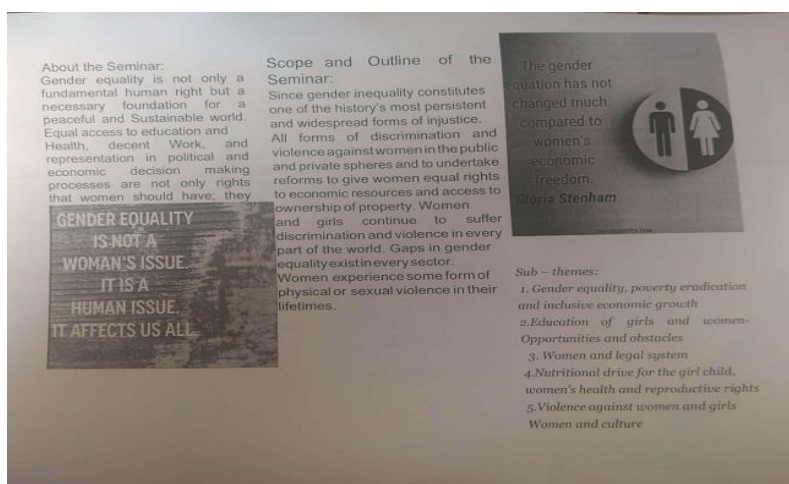
Name of Faculty: Ishu Bala

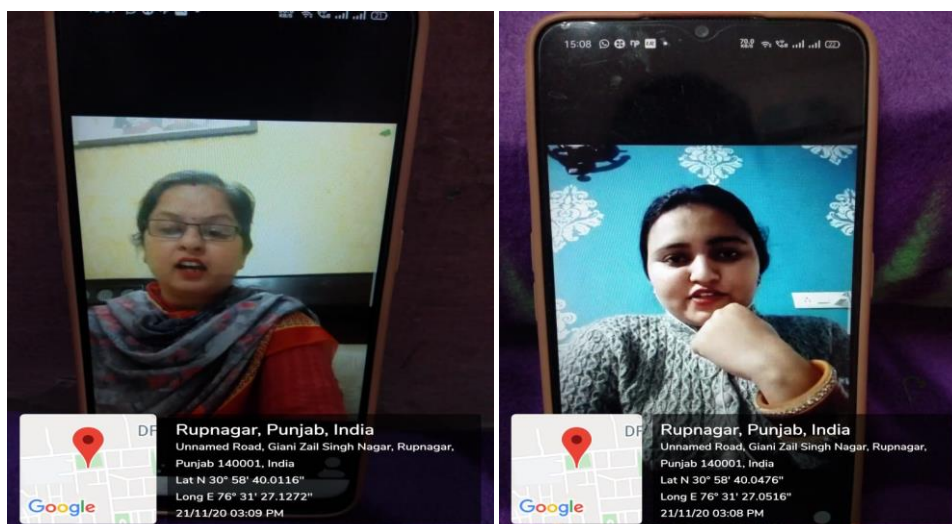
Name of Department- Department Of Commerce

Date: 21st Nov 2020

Asstt Prof Ishu bala arranged this session with the help of department of commerce. All the teachers of commerce department were part of this session. Asstt Prof Amandeep kaur welcomed the speaker of this programme. A seminar for "GENDER EQUALITY AND SUSTAINABLE DEVELOPMENT" was conducted on 21st Nov 2020 lecture delivered by Asstt Prof. Neeru Chopra (Political Science Department, Govt College Ropar). She discussed her valuable views on gender discrimination with the help of variety of example's. programme consist of different topics -

1. Gender equality, poverty eradication and inclusive economic growth
2. Education of girls and women Opportunities and obstacles
3. Women and legal system
4. Nutritional drive for the girl child, women's health and reproductive rights
5. Violence against women and girls Women and culture





ACTIVITY: PROGRAMME ON EFFECTIVE COMMUNICATION SKILLS

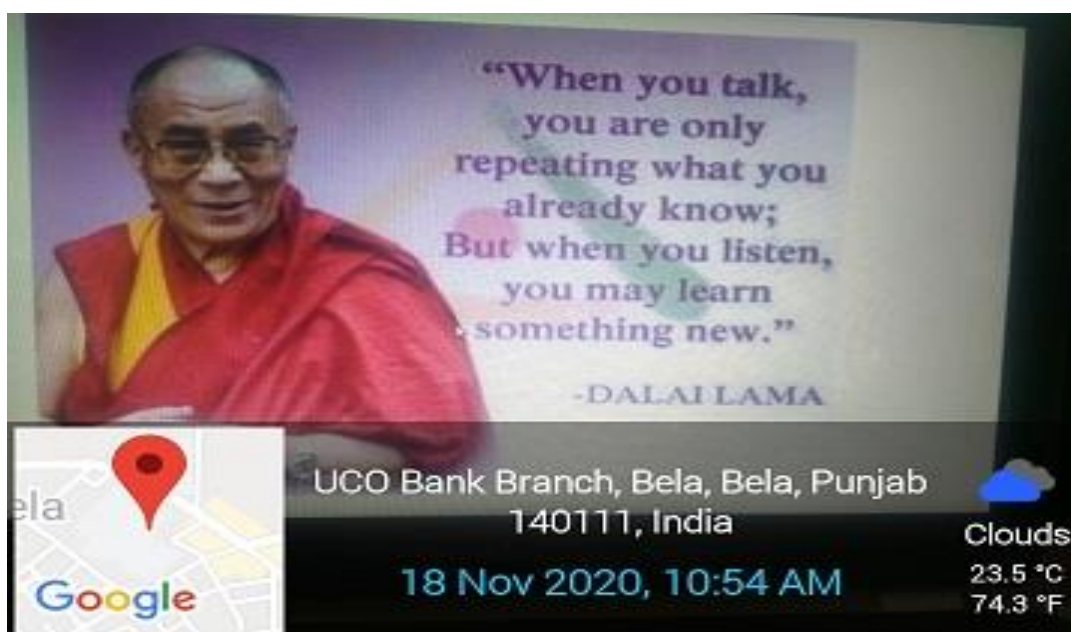
Name of Faculty: ISHU BALA

Name of Department- COMMERCE

Date: 18TH Nov 2020

Asstt prof Ishu Bala Arranged this session. Total 22 students were part of this session..In this programme we discuss about Dalai lama views on communication and go through his most favourite learning from His Holiness, is the quote about communication which says – “When you talk, you are only repeating what you already know. and explain the ways of communication through this students improve their personality,talking,writing and listening

The Objective of Programme on Communication skill is essential for the successful future career of a student. In today’s competitive world, communication skills are the most sought after quality of an educated person. Reading, writing and listening carefully are the three most important communication skills for students.





ACTIVITY: SEMINAR ON SOFT SKILLS

Name of Faculty: ISHU BALA

Name of Department- COMMERCE

Date: 17TH Nov 2020

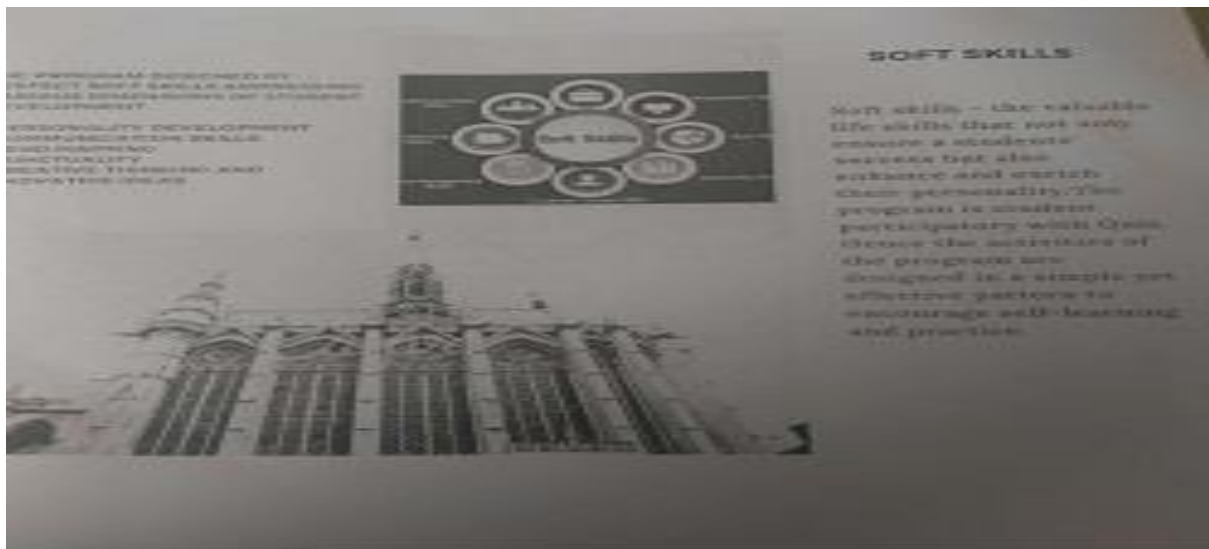
Asstt prof Ishu bala organised a online programme on life skills. Total 22 students of b.com-2 class participated in this programme. In this session we discussed different levels of skills. End of the session we arranged a quiz session related to seminar.

The Programme consists of:

- Personality development
- Communication skills
- Creative thinking and Innovative Ideas

Students get aware about the Self-Awareness, Personal Development, and Life Skills and improve their communication skill.





Communication Skills - Life Skills

Played on	17 Nov 2020
Hosted by	Hodcommercebela
Played with	18 players
Played	14 of 14

Overall Performance

Total correct answers (%)	74.60%
Total incorrect answers (%)	25.40%
Average score (points)	9912.94 points

Feedback

Number of responses	0
How fun was it? (out of 5)	0.00 out of 5
Did you learn something?	0.00% Yes
Do you recommend it?	0.00% Yes
How do you feel?	<input checked="" type="radio"/> 0.00% Positive

ACTIVITY: DOCUMENTARY ON GANDHI JI AND LAL BAHADUR SHASTRI JI

Name of Faculty: ISHU BALA

Name of Department- COMMERCE

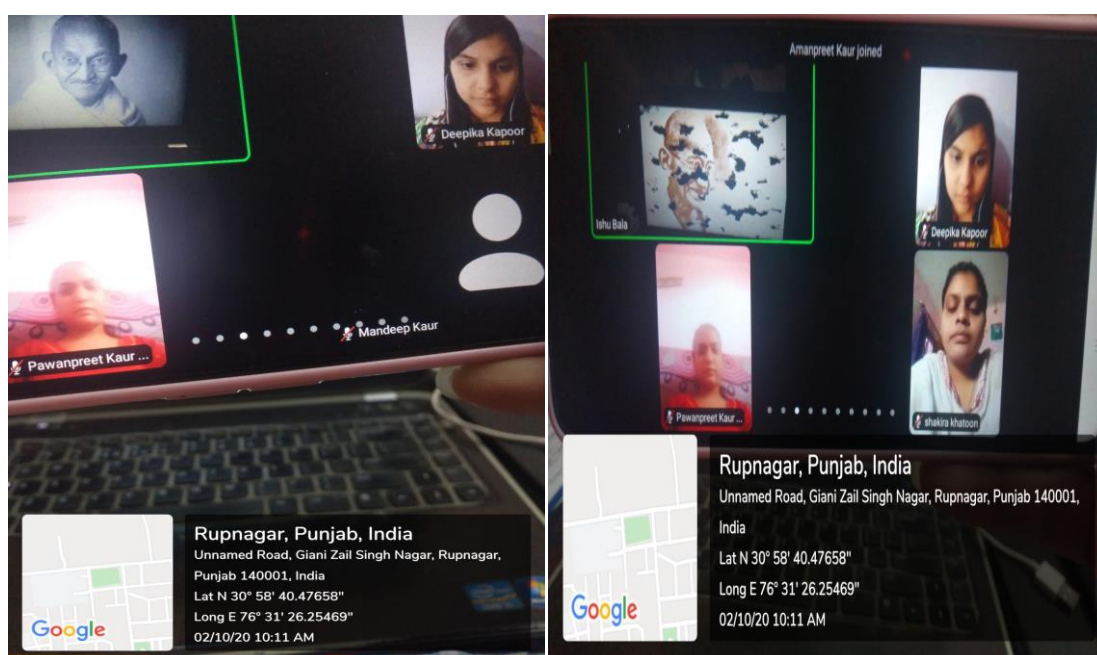
Date: 2nd Oct 2020

To commemorate the birthday of Mahatma Gandhi, A.S.B.A.S.J.S.M COLLEGE, BELA students conducted a Special Assembly on Gandhi Jayanti. The celebrations for Gandhi Jayanti started welcomed all the teachers and students for explained the significance of the day. Students from department of commerce participated in the programme that was aimed towards creating awareness and inculcating Gandhian values of humanity, brotherhood and secularism. Asstt prof Ishu bala organised a Documentory session on Gandhi ji and Lal babahdur shastri ji life story. With the help of this session we provided Value-based education. Total 87 students participated in this session.

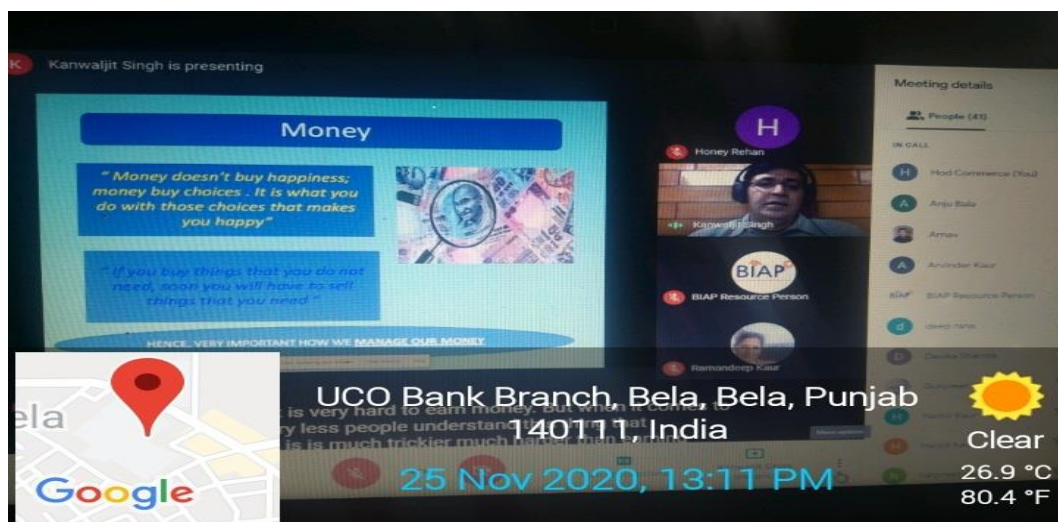
The objectives of this session emphasized on simplicity, kindness, truth, and non-violence as his life's mantra. These are the essential things that we as students have to learn and follow from him. Moreover, he wanted the youth of today to follow moral values. His ideas and philosophy teach us a lot about his morals and principles.

Changing Lessons to learn from Gandhi ji:-

1. Change Yourself First.
2. Strength Through Peace.
3. Violence is Unnecessary.
4. Pursue the truth.
5. Watch your thoughts







ACTIVITY: POSTER MAKING & ESSAY WRITING ON RENEWABLE ENERGY

Name of Faculty: Amandeep Kaur

Name of Department- Commerce

Date: 28 Oct, 2020

Department of Commerce organized an online competition of Poster Making and essay writing on renewable energy. A total of 21 students participated in this competition. Students sent their posters and essay on renewable energy via whatsapp. The students displayed the best of their talent and were actively involved in the activity.

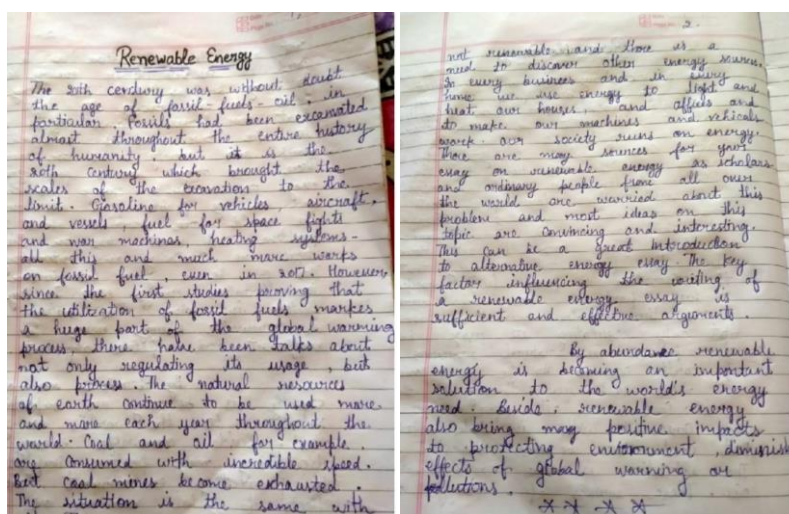
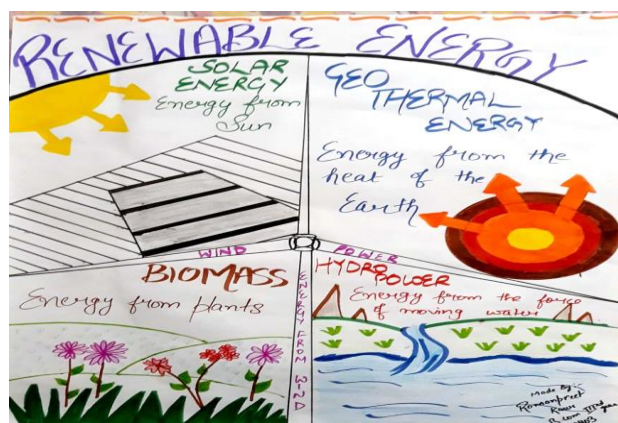
Results of Poster Making:

1 st position	Romanpreet Kaur	B.Com 3
2 nd position	Komal Arora	B.Com 3
3 rd position	Ruchika Joshi	B.Com 3

Results of Essay Writing:

1 st position	Harjit Kaur	B.Com 3
2 nd position	Harkirat Singh	B.Com 3





ACTIVITY: RANGOLI MAKING, DIYA MAKING AND DIWALI GREETING CARD MAKING COMPETITION.

Name of Faculty- Amandeep Kaur

Name of Department- Commerce

Date: 14 Nov, 2020

Department of Commerce organized this event on occasion of diwali celebration. A total of 21 students participated in this competition. Students sent their rangoli, diya and Diwali greeting cards via whats app. The students put their best foot forward and took part in the competition with zest. Innovation and creation are the words that best describes their efforts. The colourful and vibrant rangolis, diya and greeting cards presented a picture of festivity.

Result of Rangoli Competition:

1 st prize	Ruchika Joshi	2405	B.Com 3
2 nd prize	Kamalpreet Kaur	2231	B.Com 1
3 rd prize	Baljeet Kaur	2203	B.Com 1

Results of Diya Making:

1 st prize	Raj Kumari	2407	B.Com 3
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2nd prize Himanshi Nagi 2417 B.Com 3

Results of Diwali Greeting Card Making:

1st prize Ruchika Joshi 2405 B.Com 3

2nd prize Payal Sharma 2322 B.Com 2





ACTIVITY: POEM RECITATION COMPETITION ON 'FARMERS'

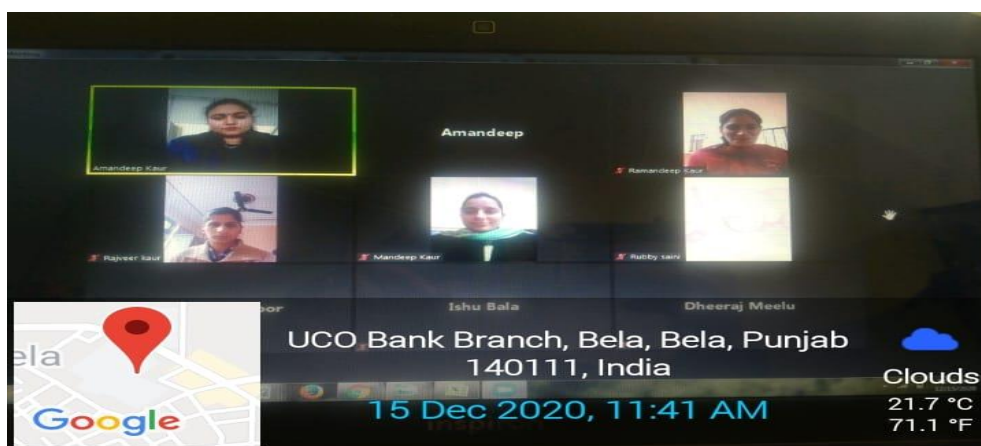
Name of Faculty- Amandeep Kaur

Name of Department- Commerce

Date: 15 Dec, 2020

Department of Commerce organized a poem recitation competition on “Farmers”. A total of 25 students participated in this competition. Students came up with their poems on farmer’s life, farmer bill and farmer protest. Prof. Ishu Bala and Prof. Mandeep Kaur give their judgment in this competition. Students were judged on the parameters like confidence, voice modulation, memorization and overall presentation. Students participated with a great zeal and enthusiasm. The winners of this competition are as follows:

1st Position Deepika Kapoor B.com 1
2nd Position Harjot Kaur M.com 1
3rd Position. Rubby Rani. M.com 1



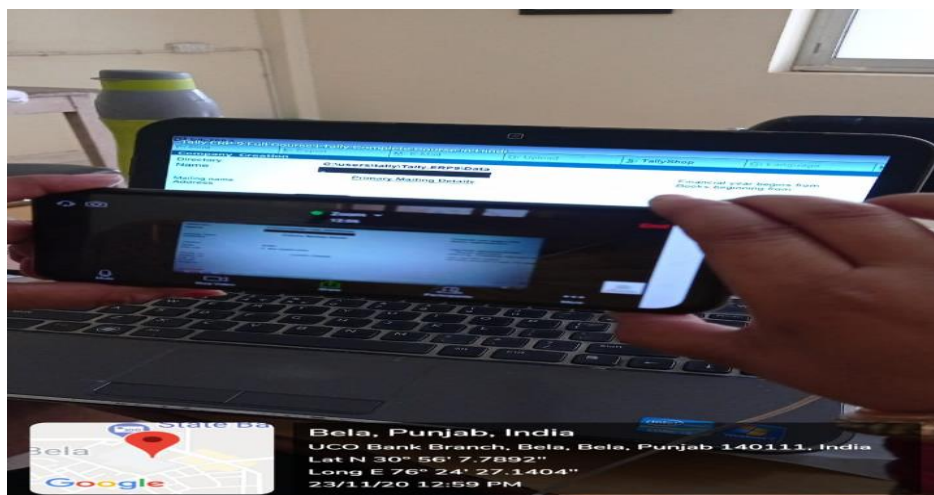
ACTIVITY: TRAINING TUTORIAL FOR TALLY ERP 9.

Name of Faculty- Amandeep Kaur

Name of Department- Commerce

Date: 23 Nov, 2020

Department of Commerce arranged an online training tutorial of Tally ERP 9. A total of 43 students participated in this programme. Assistant Professor Amandeep Kaur provides a detailed tutorial of Tally ERP 9. Tally ERP 9 is accounting software designed for small and medium scale enterprises. Students were provided tally tutorial by online mode on Zoom. This programme helped the students to learn the basics of tally and provides a platform to acquire knowledge of e-accounting.



ACTIVITY: SLOGAN WRITING COMPETITION ON AIDS

Name of Faculty- Amandeep Kaur

Name of Department- Commerce

Date: 1 Dec, 2020

Department of Commerce organized a slogan writing competition on World Aids Day. A total of 22 students participated in this competition. Students sent their slogans via email. The students put their best foot forward and took part in the competition with zest. Innovation and creation are the words that best describes their efforts.

Result of Slogan Writing Competition:

1 st prize	Baljeet Kaur	2203	B.Com 1
2 nd prize	Yash Saini	2266	B.Com 1
3 rd prize	Karamjit Kaur	2415	B.Com 3



ACTIVITY: COMMUNITY SERVICE PROGRAMME.

Name of Faculty: Mandeep Kaur

Name of Department- Department of Commerce

Date: 19TH Nov 2020

Department of Commerce has organized “Community Service Programme” on 19 Nov, 2020 in which 19 students from M.com 2nd participated. AP Ishu Bala, HOD, along with staff and students of M.com donated clothes to needy people through “BOX OF KINDNESS”. Prof Ishu Bala said that “The event proved to be an eye-opener for students, teaching them most important lesson of education is developing the feelings of empathy and responsibility”. AP Mandeep Kaur, organizer highlighted the objectives of this programme.



ACTIVITY: COMMERCIAL LOGO COMPETITION.

Name of Faculty: Mandeep Kaur

Name of Department- Department of Commerce

Date: 26TH Nov 2020

Department of Commerce has organized online “Commercial logo Competition” on 26 Nov, 2020 in which 17 students from M.com and B.com participated. The logo was send by students on department email ID. The judges of the competition were Prof. Gurlal Singh, HOD of Department of Management studies and Prof. Rakesh Joshi HOD of Department of Computer Science. AP Mandeep Kaur, event incharge provided all the required information to the students for successful conducting the event. The winners were awarded with the E-certificates .The result of the competition is as follow:-

- | | | |
|-----------------------------|-----------------|-----------|
| 1. 1 ST Position | Romanpreet Kaur | B.com-III |
| 2. 2 nd Position | Karamjeet Kaur | B.com-III |
| 3. 3 rd Position | Prabhjeet Singh | B.com-I |

The aim behind conducting this competition was to check the creative and artistic skills of the students and also aware the students about various commercial logos so that they can easily identify the entity with their logo.



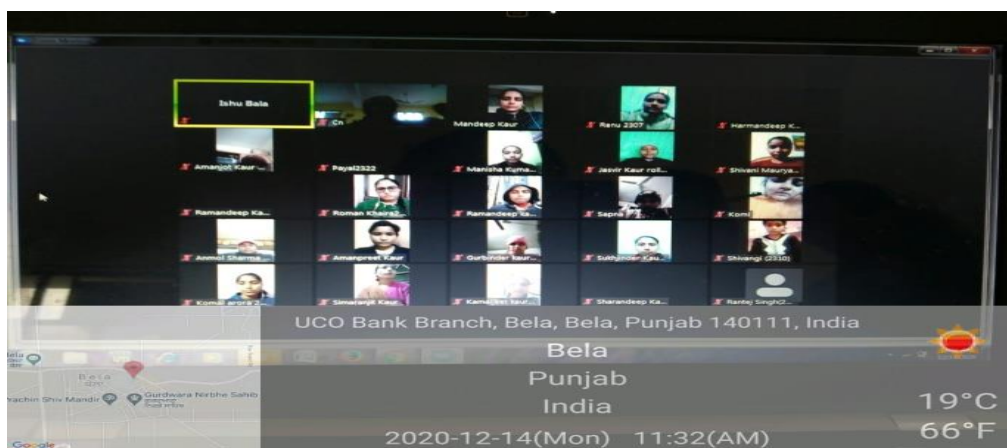
ACTIVITY: WORKSHOP ON “HOW TO APPEAR IN ONLINE EXAM”

Name of Faculty: Mandeep Kaur

Name of Department- Department of Commerce

Date: 14 Dec, 2020

Department of Commerce has organized Workshop on “How to appear in online exam” on 14 Dec, 2020 for B.com-II, B.com-III and M.com-II from 11am to 12pm. Prof. Mandeep Kaur said that how to scan your answer sheets and make PDF file and how to attach your files before sending mail. Prof. Ishu Bala, HOD Department of Commerce also explained about guidelines of online final exam like paper pattern, timing of exam and format of answer sheets.



ACTIVITY: PAPER READING COMPETITION

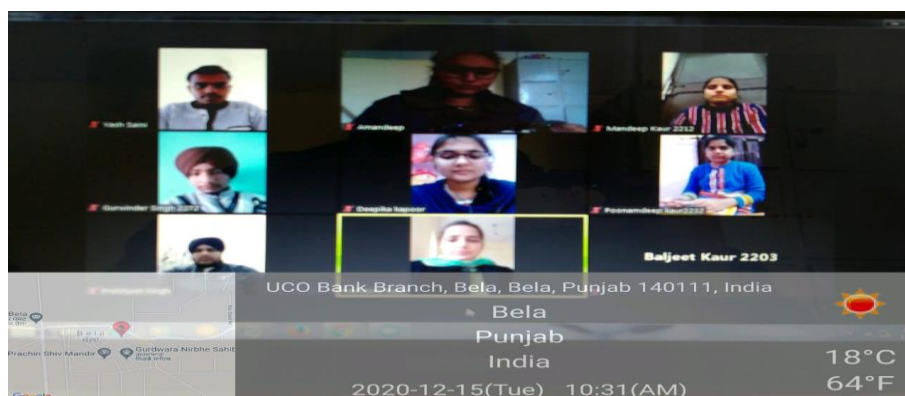
Name of Faculty: Mandeep Kaur

Name of Department- Department of Commerce

Date: 15 Dec, 2020

An Online paper Reading Competition was organized by Department of Commerce on 15Th Dec,2020 from 11AM to 12PM for the students of B.com-I. The presenters were allowed to speak for maximum 5 minutes. Ishu Bala said that such events are necessary to bring out the innate talent and build up the confidence of the students who have recently stepped into college life. Students spoke on current topics such as Farm Bills, online Education, Covid-19 and Mental Health. The judges, Dr. Harpreet Kaur and Prof. Raveena Saini assessed the students on the basis of content, confidence and command on the language. AP Mandeep Kaur, event incharge provided all the required information to the students for successful conducting the event. The result of the competition is as follow: -

- | | | |
|-----------------------------|------------------|------|
| 1. 1 ST Position | Ponamdeep Kaur | 2232 |
| 2. 2 nd Position | Yash kumar saini | 2266 |
| 3. 3 rd Position | Mandeep Kaur | 2212 |



ACTIVITY: ONLINE SPEECH COMPETITION ON HUMAN RIGHTS.

Name of Faculty: Mandeep Kaur

Name of Department- Department of Commerce

Date: 10TH Dec,2020

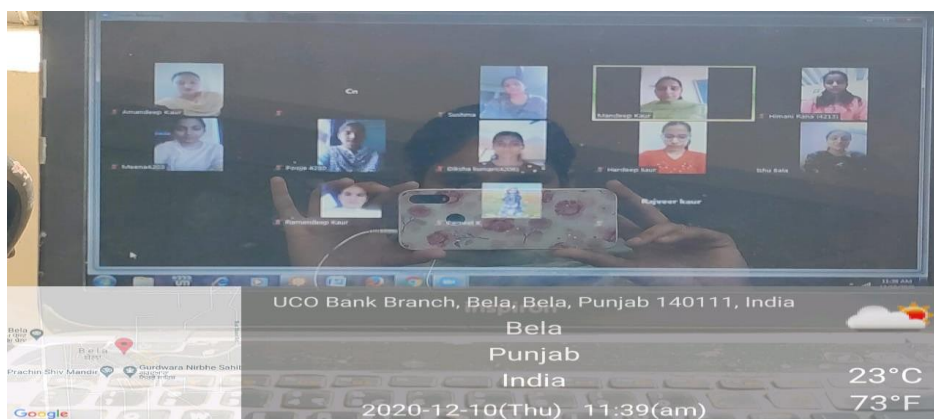
Department of Commerce has organized Online Speech Competition for class M.com 1ST year on 10 Dec, 2020. The topic of the competition was “Human Rights”. The speeches of the students were very informative and the students were very confident. The duration of the competition was 4 minutes. The judges of the competition were Prof. Ishu Bala, HOD of Department of Commerce and Prof. Amandeep Kaur. AP Mandeep Kaur, event incharge provided all the required information to the students for successful conducting the event. The winners were awarded with the certificates. The result of the competition is as follow: -

- | | | |
|-----------------------------|--------------|------|
| 1. 1 ST Position | Hardeep Kaur | 4210 |
| 2. 2 nd Position | Meena | 4203 |

3. 3rd Position

Diksha Kumari

4206



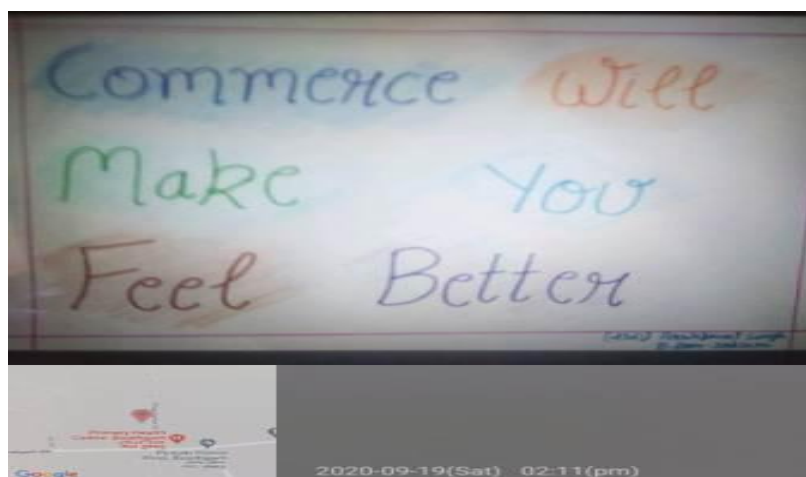
ACTIVITY: POSTER AND SLOGAN MAKING COMPETITION.

Name of Faculty: Ramandeep Kaur

Name of Department- Department of Commerce

Date; 19 September, 2020

Department of Commerce has organized a 'Poster and Slogan Making Competition' on 19th September, 2020 in which 18 students from B.com 2nd participated. The students are encouraged to participate in this activity and told to make posters on the topic of Commerce and its new trends. AP Ramandeep Kaur organizes this activity online and the best posters and slogans are chosen and the main objective of organising this activity is explained to the students.



ACTIVITY: GUEST LECTURE ON CAPITAL MARKET AND MUTUAL FUNDS.

Name of Faculty: Ramandeep Kaur

Name of Department- Department of Commerce

Date: 09 October, 2020

Department of Commerce has organized a guest lecture on 'Development of capital market and mutual funds' in India. The lecture is given by Mr. Kanwaljit Singh (CEO of PROFTRAIN MENTORS LLP). Around 50 Students of M.Com and B.com attended this lecture. AP Ramandeep Kaur in charge of this activity provided information to the students about the activity.



ACTIVITY: ESSAY WRITING COMPETITION ON NATIONAL POLLUTION CONTROL DAY.

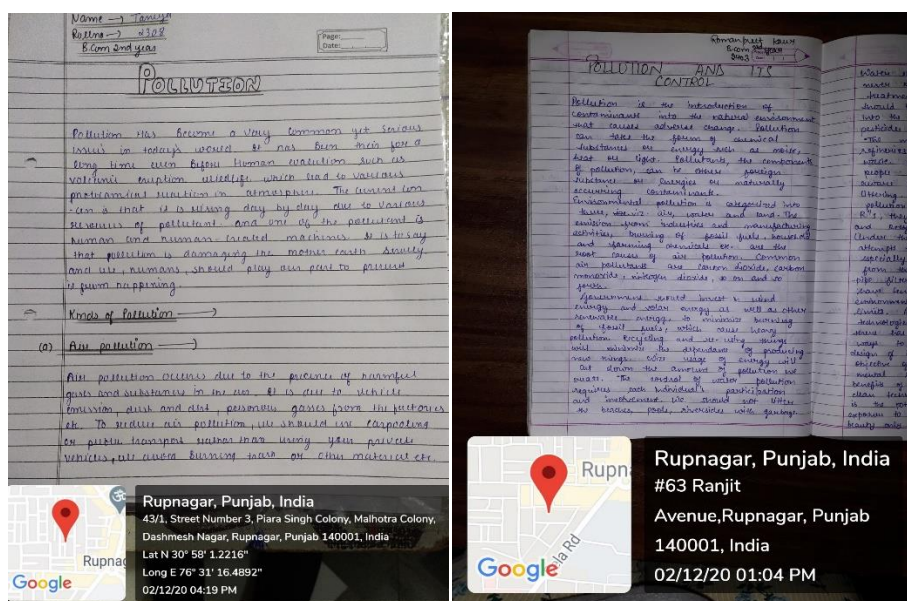
Name of Faculty: Ramandeep Kaur

Name of Department- Department of Commerce

Date: 2nd December 2020

Department of Commerce has organized a 'Essay Writing Competition on National Pollution Control Day' on 2nd December, 2020 in which total 15 students of B. Com-II and B.com-III participated. The students are encouraged to participate in this activity and to become environmental conscious. AP Raman deep Kaur organized this activity online. The result of this competition is as follows:

- | | | |
|-----------------------------|-----------------|-----------|
| 1. 1 st Position | Romanpreet Kaur | B.com-III |
| 2. 2 nd Position | Taniya | B.com-II |
| 3. 3 rd Position | Rupinder Kaur | B.com-II |



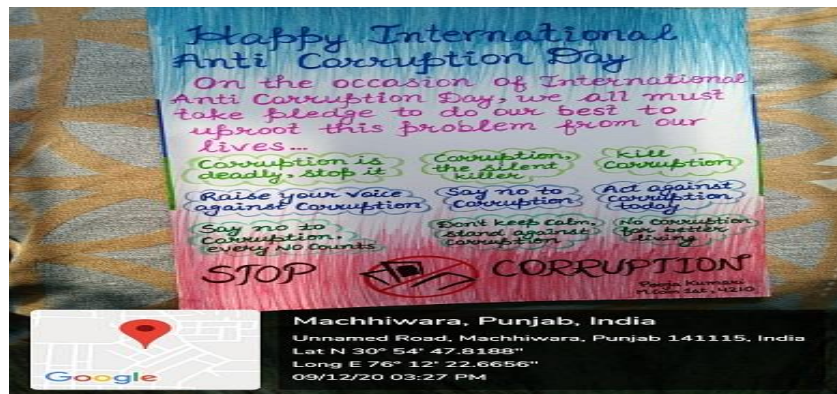
ACTIVITY: SLOGAN WRITING COMPETITION ON ANTI-CORRUPTION DAY.

Name of Faculty: RAMANDEEP KAUR

Name of Department- DEPARTMENT OF COMMERCE

Date: 9th December 2020

Department of Commerce has organized a 'Slogan 'Essay Writing Competition on Anti-Corruption Day' on 9th December, 2020 in which total 12 students of M.com-I participated in this competition. AP Ramandeep Kaur organized this activity and encourage the students to participate in this activity so that they can aware themselves about the important social issue of the country that is corruption.



ACTIVITY: REASONING AND APTITUDE TEST

Name of Faculty: RAMANDEEP KAUR

Name of Department- DEPARTMENT OF COMMERCE

Date: 14th December, 2020

Department of Commerce has organized a 'Reasoning and Aptitude Test' on 14th December 2020 in which 27 students of M. Com-I and M. Com-II participated. This activity was mainly organized for testing the student's reasoning skills and to prepare them for competitive exams. A.P. Ramandeep Kaur conduct this activity through google forms in the form of a quiz.

Untitled form (Responses)									
File Edit View Insert Format Data Tools Form Add-ons Help									
Arvinder kaur									
	A	B	C	D	E	F	G	H	
1	Timestamp	Email Address	Score	Name	Roll No.	Class	1. The next term in the sr 2. The next term in the sr 3. If the		
2	12/14/2020 10:09:45	kapoorkomal431@gmail.com		1/10 Komal		4304 M.com	50 JS6I		HLZEC
3	12/14/2020 10:09:48	jk2990319@gmail.com		1/10 Jaspreet kaur		4313 M.com (sem 3rd)	62 JS6Q		ZEHO
4	12/14/2020 10:13:11	singhharpreet559@gmail.com		10/10 Harjot Kaur		4201 M.Com sem1	50 JS6Q		LQOOI
5	12/14/2020 10:13:55	sarabj0035@gmail.com		10/10 Sarabjit Singh		4354 M.com 2nd (sem 3rd)	50 JS6Q		LQOOI
6	12/14/2020 10:15:11	anjubala31789@gmail.com		9/10 Anju bala		4205 M.com 1sem 1	50 JS6Q		LQOOI
7	12/14/2020 10:15:20	kumariakulma999@gmail.com		10/10 Sudhama kumari		4202 M.com 1st sem	50 JS6Q		LQOOI
8	12/14/2020 10:15:34	sapnaranas966@gmail.com		10/10 Meena Rani		4203 M.com 1st	50 JS6Q		LQOOI
9	12/14/2020 10:17:24	arvinderkaur9291@gmail.com		10/10 Arvinder kaur		4302 M.com 2nd	50 JS6Q		LQOOI
10	12/14/2020 10:19:37	jasleen084@gmail.com		9/10 Jasleen Kaur		4207 M.com 1	50 JS6Q		LQOOI
11	12/14/2020 10:21:45	jeetsharan658@gmail.com		9/10 Sharanjeet Kaur		4308 M.com	50 JS6Q		LQOOI
12	12/14/2020 10:22:11	sapnakakkar1596@gmail.com		9/10 Sapna		4305 M.com 2nd (Sem 3rd)	50 JS6Q		LQOOI
13	12/14/2020 10:24:20	14069sharpreet@gmail.com		10/10 Harpreet		4357 M.com	50 JS6Q		LQOOI
14	12/14/2020 10:25:07	GAGN7600@GMAIL.CO		9/10 GAGANDEEP SINGH		4351 M.com	50 JS6Q		LQOOI
15	12/14/2020 10:26:24	prabjotkaur93@gmail.com		7/10 Prabjot kaur		4301 M.com 3rd semester	50 JS6Q		LQOOI
16	12/14/2020 10:28:34	pooja96805@gmail.com		10/10 Pooja Kumari		4210 M.com 1st Semester	50 JS6Q		LQOOI
17	12/14/2020 10:29:09	simranjit008@gmail.com		8/10 Simranjit Kaur		4309 M.Com 2nd (3rd sem)	50 JS6Q		LQOOI
18	12/14/2020 10:30:31	manpreetkaur07291@gmail.com		1/10 Manpreet Kaur		4306 M.com 3sem	50 JS6I		ZEHO
19	12/14/2020 10:35:39	gurindercherry7@gmail.com		9/10 Gurinder Singh		4352 M.com 2nd	50 JS6Q		LQOOI
20	12/14/2020 10:38:27	788831nha@gmail.com		9/10 Shakira khatoun		4307 M.Com -2	50 JS6Q		LQOOI
21	12/14/2020 10:38:16	Himani9334@gmail.com		10/10 Himani Rana		4213 M.com (1st sem)	50 JS6Q		LQOOI

	A	B	C	D	E	F	G	H
	Timestamp	Email Address	Score	Name	Roll No.	Class	1. The next term in the s	2. The next term in the s
14	12/14/2020 10:25:07	GAGN7600@GMAIL.CO	9 / 10	GAGANDEEP SINGH	4351	M.com	50	J58Q
15	12/14/2020 10:26:24	prabotkaur03@gmail.co	7 / 10	Prabot kaur	4301	M.com 3rd semester	50	J58Q
16	12/14/2020 10:28:34	pooja96805@gmail.com	10 / 10	Pooja Kumari	4210	M.com 1st Semester	50	J58Q
17	12/14/2020 10:29:09	simranjit005@gmail.com	8 / 10	Simranjit Kaur	4309	M.com 2nd (3rd sem)	50	J58Q
18	12/14/2020 10:30:31	manpreetkaur07251@gmail.c	1 / 10	Manpreet Kaur	4306	M.com 3rd sem	50	J58Q
19	12/14/2020 10:35:39	gurindercherry7@gmail.c	9 / 10	Gurinder Singh	4352	M.com 2nd	50	J58Q
20	12/14/2020 10:38:27	788531sha@gmail.com	9 / 10	Shikha khatun	4307	M.com -2	50	J58Q
21	12/14/2020 10:39:16	Himani9334@gmail.com	10 / 10	Himani Rana	4213	M.com (1st sem)	50	J58Q
22	12/14/2020 10:40:30	amanpreet8850@gmail.c	10 / 10	Amanpreet kaur	4303	M.com 3rd sem	50	J58Q
23	12/14/2020 10:41:52	meelu084@gmail.com	10 / 10	Dheera Meelu	4212	M.com 1	50	J58Q
24	12/14/2020 10:41:57	Kaurpani162@gmail.com	8 / 10	Parneetkaur	4209	M.com-1	50	J58Q
25	12/14/2020 10:44:01	dikshakumari72519@gmail	10 / 10	Diksha kumari	4206	M.com-1	50	J58Q
26	12/14/2020 10:48:28	ra281382@gmail.com	10 / 10	Rajveer kaur	4211	M.com 1st sem.	50	J58Q
27	12/14/2020 10:51:41	rubbyasaini0774@gmail.c	9 / 10	Rubby saini	4208	M.com-1	50	J58Q
28	12/14/2020 10:52:08	narinder001997@gmail.c	9 / 10	Narinder Kumar	4353	M.com 3rd Sem	50	J58Q
29	12/14/2020 10:52:12	hardeepkrkar1999@gmail	10 / 10	Hardeep kaur	4214	M.com 1st sem	50	J58Q
30	12/14/2020 11:20:09	veerk3591@gmail.com	6 / 10	Amrit kaur	4310	M.com 2nd year (3rd ser	50	J58Q

ACTIVITY: CRACKER FREE DIWALI CELEBRATION (LAMP MAKING COMPETITION)

Name of Faculty: Dr. Ketanpreet Kaur (Assistant Professor)

Name of Department- Humanities

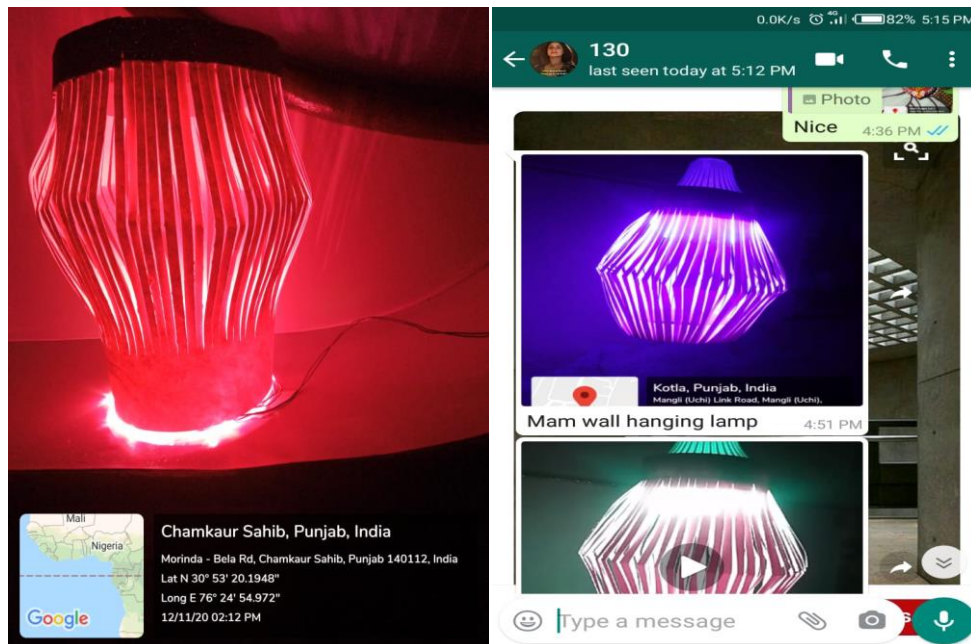
Date: 12th November 2020

DIWALI: The origin of this festival was to light up every dark corner, street and house. With the time we added crackers and sweets to the celebrations to double our excitement with phuljhadis, patakha bombs and sutli bombs. This went on for years but nobody ever thought about pollution caused by crackers, which filled the air with sulphur dioxide & carbon monoxide. Just for those 2–3 hours of excitement we humans create so much havoc which is beyond repair that cause so much harm to human, animals and of course to OZONE layer. It has come to such an extent that the ailing old people and children suffer a lot because of it only. Animals and birds are crying for help. There are other ways to celebrate the festival of lights without polluting the ENVIRONMENT. With this Activity/Competition students were made aware of hazards of pollution It proved to be a good idea to know the hidden skills of the students.

With this activity, Children gave the message of Green Diwali. Children loved taking responsibilities of decorating Lamps with different ways. They put in so much effort and they see the house all beautiful and lit up, the experience itself is so fulfilling. This was an online competition. Judgement is done by Dr. Harpreet Kaur.

Winners:

- 1st Prize goes to Harmanpreet Kaur (BA 3rd Year)
- 2nd Prize goes to Sandeep Kaur (BA 1st Year)



ACTIVITY: VIOLENCE AGAINST WOMEN (POSTER MAKING)

Name of Faculty: Dr.Ketanpreet Kaur (Assistant Professor)

Name of Department- Humanities

Date: 24th November 2020

It has been noted worldwide that violence against women is a major cause of their death and incapacity of the concerned departments. The abuse against women is effectively condoned almost by every section of the society and every corner of the world. Prosecution and conviction of the alleged is at the lowest ebb. Violence against women is not a new thing to modern world. Even in the ancient times women had to suffer to accept the subordination of manmade rules. Now total scenario has been changed. To make the women aware about the Indian constitution, which is the custodian of our Rights, is our duty. These way women can be saved from abuse, misbehave and insult.

Violence against women exists because of the unequal distribution of power and resources between men and women and the belief that men are more valuable and important than women. Through poster making we did efforts to aware women of all sections for their rights.



ACTIVITY: BEST FROM WASTE MATERIAL

Name of Faculty: Dr. Ketanpreet Kaur (Assistant Professor)

Name of Department- Humanities

Date: 25th November, 2020

Waste (or **wastes**) is unwanted or unusable materials. A waste product may become a by-product, joint product or resource through an invention that raises a waste product's value above zero. While putting the waste at home is a significant step towards recycling and an important way to contribute to the environment, it also makes for a fun. Art to use waste is an interesting way to recycle and reuse items that end up in a bin. With these students, asked to come up with ideas on how to make art and craft pieces from waste material lying around us. Some of the things that would otherwise end up in the dustbin can make great materials for craft projects. Families can have lots of fun by putting properly clean materials to create works of art. 11 students participated in this meet/competition.

Students have exercised the optimum use of waste material. They have participated in the activity happily. With this they learnt the value of fine environment too. Final Result of the activity was declared by A.P. Sunita Rani.

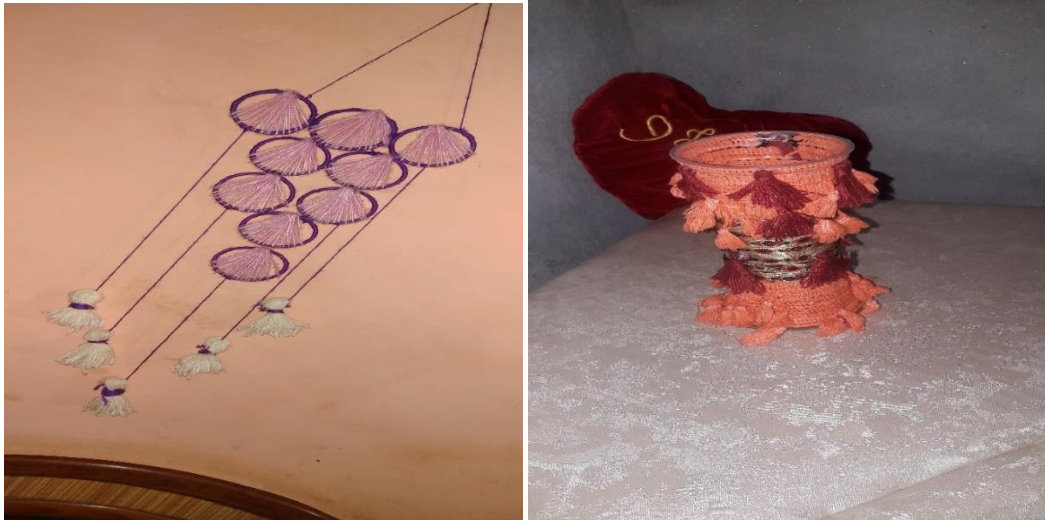
- **Winners:**

1st Prize Jatin Gupta

2nd Prize Divya Sabarwal

3rd Prize Heena Rani





ACTIVITY: FIELD SURVEY (EFFECTS OF PANDEMIC COVID-19)

Name of Faculty: Dr.Ketanpreet Kaur (Assistant Professor)

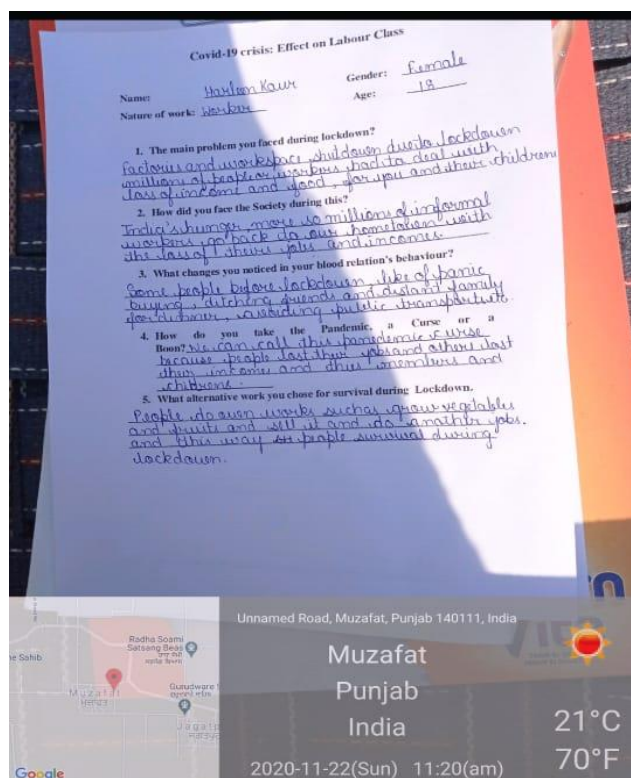
Name of Department- Humanities

Date: 27th November 2020

Hit by the Covid-19 slump followed by social distancing and a nationwide lockdown, businesses are experiencing major impacts. No matter how established they are and have to re-look at how they manage and operate their business including re-visitation of their business plan. It has become challenging for most businesses to keep their financial wheels turning during the lockdown period due to less revenue churn and the general uncertainty in the global financial environment. Unfortunately, the impact on start-ups or small businesses can be way more brutal as they have scarcer cash reserves and a smaller margin for managing sudden slumps. The ripple effect of this shutdown will have a key impact on India's economy, as all business sectors got affected.

This activity is a non-competitive activity. A questionnaire has been made to ask the shopkeepers about their current situation. Students surveyed the market places in person. The outcome is very interesting

Students Selected different type of shops. They visited the shop themselves personally. They have asked questions related to problems faced by the shopkeepers during lockdown. Some of the students have shared their personal observation during conversation. With this, they have realised the value of money and time. The value of relations during this odd time is being realised by the students.



ACTIVITY: CAPTION CONTEST

Name of Faculty: Dr. Ketanpreet Kaur (Assistant Professor)

Name of Department- Humanities

Date: 2 December 2020

Department of Humanities of A.S.B.A.S.J.S.M. College Bela organized an online Caption Competition for students on 19-11-2020 at 2:00 P.M. the picture for the contest was displayed on the brochure that very day. Picture of the contest was selected by A.P. Sunita Rani. The main objective of organizing this competition was to help, providing space for creativity and practice of conciseness in writing for the students in general. Total 50 students participated in

the competition. Out of 50 top 3 were selected by the judges as runners-up and the winner based on their creative, perspective and analytical way of reading the picture. The top three participants shall be awarded with certificates.

Winners:

4. Mandeep Kaur (BA-III)
5. Jyoti Bala (BA-I)
6. Japinderpal Kaur (BA-III)



ACTIVITY: POSTER MAKING COMPETITION ON NATIONAL POLLUTION CONTROL DAY.

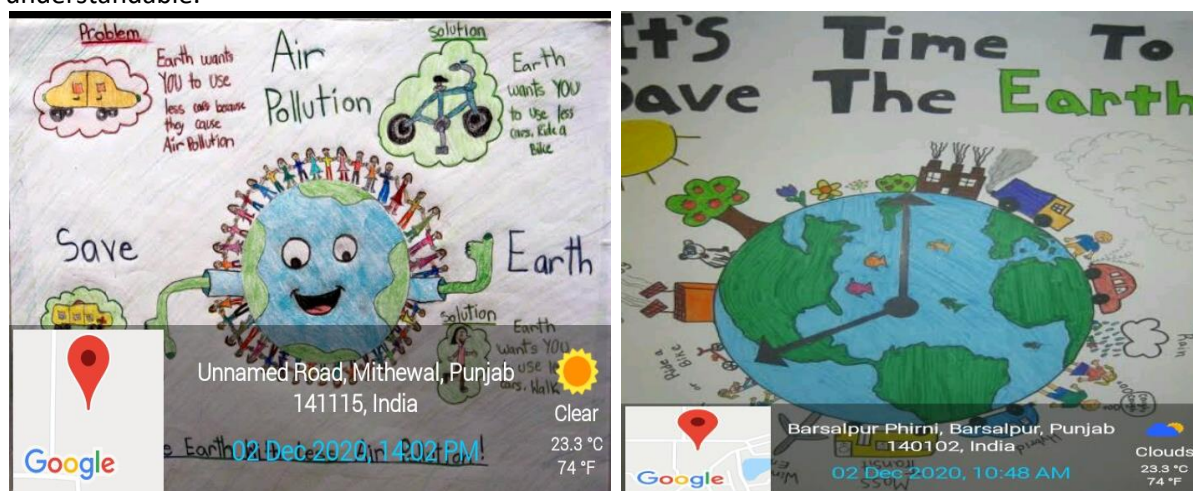
Name of Faculty: Assistant Professor Lovepreet Singh

Name of Department- Department of Humanities

Date: 02/12/2020

Assistant Professor Lovepreet Singh organized poster making competition. The theme of the competition was 'National pollution control day' to raise awareness about the pollution. Total 48 students participated in this competition. All the students made beautiful posters. The competition started at 11:00am and duration of the competition was two hours. In this competition students tried to give their peak performances. The purpose of poster presentations is not to have boards upon

boards of information. Students were presenting with full enthusiasm. Unlike oral presentations, where some ultra smooth talkers may be able to divert attention from a poorly planned presentation, with posters, poor planning is there for all to see. The purpose of a poster is to convey information. The most important goal in poster design is to present information in a way that it is accessible and understandable.



ACTIVITY: ONLINE GENERAL AWARENESS TEST

Name of Faculty: Assistant Professor Lovepreet Singh

Name of Department- Department of Humanities

Date: 03/12/2020

Assistant Professor Lovepreet Singh organized online general awareness test for students. Total 50 students participated in this competition. The competition started at 11:00am and duration of the competition was two hours. We received good response from the students. World History is an important topic for candidates writing any competitive exam. So that's why this event was organized. It is very difficult to remember the dates of all the wars, major events. So, we have gathered all the information you and gave it to the students. Therefore, read the World GK Questions. Students got motivated and gathered knowledge about the current affairs. This competition helped the student to grow and develop their skills and abilities. Students find this completion interesting. They make their mind to be aware of current affairs for their upcoming life.

Untitled form ☆ All changes saved in Drive

Questions Responses

Activity(General Awareness Quiz)

General Awareness Test

Untitled Question *

☐ Which state recently launched 'e-Gazette' portal, a digital platform for gazette publications?

☐ Odisha

☐ Kerala

☐ West Bengal

☐ Andhra Pradesh

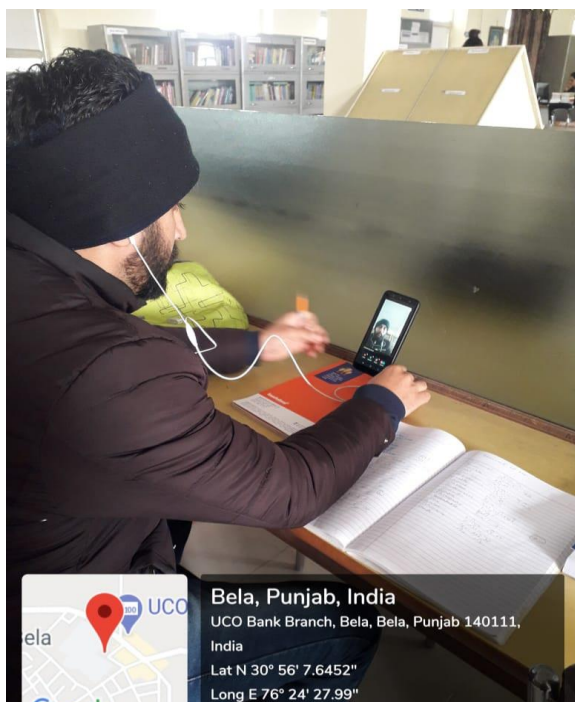
ACTIVITY: SPEECH COMPETITION

Name of Faculty: Assistant Professor Lovepreet Singh

Name of Department- Department of Humanities

Date: 20/11/2020

Assistant Professor Lovepreet Singh organized speech competition on the day of Guru Nanak Dev Jayanti. Total 10 students participated in this competition. All the participants spoken so well on the topics. Students got motivated and gathered knowledge about the Sikh history.



ACTIVITY: SLOGAN WRITING COMPETITION

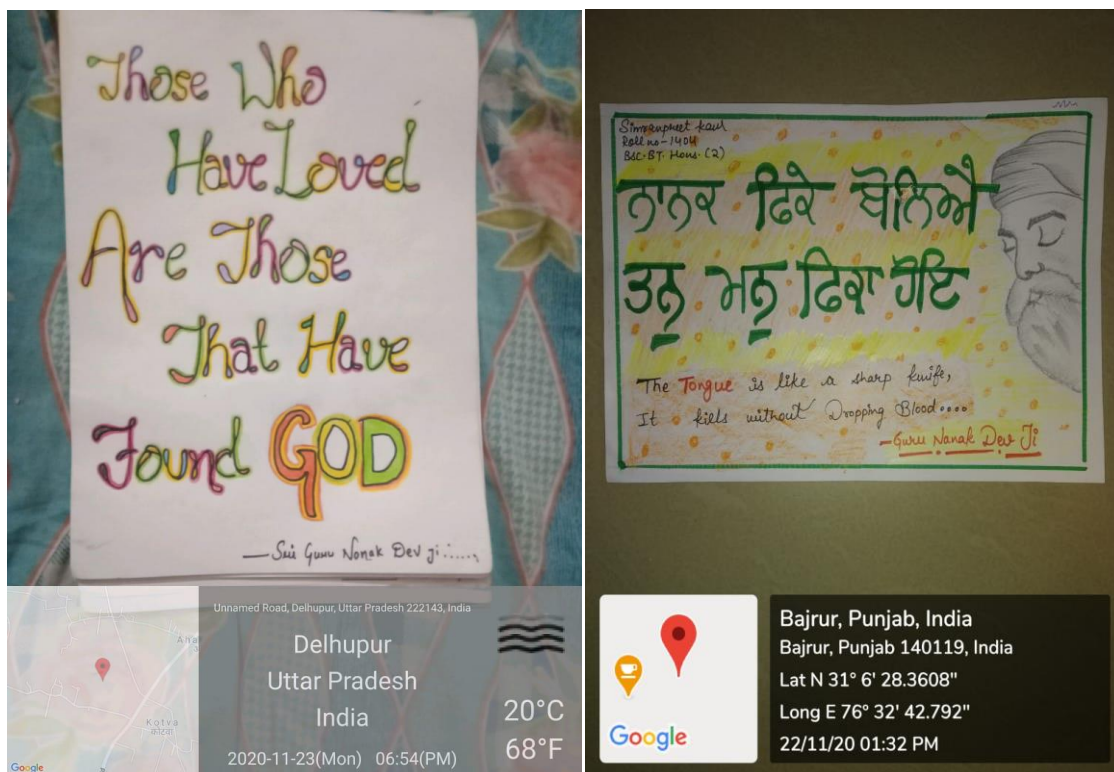
Name of Faculty: Mandeep Kaur

Name of Department: Department of Humanities.

Date: 23/11/2020

Assistant Professor Mandeep Kaur conducted Slogan Writing Competition on the topic of “Teachings of Guru Nanak Dev Ji” on 23rd-November-2020 to explore the writing skills of the students. Students had to send their slogans through What’s App groups. Around 20 students sent slogans on time. The three best slogans were selected.

1. Sudha 3201 B.Sc.CA-II
2. Simranpreet Kaur 1404 B.Sc.BT-II.
3. Gurvinder Kaur 1208 B.Sc. NM-III.



ACTIVITY: DIYA DECORATION COMPETITION

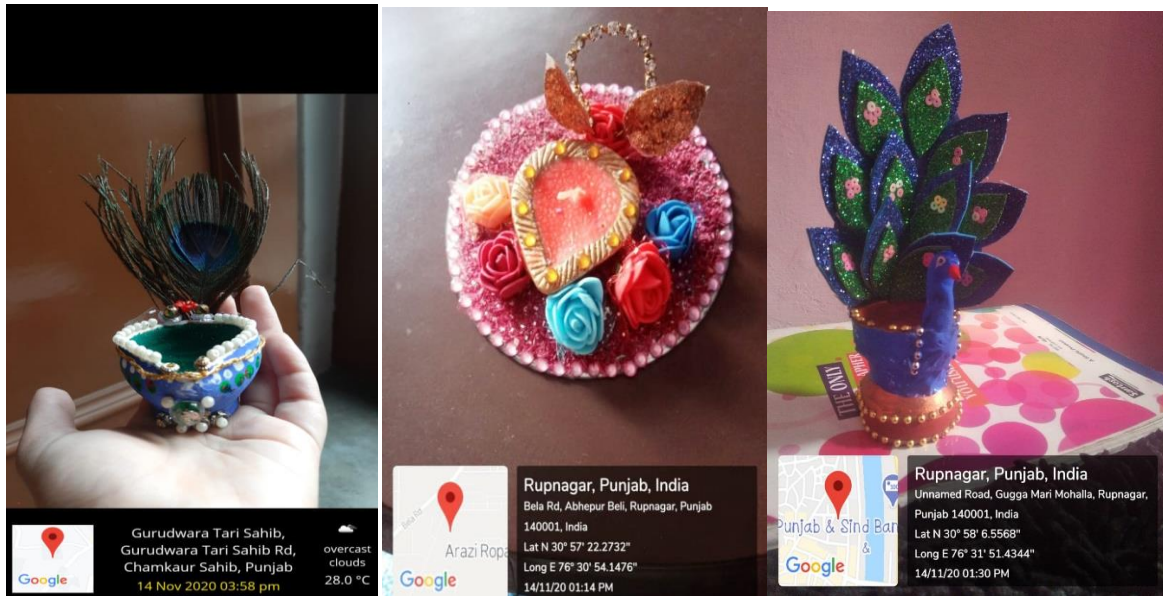
Name of Faculty: Assistant Professor Mandeep Kaur

Name of Department- Humanities

Date: 14.11.2020

To mark the celebration of Diwali A.P. Mandeep Kaur organized Diya decoration Competition on 14th November 2020. Students enthusiastically participated in this competition and amazed us with their creativity. Students painted, decorated and made enticing, Diya's. Students send their decorated Diya's on WhatsApp groups. To aware the students of the culture and traditions of specific festival called Diya's .They learnt how to make Diya's more enticing and attractive

Student also learnt about the significance lighting Diya's on Diwali



ACTIVITY: ONLINE YOGA TRAINING

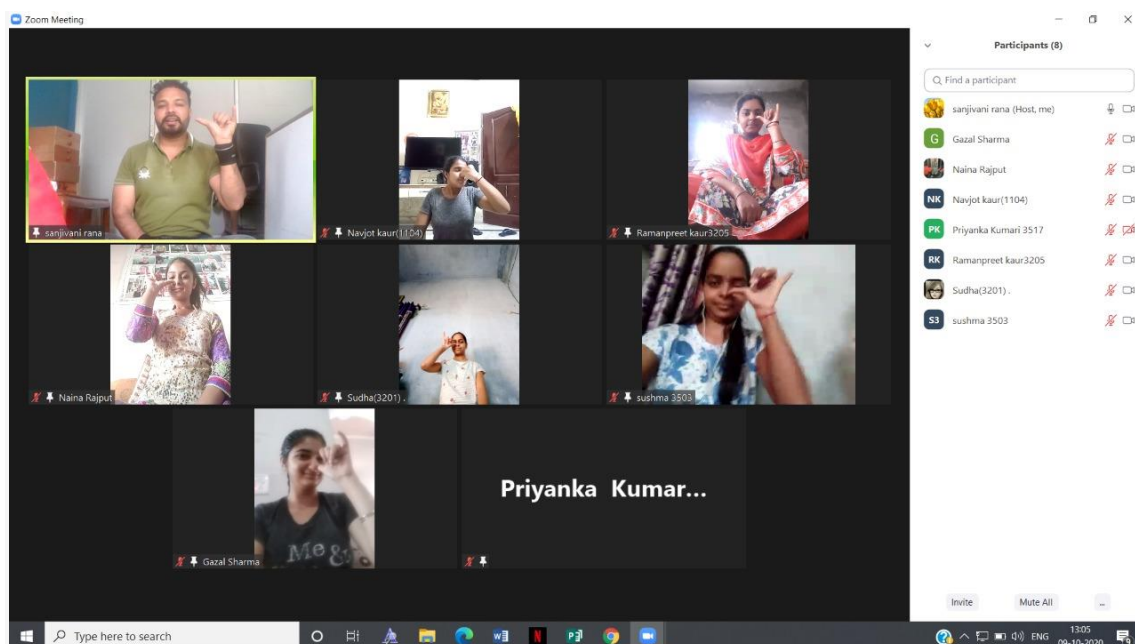
Name of Faculty: A.P. Amarjit Singh

Name of the Department: Physical Education & Sports

Date: 11th September, 2020

The word “Yoga” essentially means, “that which brings you to reality”. Yoga means to move towards an experiential reality where one knows the ultimate nature of the existence, the way it is made. It actually causes damage to the individual if you intellectually see everything is one. People do all kinds of silly things because they got this idea that everybody is one, before somebody teaches them a good lesson and then they see, “This is me, that is you. No way to be one.” If it becomes an experiential reality, it will not bring forth any immature action. It will bring forth a tremendous experience of life. Individuality is an idea.

Yoga education can supplement school and university education. It can prepare the students physically and mentally for the integration of their physical, mental and spiritual faculties so that the students can become healthier, saner and more integrated members of the society and of the nation.



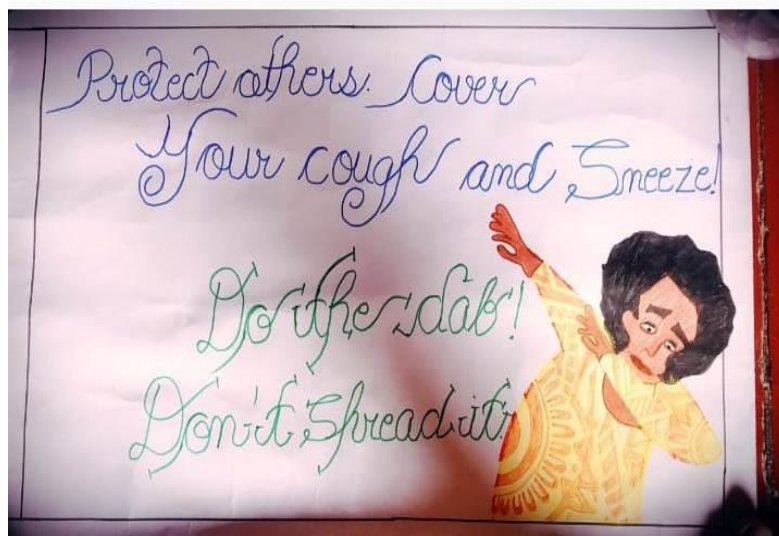
ACTIVITY: POSTER MAKING COMPETITION (RELATED CORONA)

Name of Faculty: A.P. Amarjit Singh

Name of the department: Physical Education & Sports

Date: 5th October, 2020

To give knowledge about Corona virus. Corona viruses are a large family of viruses that can infect a range of hosts. They are known to cause diseases including the common cold, Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS) in humans. Corona virus Disease 2019 (COVID-19) has now become a worldwide health concern. The severity of COVID-19 was classified as mild, moderate, severe and critical. To date, there were a few studies focused on the clinical course and outcome of critical cases. The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol-based rub frequently and not touching your face. We organised a poster making competition to ensure early identification of cases among students and staff in order to conduct contact tracing and initiate prevention and control measures, thereby reducing further transmission and to support investigations and studies concerning the role of children in the transmission of COVID-19.



ACTIVITY: ONLINE CLEANLINESS CAMP

Name of Faculty: A.P. Amarjit Singh

Name of the department: Physical Education & Sports

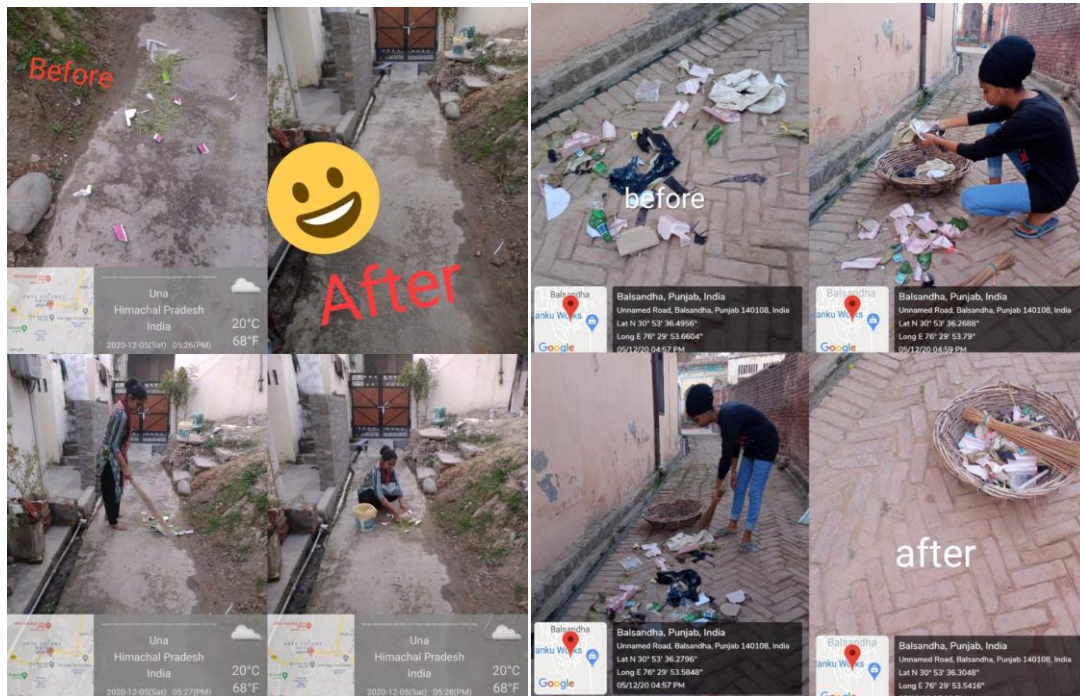
Date: 5th December, 2020

On 2nd October, 2014, the Indian Prime Minister, Narendra Modi, launched a nation-wide cleanliness campaign on the occasion of Mahatma Gandhi's birth anniversary. The concept of *Swachh* Bharat is to provide sanitation facilities to every family, including toilets, solid and liquid waste disposal systems, village cleanliness, and safe and adequate drinking water supply. We have to achieve this by 2019 as a befitting tribute to the Father of the Nation, Mahatma Gandhi, on his 150th birth anniversary.

Cleanliness adds more value to personal and social life. Since good habits are contagious, it is possible to teach children, neighbours and illiterates on the importance of cleanliness, by being

a role model. With a collective effort, cleanliness and in turn, good health and happiness are within reach. *Through this camp student are taught how cleanliness important for us.* Cleanliness is both the abstract state of being clean and free from germs, dirt, trash, or waste, and the habit of achieving and maintaining that state. Cleanliness is often achieved through cleaning. Cleanliness means to keep our self physically (body) and mentally (brain) clean. It gives a person personality. Hence cleanliness is a next step to godliness. A Clean-up campaign is a community-based, environmental initiative that inspires and empowers communities to clean up, fix up and conserve their environment. Cleanliness adds more value to personal and social life. Since good habits are contagious, it is possible to teach children, neighbours and illiterates on the importance of cleanliness, by being a role model. With a collective effort, cleanliness and in turn, good health and happiness are within reach.

Timestamp	Name of student	Roll no.	class	email id
11/25/2020 12:30:29	Gagandeep kaur	813	BA 3rd	Gaganghahi2001@gmail.com
11/25/2020 12:30:47	Manpreet kaur	814	BA final year	Seemaranidhumewal01@gmail.com
11/25/2020 12:31:57	Gurkirat Singh	256	BA 1st year	gurkiratgrewal01@gmail.com
11/25/2020 12:33:21	Kuldeep kaur	131	Ba1st	khalsagassal47@gmail.com
11/25/2020 12:33:46	Dishu Attwal	221	B. A 1st year	dixattwal211@gmail.com
11/25/2020 12:34:22	Dishu Attwal	221	B. A 1st year	dixattwal211@gmail.com
11/25/2020 12:34:53	Rubby	111	BA sem 1	iqbaalkhan014@gmail.com
11/25/2020 12:37:15	Randhir Singh	226	B A first sem	rs9781162@gmail.com
11/25/2020 12:37:57	Jashanpreet kaur	130	Ba1	jaskk0383@gmail.com
11/25/2020 12:38:46	Satinder Kaur	103	B. A 1st semester	Satinderkaur7351@gmail.com
11/25/2020 12:39:25	Arshdeep singh	280	BA 1	arshdeepsingh4563@gmail.com
11/25/2020 12:41:58	Jaspreet singh	259	BA	sunnymand1884@gmail.com
11/25/2020 12:44:27	Jaskaran kaur	126	BA 1st year	jk2040892@gmail.com
11/25/2020 12:56:07	Harshdeep Singh	300	B A 1st year 1st sem	harshdeep84457@gmail.com
11/25/2020 12:56:23	Sourav Shukla	291	BA 1st	Sourav18shukla18@gmail.com
11/25/2020 13:03:24	Lovepreet Kaur	123	Ba1st	Love_punjaban213@gmail.com
11/25/2020 13:16:11	Kirti Matharu	506	B.a 2nd	dhimankirti131@gmail.com



ACTIVITY: BEST OUT OF WASTE

Name of Faculty: A.P. Amarjit Singh

Name of the department: Physical Education & Sports

Date: 2nd September, 2020

Waste has to be looked upon as a global issue as it concerns proper sanitation. An excellent plan to reuse the waste will give room for provision of potable food, water, shelter, communication and transport. Basic essential to society and also the economy as a whole. To develop the ability to think and organize the thinking to create something useful. To indulge the students into a extracurricular activity with exclusive tool i.e. waste material. To explore the environmental concepts and actions which are beyond the curriculum & syllabus. To develop the ability to think and organize the thinking to create something useful. To indulge the students into a extracurricular activity with exclusive tool i.e. waste material. To explore the environmental concepts and actions which are beyond the curriculum & syllabus. Optimum use of waste material. Minimum harm in atmosphere. Reduction in cutting of trees for paper. Development of innovation & creativity. • Development of aesthetic appreciation.





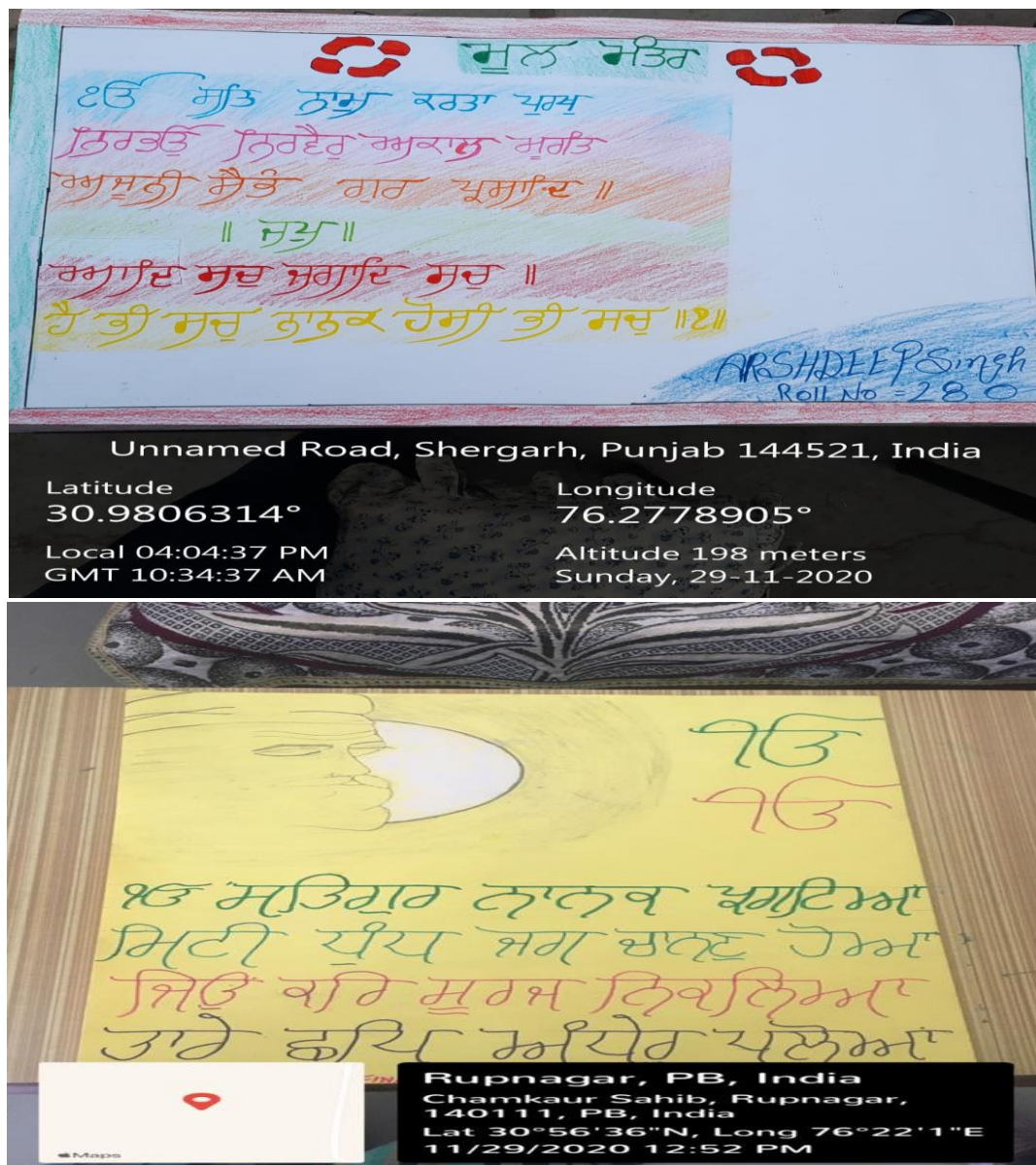
ACTIVITY: MOOL-MANTRA WRITING IN GOOD HAND WRITING FOR THE CELEBRATION OF BIRTHDAY OF SRI GURU NANAK DEV JI

Name of Faculty: A.P. Amarjit Singh

Name of Department- Physical Education & Sports

Date: 30th November, 2020

Department of Humanities of A.S.B.A.S.J.S.M. Collage, Bela organized online Mool-Mantra Chanting for the Celebration of Birthday of Sri Guru Nanak Dev Ji. It was a non-competition activity. 25 students participated. Guru Nanakdev ji known as the first guru of sikh world. Students gave tribute through portrait his picture and chanting Mool-mantra. To provide knowledge about the teachings of Guru Nanakdev ji and his contribution in the welfare not only in sikhism but in the whole world.



ACTIVITY: DIWALI CELEBRATION (MAKING PAPER LAMP)

Name of Faculty: A.P. Pritpal Singh

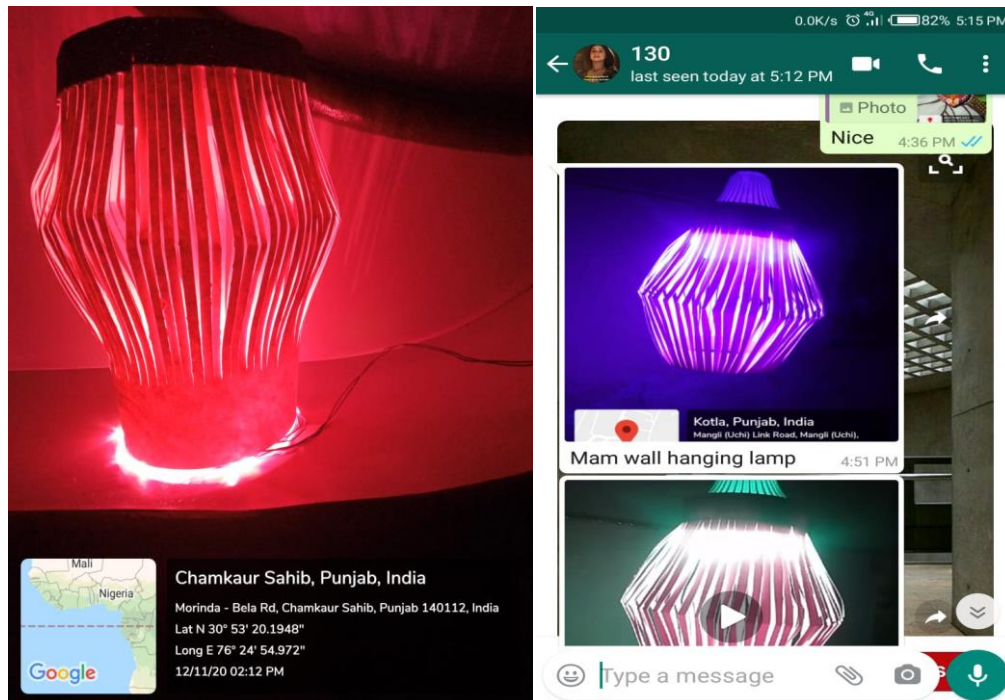
Name of Department- Physical Education & Sports

Date: 11th November, 2020

The much-awaited festival of light is here. Diwali, also known as Deepavali, is celebrated across India with great enthusiasm as it symbolises the victory of good over evil. Derived from the Sanskrit word 'Deepavali', which means a row of lights, Diwali has been celebrated since time immemorial.

Diwali is celebrated 20 days after Lord Ram killed Ravana (Dusshera) and rescued Sita from captivity in Lanka. The celebration marks the return of Lord Ram to Ayodha after 14 years of exile. Diwali is popularly known for exchanging sweets and gifts with your loved ones. This Diwali, let's go out of box and make it a memorable affair with green

and thoughtful gifts. Give your loved ones something up cycled and sustainable, which is usually handmade. Think of giving them bottle lamps - all you need is an empty glass bottle, some paints and go the do-it-yourself way. Paint it up with your own creativity put some fairy lights and that's set, your handmade bottle lamp will be ready. You can also go a step further and simply add a Polaroid photo inside the glass bottle and instead of painting it up, simply add some fairy lights.



ACTIVITY: SURROUNDING CLEANLINESS

Name of Faculty: A.P. Pritpal Singh

Name of Department- Physical Education & Sports

Date: 11th November, 2020

Our group has taken an initiative to come forward to start the cleanliness drive. It was a challenging job for us but certainly not difficult or impossible. Our main objective was to spread the awareness among the people about the importance of cleanliness. We did follow up with our targeted people and observed that our efforts gave us positive result. After the slums, we went to the vegetable vendors and found that they were using the dustbins and were now very much responsible about the cleanliness. Then we visited the Pan sellers and saw that although he refused but later accepted the dustbin was used by him regularly which made his place clean and hygienic. After the above results we really concluded that our effort has led to “Cleanliness is next to godliness”. The objective of the project is to spread the awareness among people that cleanliness is next to Godliness.



ACTIVITY: GIVE YOUR THOUGHT ABOUT THE IMAGE

Name of Faculty: A.P. Pritpal Singh

Name of Department- Physical Education & Sports

Date: 2 December, 2020

Science Association of Department of Physical Sciences of A.S.B.A.S.J.S.M. Collage, Bela organize online Caption writing competition for students on 19-11-2020 at 2:00 P.M. the picture for the contest was displayed on the brochure that very day. Picture of the contest was selected by A.P. Parminder Kaur. The main objective of organizing this competition was to help provide space for creativity and practice of conciseness in writing for the students in general. Total 29 students participated in the competition. Out of 29 participants top 3 were selected by the judge as runners-up and the winner based on their creative, perspective and analytical way of reading the picture. The top three participants shall be awarded with certificates.

Winners:

1. Mandeep Kaur (BA-III)
2. Taniya (BA-I)

Department of physical sciences

A. S. B. A. S. J. S. M. College Bela Ropar

CAPTION CONTEST

Rules for contest


Caption should be original, interesting, relevant and related to the picture

The caption should not be more than 12 words only one entry and one caption is accepted per person.

caption contest will be closed at 11:59pm, 19 November 2020.

Best three will be awarded by E –certificates.

Caption this picture



19-11-2020

ACTIVITY: HOW WE MAKE USE OF WASTE

Name of Faculty: A.P. Pritpal Singh

Name of Department- Physical Education & Sports

Date: 30 November, 2020

Through this camp student are taught how cleanliness important for us. Cleanliness is both the abstract state of being clean and free from germs, dirt, trash, or waste, and the habit of achieving and maintaining that state. Cleanliness is often achieved through cleaning.

This competition develops the ability to think and organize the thinking to create something useful. To indulge the students into a extracurricular activity with exclusive tool i.e. waste material. To explore the environmental concepts and actions which are beyond the curriculum & syllabus.



ACTIVITY: CELEBRATION AIDS DAY

Name of Faculty: A.P. Pritpal Singh

Name of Department- Physical Education & Sports

Date: 1st December, 2020

On 1 December every year, the global community comes together to mark World AIDS Day to show support for people living with HIV and to remember those who have lost their lives to AIDS. Globally, there are 38 million people living with HIV and 67% of them are living in the WHO African Region. Awareness Day events can require a significant amount of effort (such as staff time and resources). It is important to be able to describe specifically how the Awareness Day aligns with your organization's mission and what outcomes you can achieve

from an event. Whether or not your organization decides to host an event, it is useful to consider partnering with other HIV organizations and like-minded organizations beyond the HIV community.

